

IoT: Understanding the technologies and challenges of the Internet of Things



Capsule Booster – 2022

Prof. Congduc Pham
<http://www.univ-pau.fr/~cpham>



Horizon 2020
European Union funding
for Research & Innovation

WAZIUP
IoT – from idea to reality
WAZIhub

HUBiquitous
Paving for the next 10 years
of innovation in IoT and AI

PRIMA
PARTNERSHIP FOR RESEARCH AND INNOVATION
IN THE MEDITERRANEAN AREA

Intel-IrriS **RESICOOLINK**
Advanced and disruptive IoT/AI technologies targeting
the smallholder community for increased resilience

Googling for « Internet of Things »

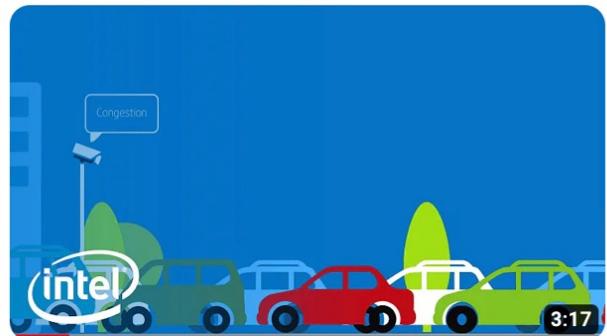
Google internet of things

Pr. Congduc Pham
http://www.univ-pau.fr/~cpham

...shows communicating objects



Also on YouTube: IoT teaser & tutorial videos



Intel IoT – What Does The Internet of Things Mean?

591 k vues • il y a 8 ans

intel Intel ✓

Fun, animated video answers: What does the Internet of Things mean? The Internet of Things (IoT) is an evolution of mobile, home ...



Intro | What is IoT | Transform our lives | Big picture | Example | Big Possibilities | Intelligent Traffic |... 9 chapitres ▾



simplilearn

IOT
TUTORIAL

IOT Tutorial | IOT Tutorial For Beginners | IOT - Internet Of Things | IOT Course |
Simplilearn

25 k vues • il y a 1 an

Simplilearn ✓

This IoT tutorial video introduces you to IoT Technology and how it is revolutionizing the world today. Internet of things or IoT ...



INTERNET OF THINGS

IoT

edureka!

Internet of Things (IoT) | What is IoT | How it Works | IoT Explained | Edureka

2,1 M de vues • il y a 4 ans

e! edureka! ✓

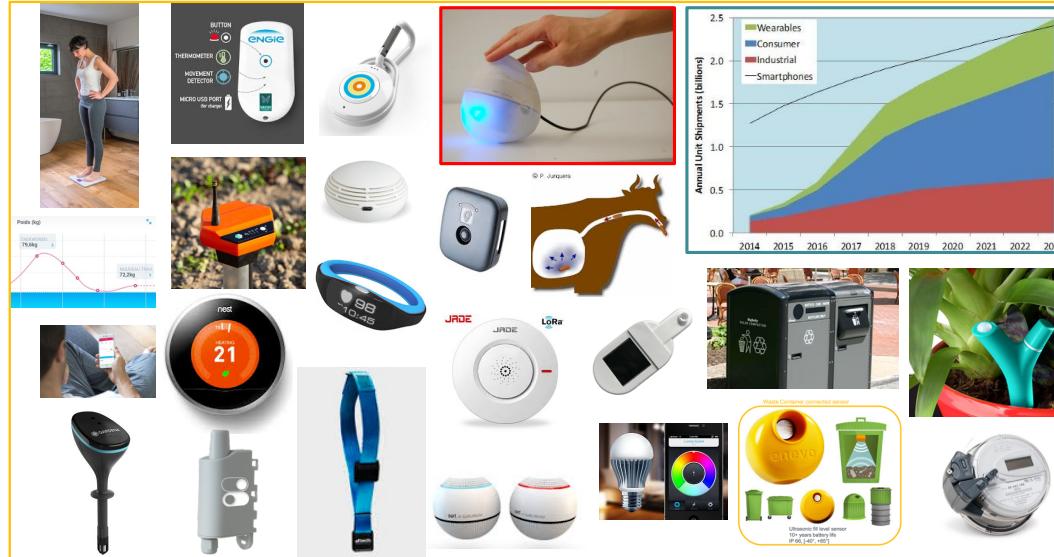
Subscribe to our channel to get video updates. Hit the subscribe button above. #Edureka #EdurekaIoT #InternetOfThings ...

Sous-titres

All communicating objects?



IoT=interactions with physical world



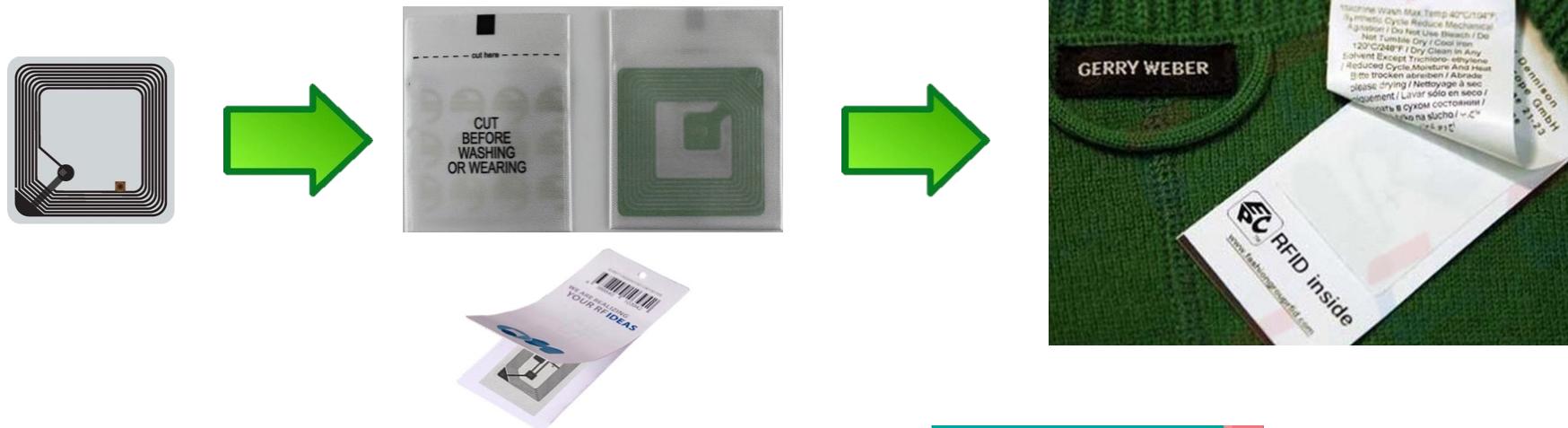
Q: Interactions? How?

Interaction: Sensors



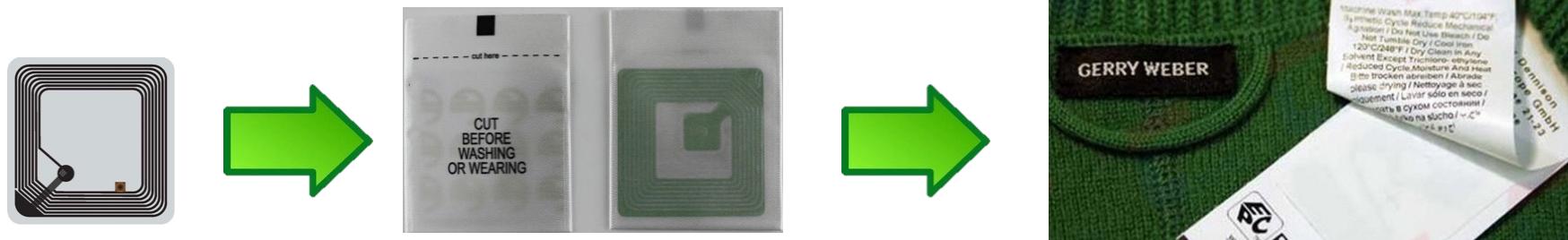
Interaction: RFID, NFC

- Radio-Frequency Identification (RFID)
- Near Field Contact (NFC)

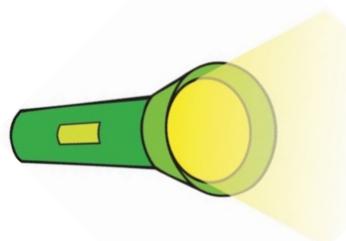


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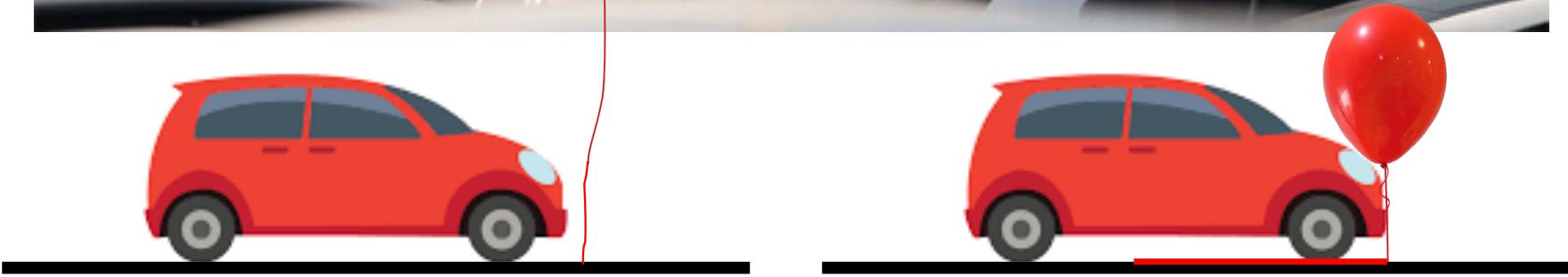
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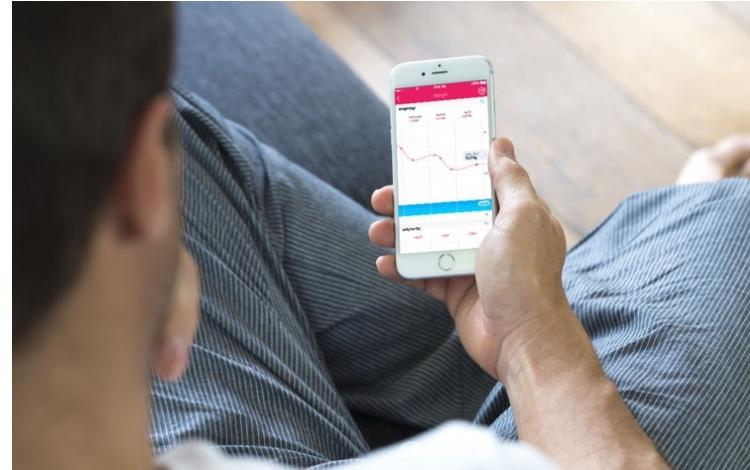
Q: How RFID works without batteries?



Interaction: always complex?

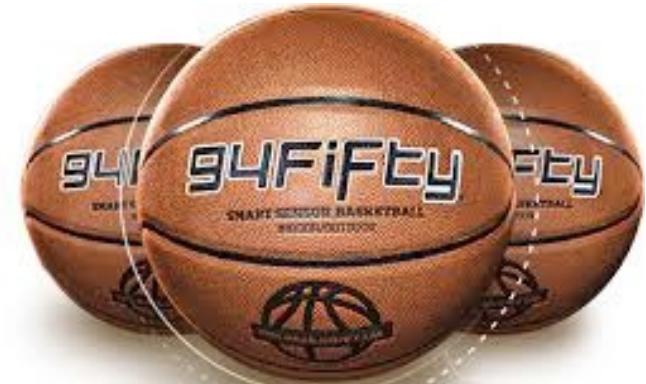
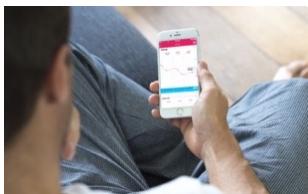


Home/consumer IoT products



Pictures from Withings, <https://www.withings.com/eu/fr/products/body>

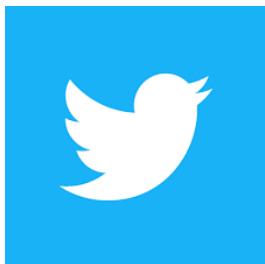
Local interaction is possible...



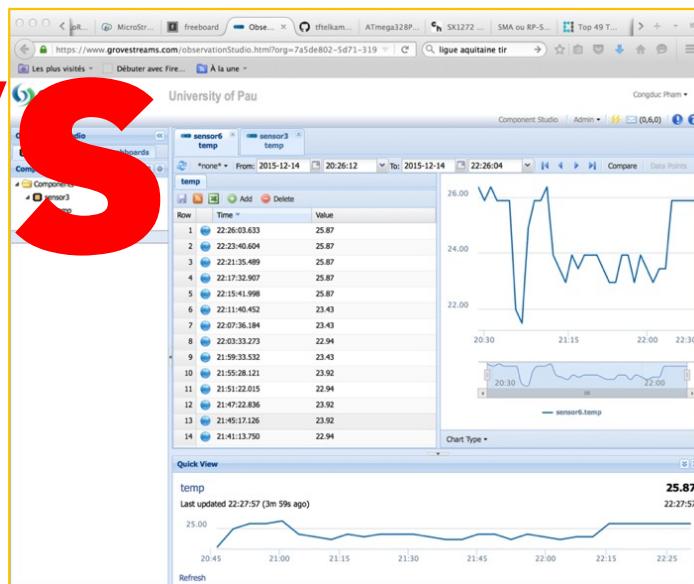
...but IoT added-values come from interactions & linked data!



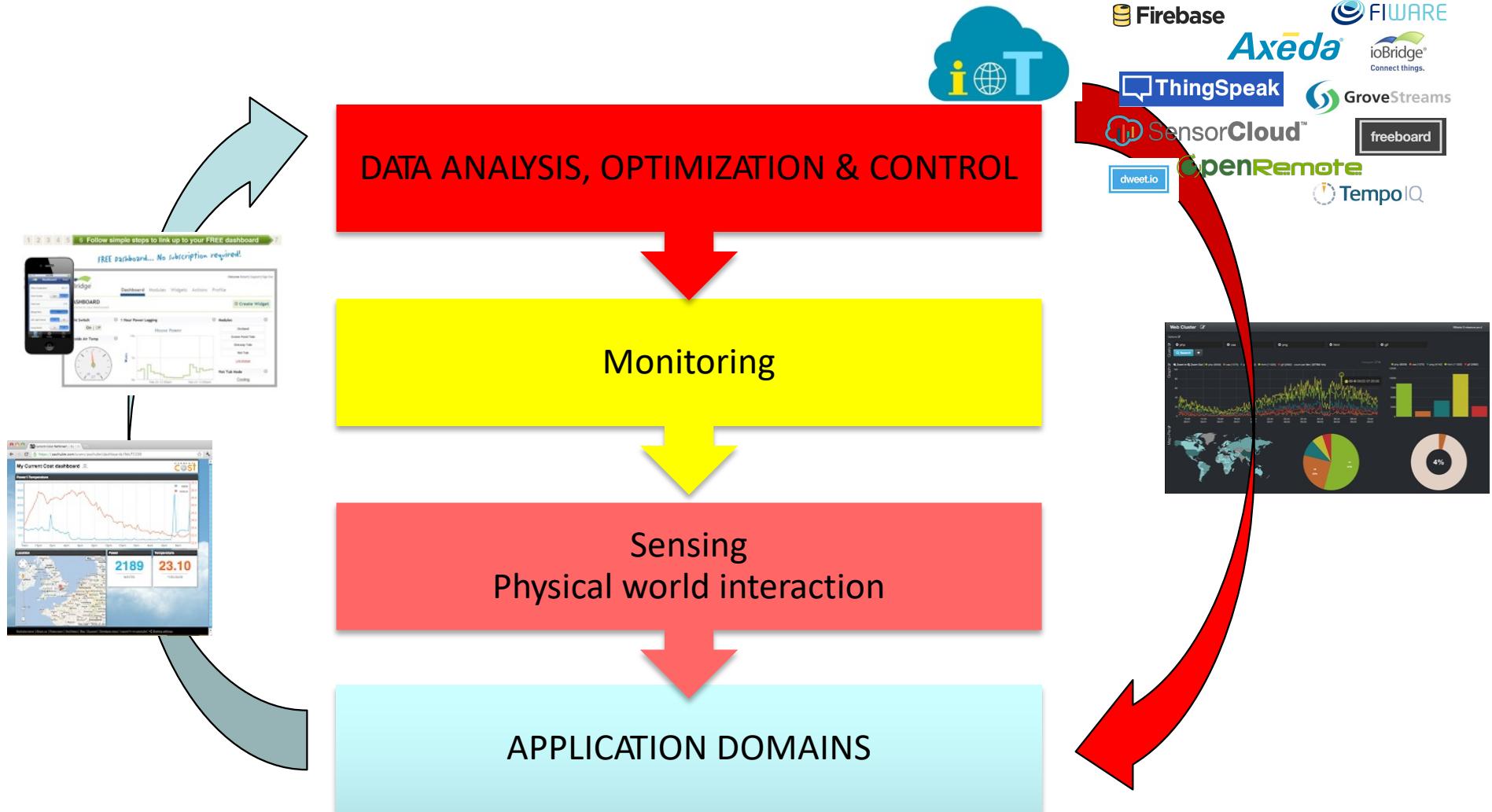
Clouds for IoT



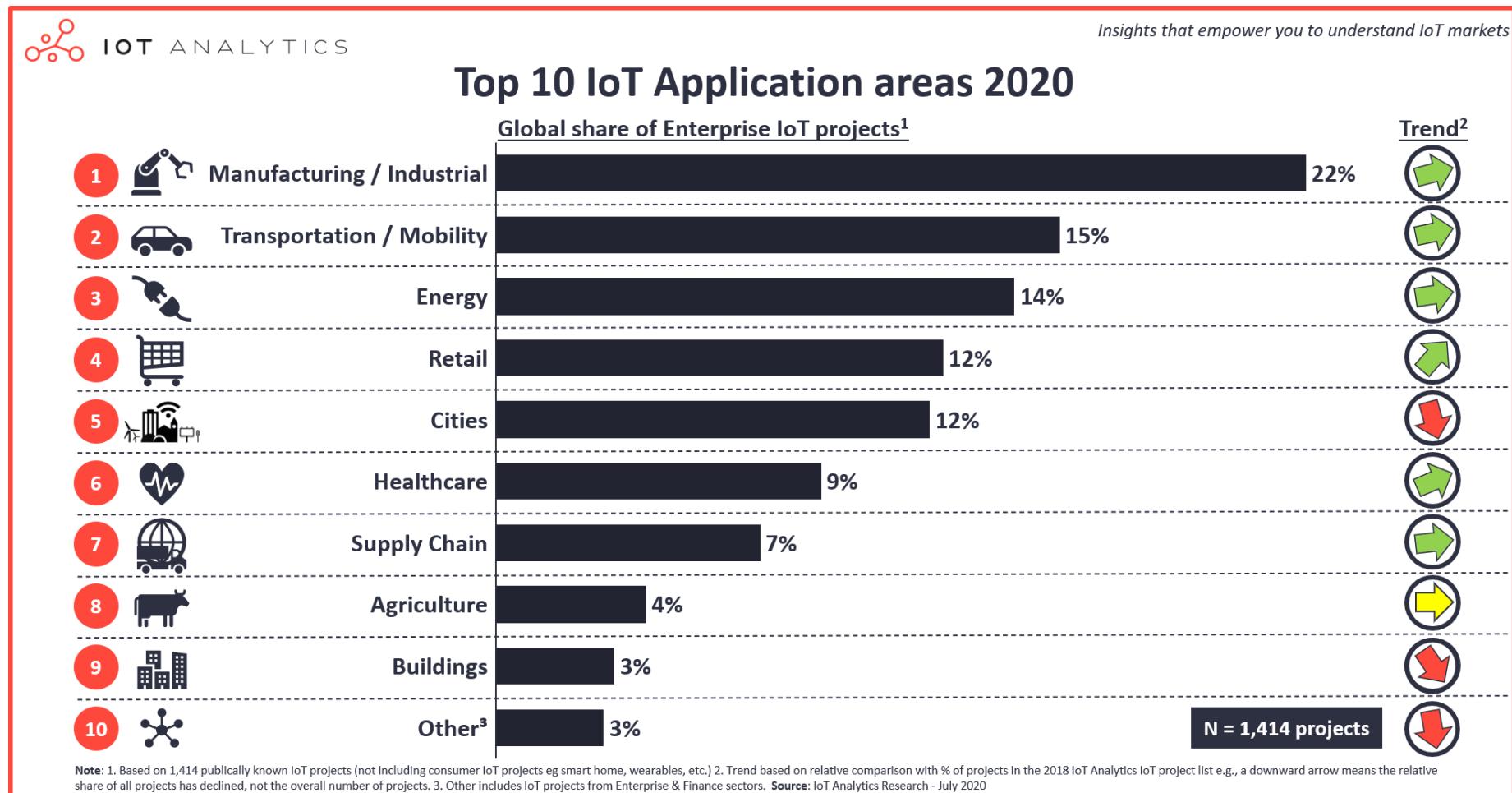
VS



Sense, Monitor, Optimize & Control

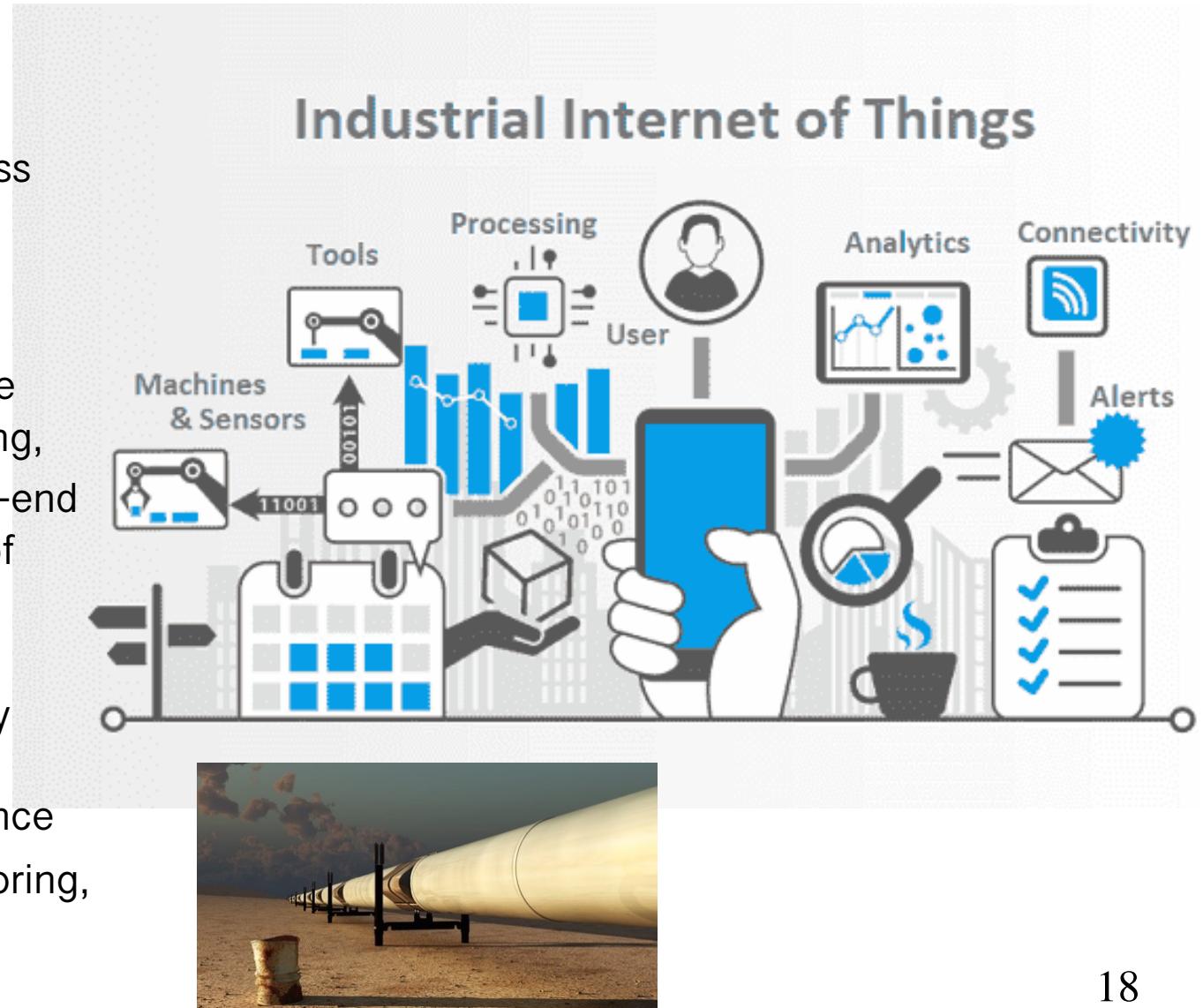


Top IoT applications, 2020



IoT in industry

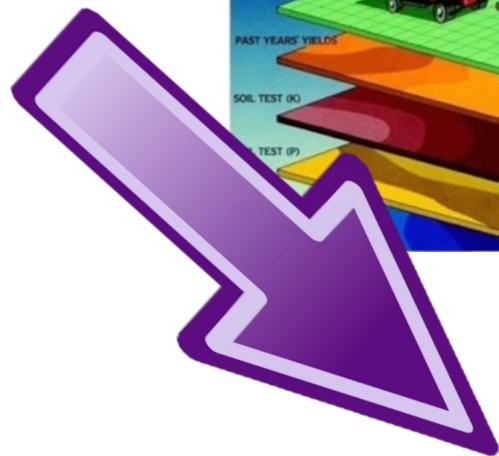
- Continuous process improvement, Process automation, Process optimization
- Smart logistics management, remote management, tracking,
- Connectivity to back-end system, integration of smart tools, Interoperability
- Data analysis, Supply Chain Optimization, Predictive maintenance
- Infrastructure monitoring, Security & Safety



IoT for Smart Agriculture



Soil Monitoring

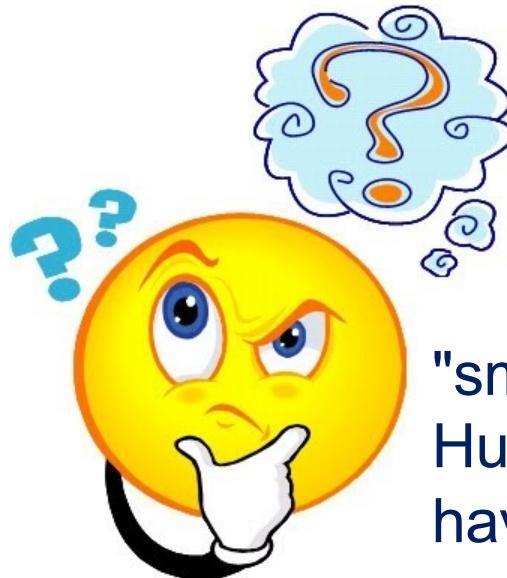


Connected Agriculture



What is a good IoT solution?

Q: How to enable municipal street sweepers to report illegal dumping, leaking pipes and emergencies?



"smartphone"
Hum, they only
have 2 hands...



ITU Telecom World 2018
Phathwa Senene at MTN booth

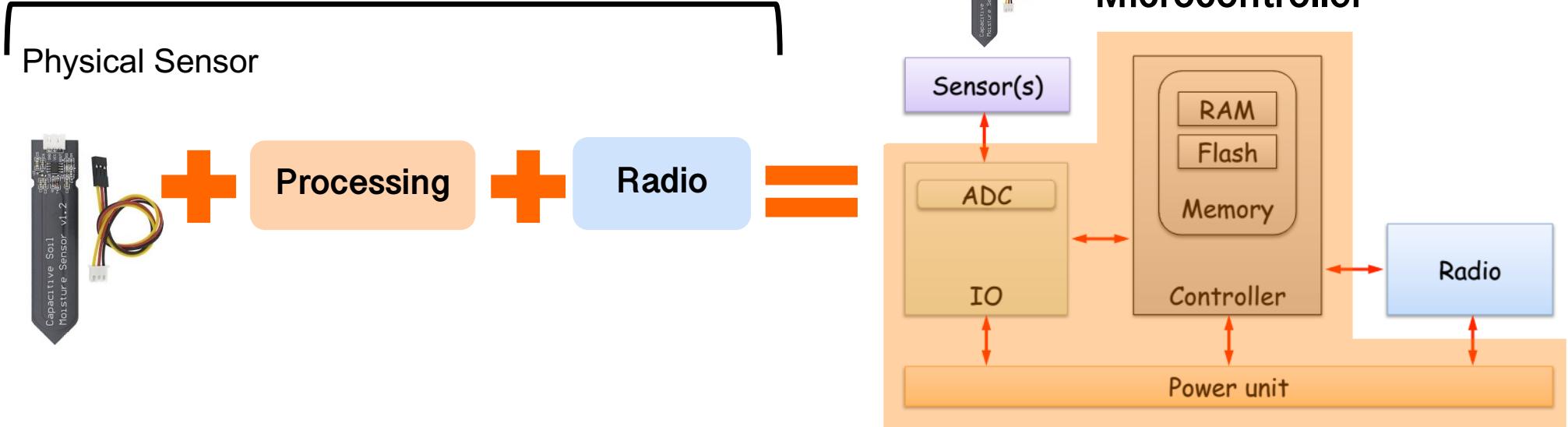




IOT
TECHNOLOGY ?
CONCEPT ?

Typical IoT device

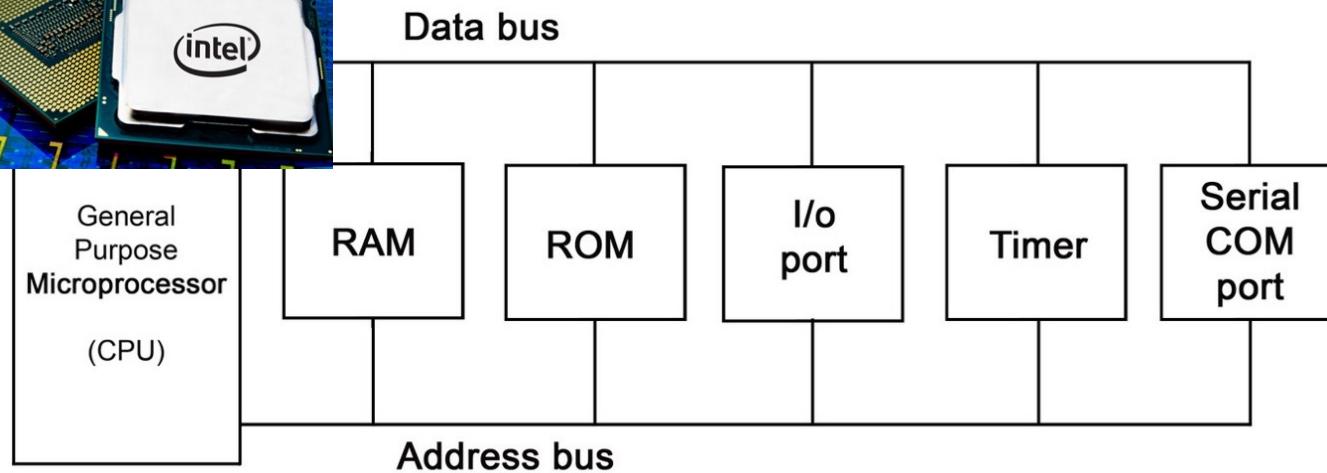
- IoT device can be viewed as a simple Embedded System



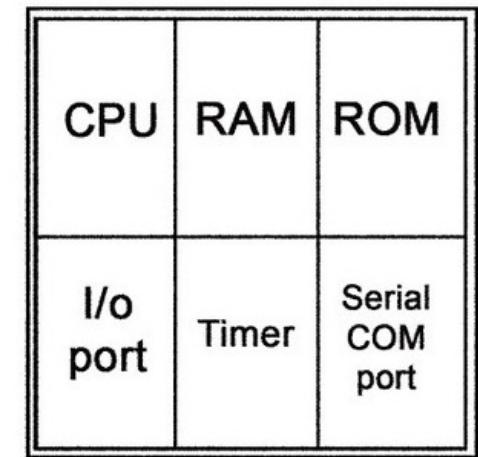
Q: uprocessor vs ucontroller?

Microprocessors & Microcontrollers

- A microprocessor unit (MPU) is a processor on one silicon chip
- A microcontroller unit (MCU) is a microprocessor with some added circuitry on one silicon chip
- Microcontrollers are used in embedded computing and **most IoT devices are based on microcontrollers**

Pham
Trí Copham

VS

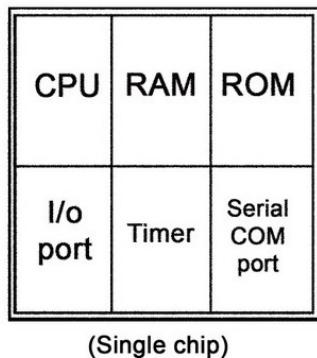


From "An Embedded System Overview" by Dr. Eng. Amr T. Abdel-Hamid

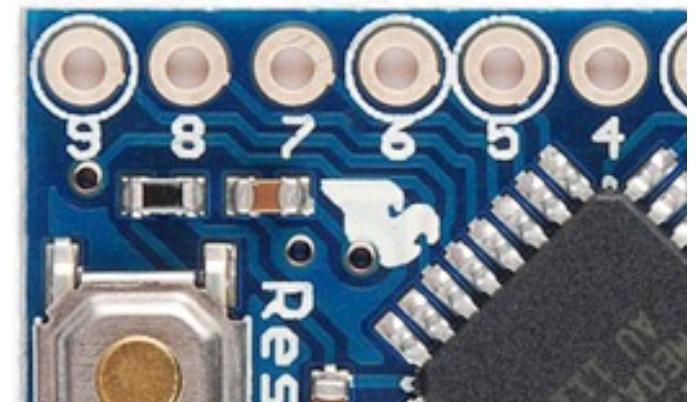
(Single chip)

From µcontroller to µcontroller board

- A µcontroller can be standalone...

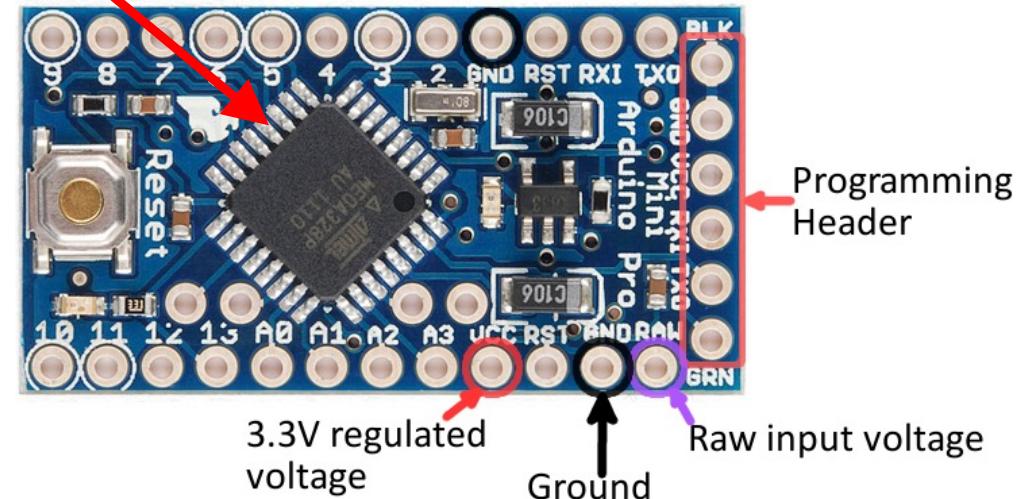


Many header pins are directly wire to microcontroller pins



- But, it is usually mounted on a board with additional electronics parts

- Leds, Voltage regulators
- Easy access to pins
- Reset button
- Serial-USB interface



Arduino's success story starting in 2005



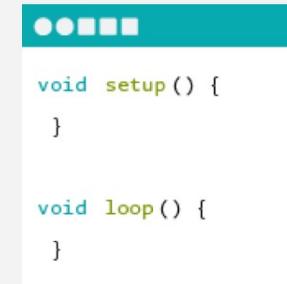
WHAT IS ARDUINO?

Arduino is an open-source electronics platform based on easy-to-use hardware and software. It's intended for anyone making interactive projects.



ARDUINO BOARD

Arduino senses the environment by receiving inputs from many sensors, and affects its surroundings by controlling lights, motors, and other actuators.



ARDUINO SOFTWARE

You can tell your Arduino what to do by writing code in the Arduino programming language and using the Arduino development environment.



17 years later: the incredibly large microcontroller board ecosystem!



STM32 Nucleo-32



Teensy 3.2



LinkIt Smart7688 duo



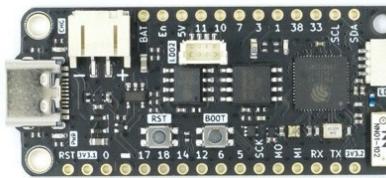
Adafruit Feather



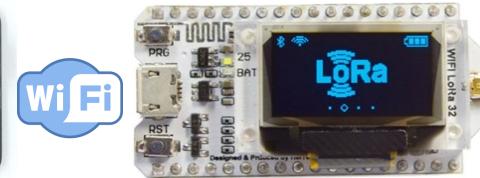
uPesy ESP32



ePulse Feather Low Power ESP32



FeatherS3 – ESP32-S3



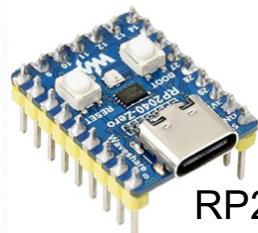
Heltec WiFi LoRa 32



XIAO SAMD21



Arduino Nicla Sense ME



RP2040 zero



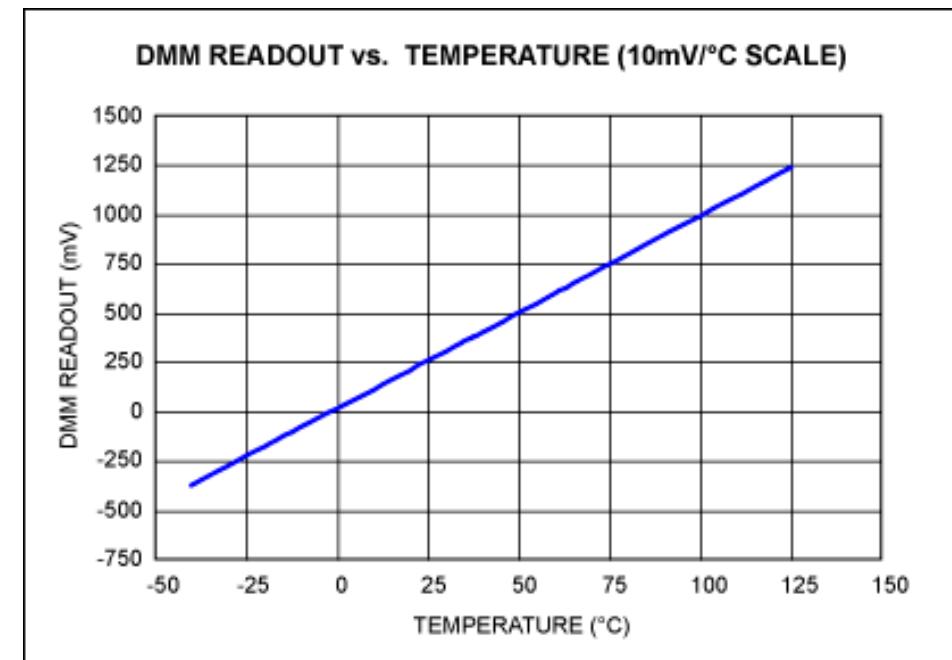
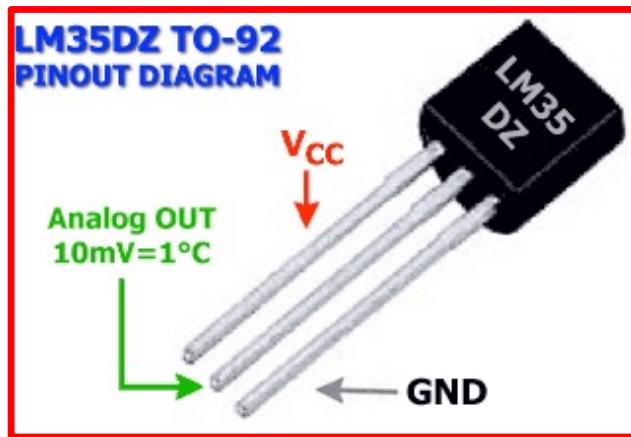
DFRobot Beetle



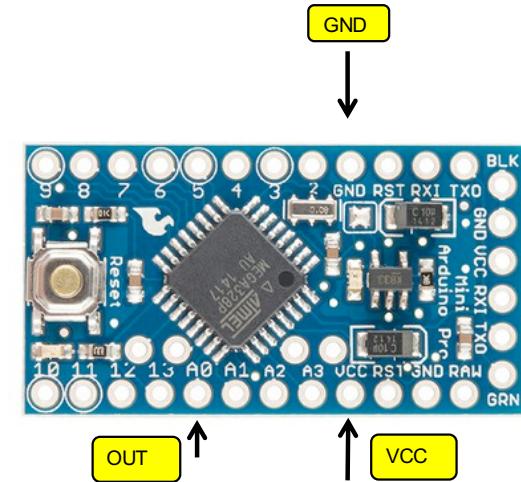
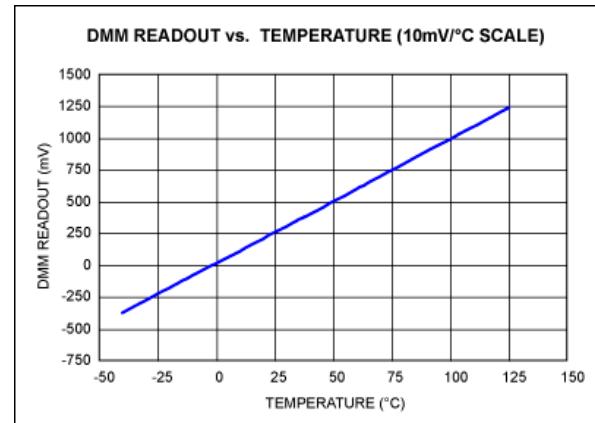
QT Py ESP32-C3

Interacting with the real world?

- Taking the simple analog sensors example
- Analog sensors provides a voltage output that varies according to a physical parameter, e.g. temperature, humidity, luminosity,...



Digitalizing the physical world!



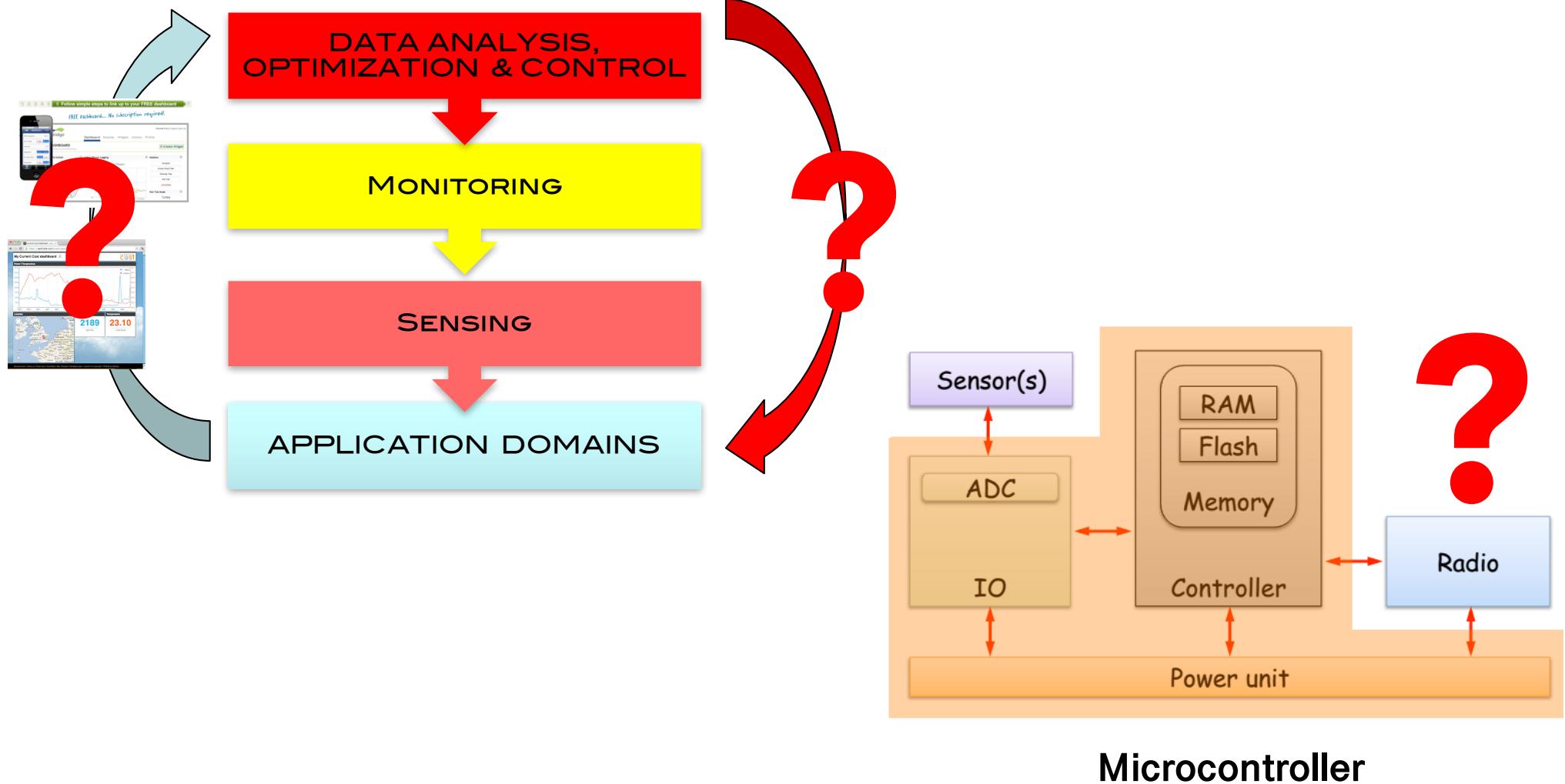
Microcontrollers have Analog/Digital (A/D) converter to map a voltage to a numerical value, in a linear way, For instance **0 for 0V** and **1023 for 3300mV**

3300mV/1024=3.22mV is the granularity of the measure

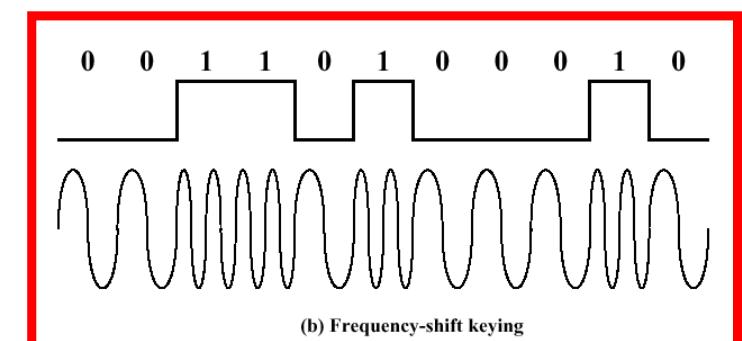
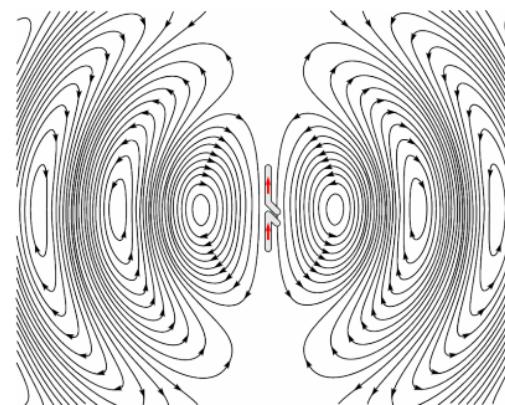
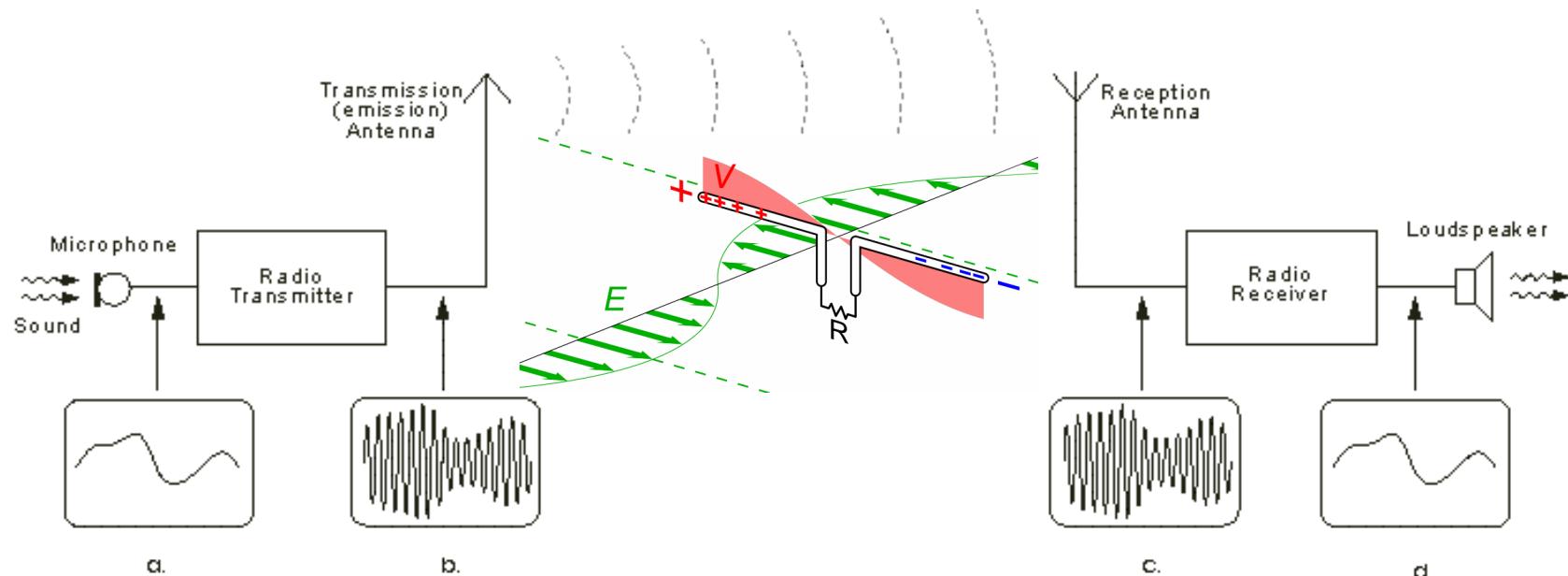
Reading a digital value of 100 means $100 \times 3.22\text{mV} = 322\text{mV}$

If the sensor output is 10mV/1°C then the physical temperature is $322\text{mV}/10\text{mV}=32.2^\circ\text{C}$

How to collect data?



Wireless (radio) transmission basics



Q: Can we have Gbps in wireless? ³⁰

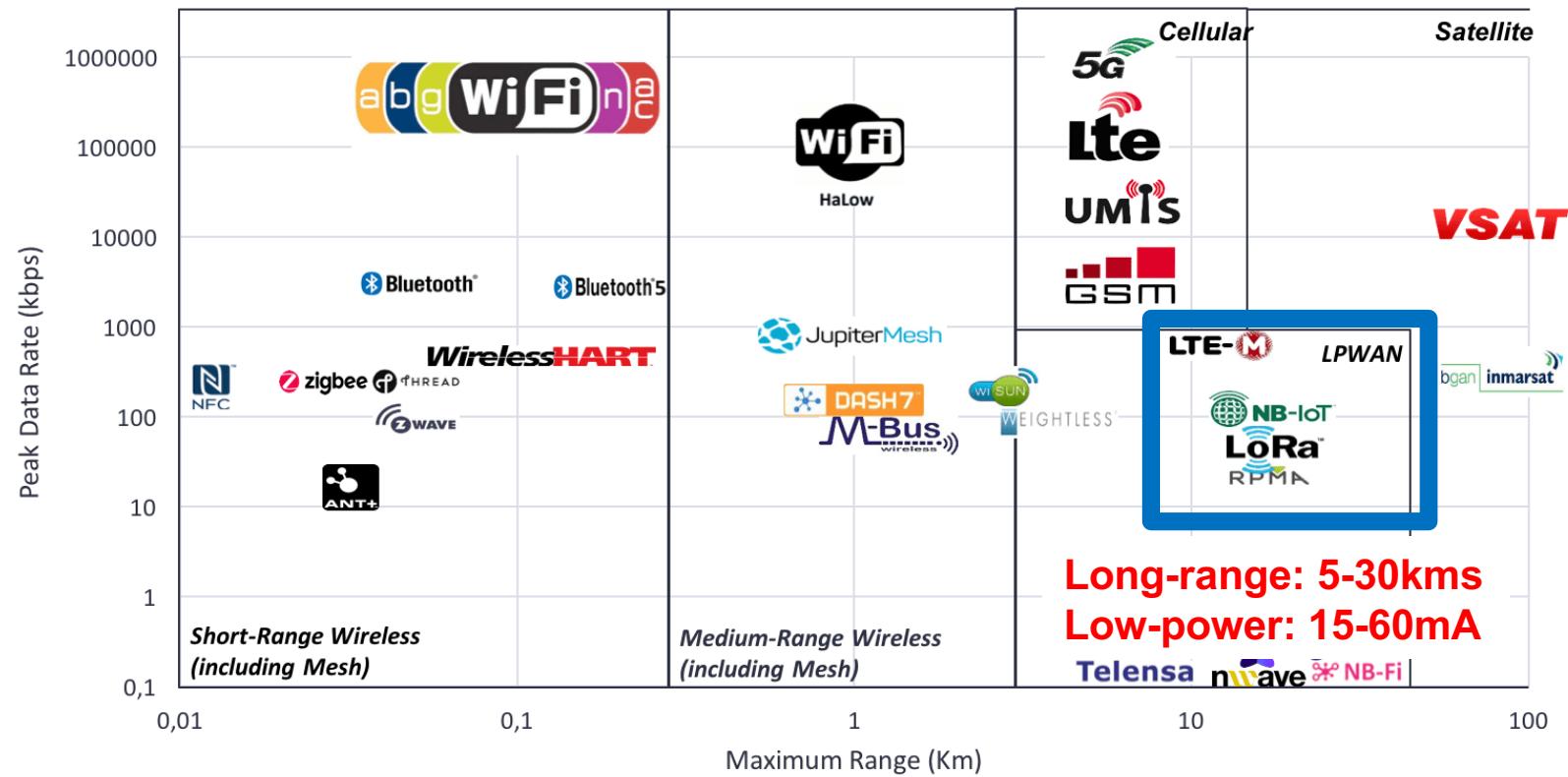
Low-power & long-range radios



Insights that empower you to understand IoT markets

Comparison Wireless technologies
Peak Data Rate vs Maximum Range

Energy-Range dilemma



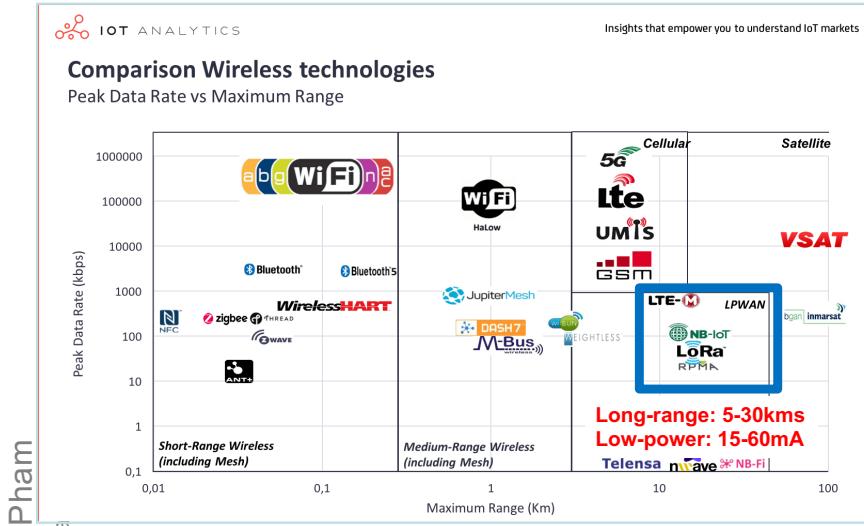
Long-range: 5-30kms

Low-power: 15-60mA

Telensa mWave NB-Fi

Very low throughput!

Energy consumption comparison



2G	3G	LAN	ZigBee	Lo Power WAN
N/A	N/A	O: 300m I: 30m	O: 90m I: 30m	Same as 2G/3G
200-500mA	500-1000mA	100-300mA	18mA	18mA-40mA
2.3mA	3.5mA	NC	0.003mA	0.001mA



TX power: 500mA. Mean consumption: $(8s \times 500 + 3592s \times 0.005)/3600 = 1.11mA$

$2500/1.11 = 2252h = 93 \text{ days} = 3 \text{ months } \ominus$

2500mA

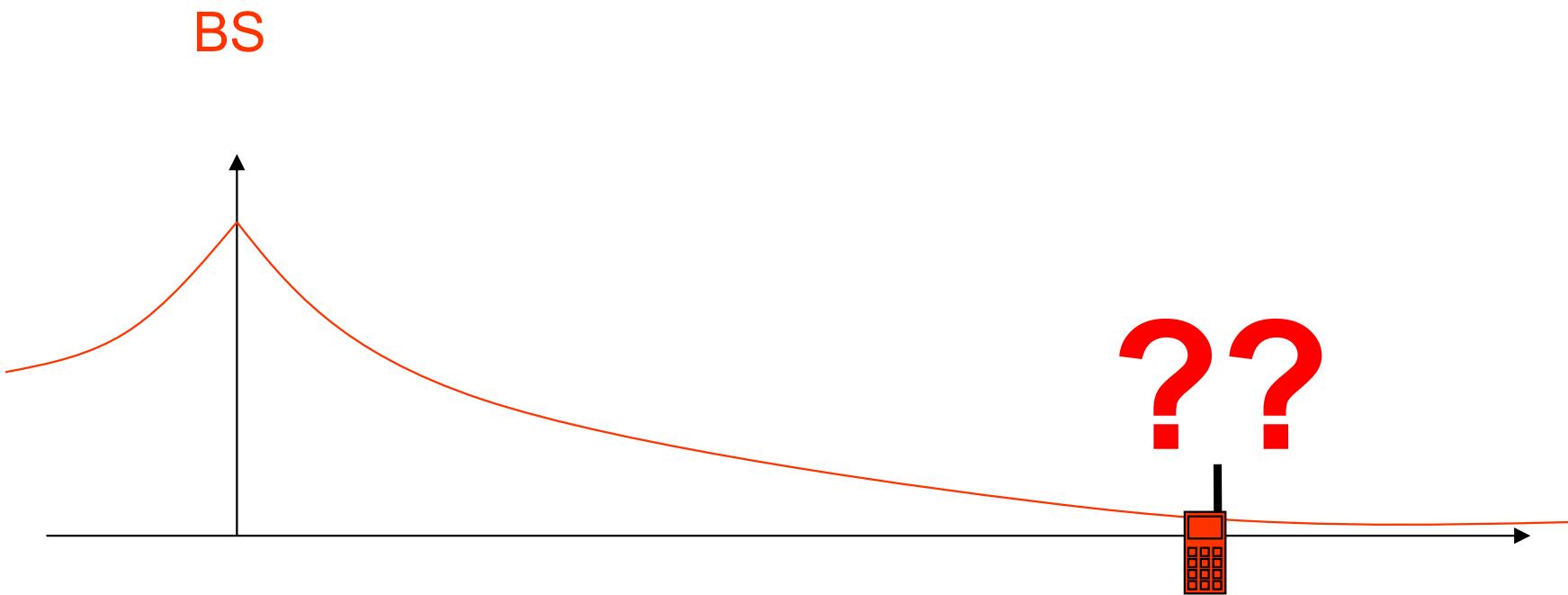
In most cellular networks, the device is still maintaining communication with BS even if it is inactive

TX power: 40mA. Mean consumption: $(2s \times 40 + 3598s \times 0.005)/3600 = 0.027mA$

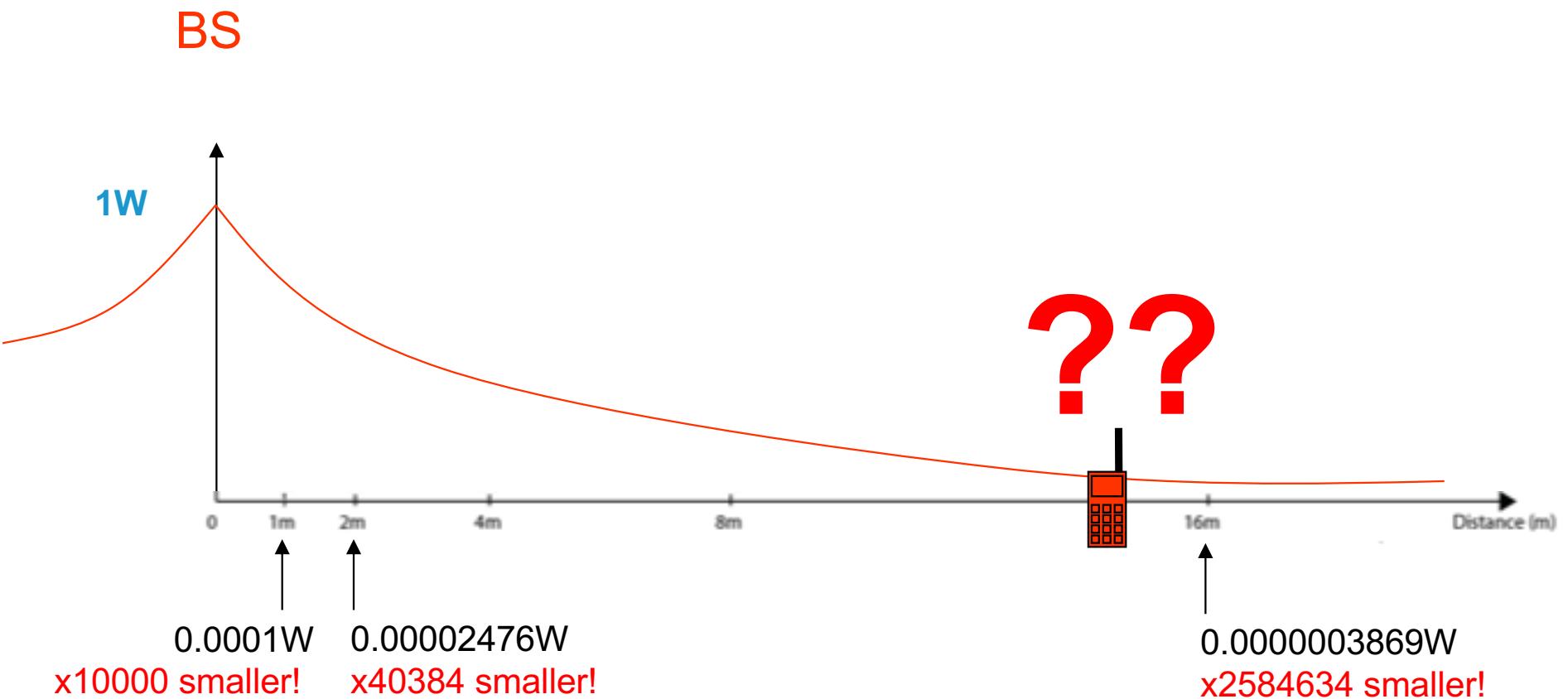
$2500/0.027 = 92592h = 3858 \text{ days} = 10 \text{ y. } \oplus$

LPWAN does not need to maintain connection if not in use

1st challenge: signal attenuation



Attenuation is very high!



Attenuation in a very simple formula!

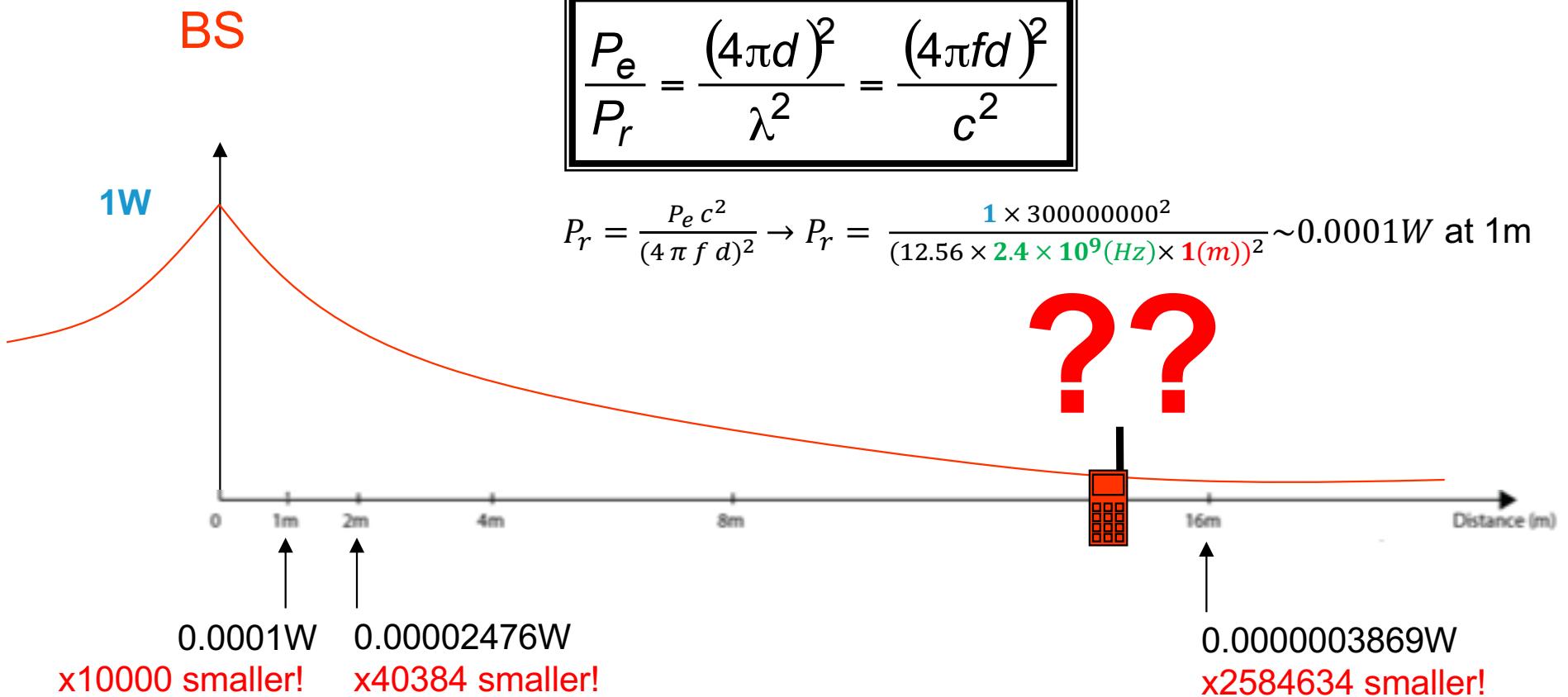
- For an ideal antenna (theoretic)

$$\frac{P_e}{P_r} = \frac{(4\pi d)^2}{\lambda^2} = \frac{(4\pi f d)^2}{c^2}$$

- P_e = transmitted power
- P_r = received power
- P_e / P_r is high when P_r is small → high attenuation
- d = distance between antennas
- c = light speed in space 3.10^8 m/s
- λ = wave length of the signal = c/f
- Higher frequencies f means higher attenuation!

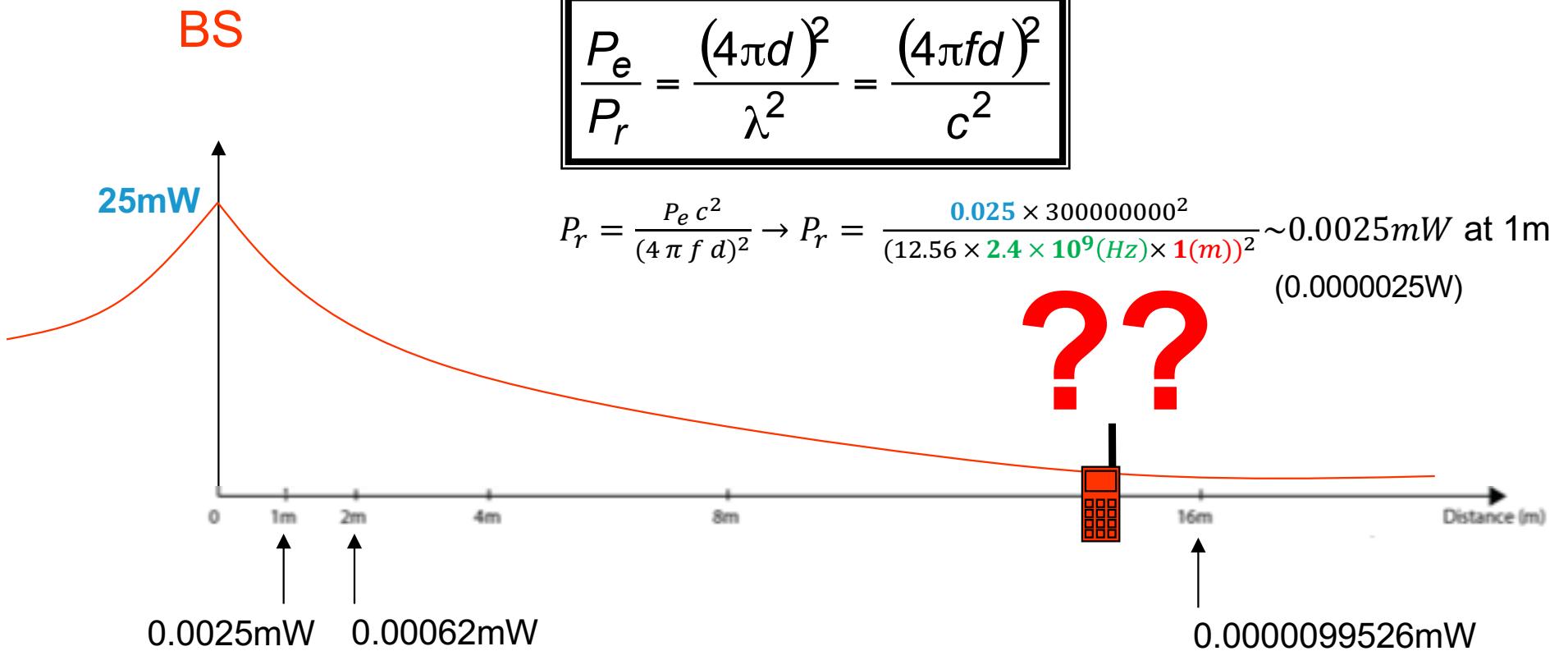
Attenuation, values in watts

- Free Space Path Loss model



1W is a still lot, IoT uses milliwatts!

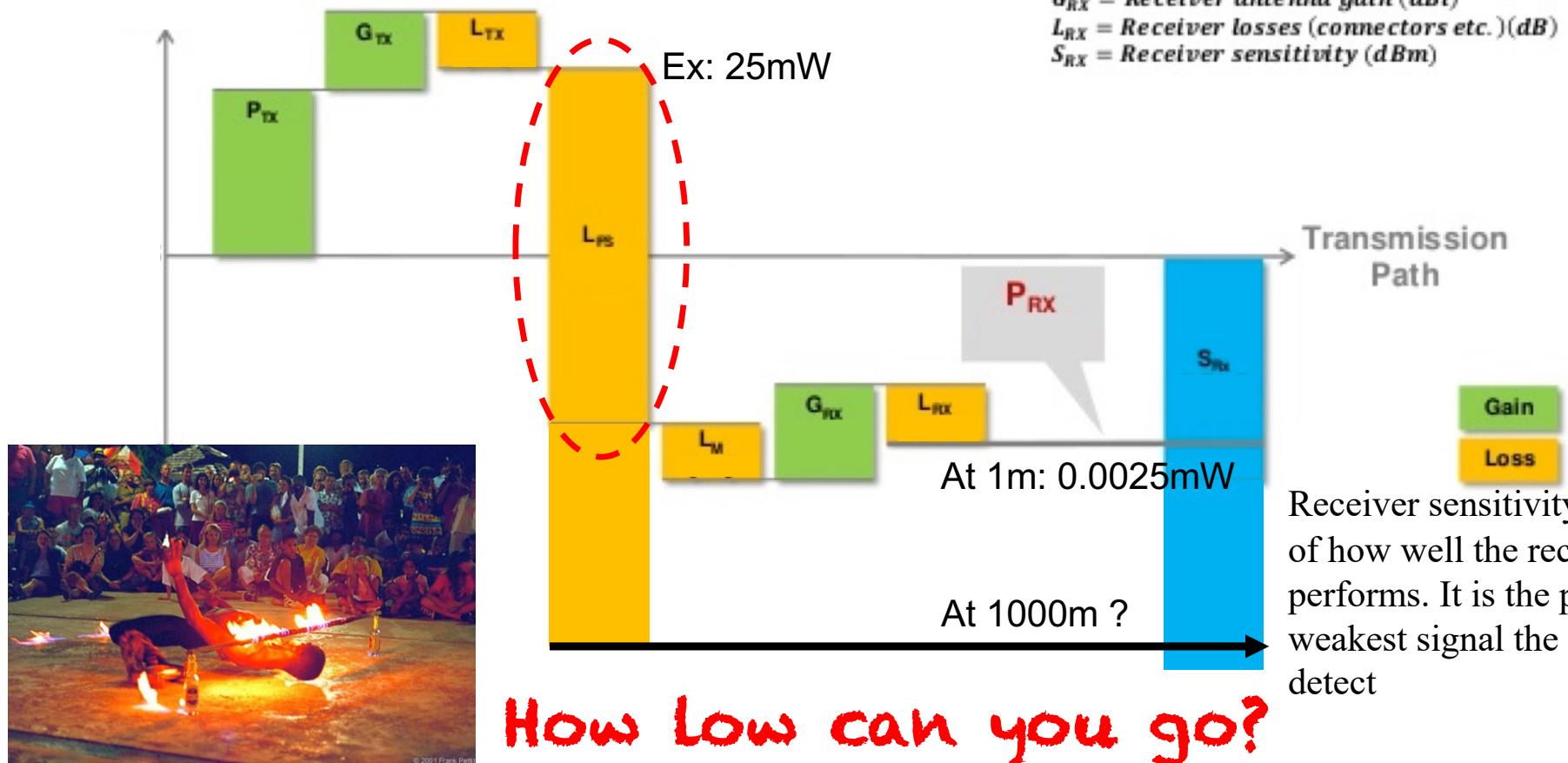
Free Space Path Loss model



Link budget in wireless system – (simplified)

$$P_{RX} = P_{TX} + G_{TX} - L_{TX} - L_{FS} - L_M + G_{RX} - L_{RX}$$

Adapted from Peter R. Egli, INDIGOOCOM



P_{RX} = Received power (dBm)

P_{TX} = Sender output power (dBm)

G_{TX} = Sender antenna gain (dBi)

L_{TX} = Sender losses (connectors etc.) (dB)

L_{FS} = Free space loss (dB)

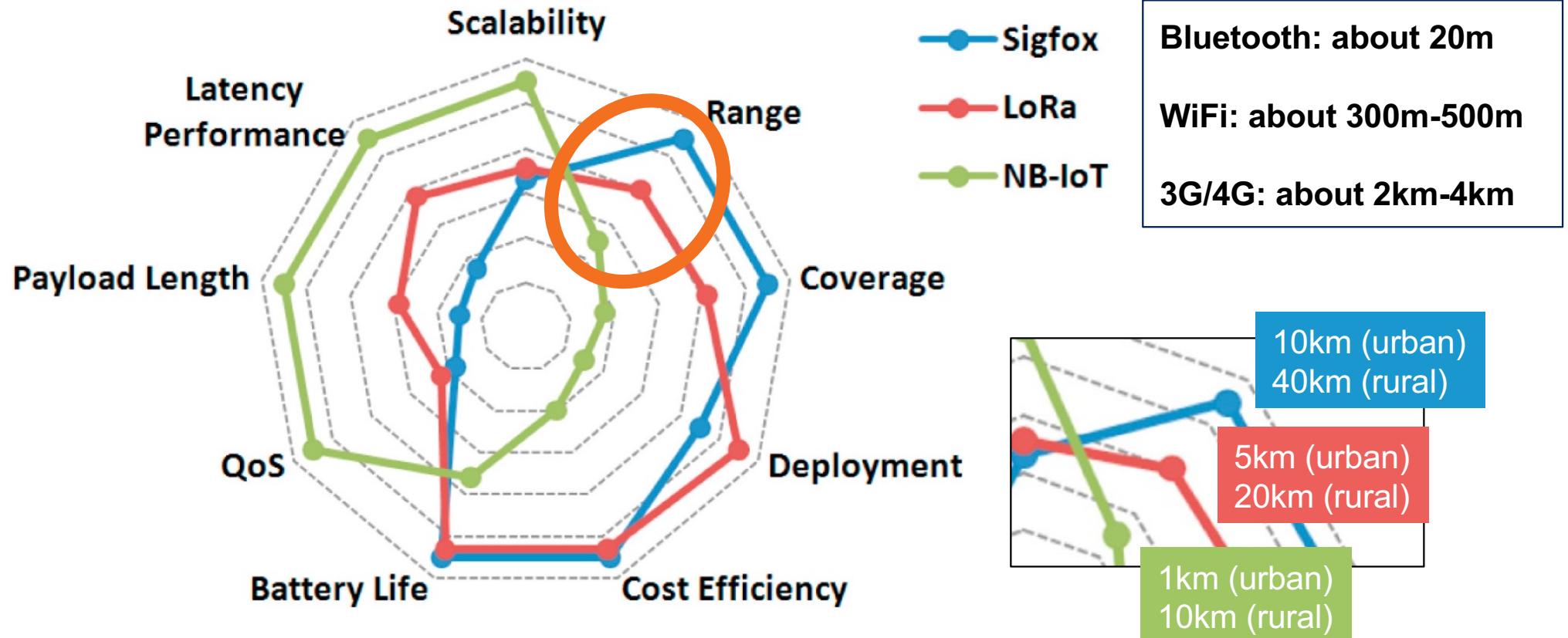
L_M = Misc. losses (multipath etc.) (dB)

G_{RX} = Receiver antenna gain (dBi)

L_{RX} = Receiver losses (connectors etc.) (dB)

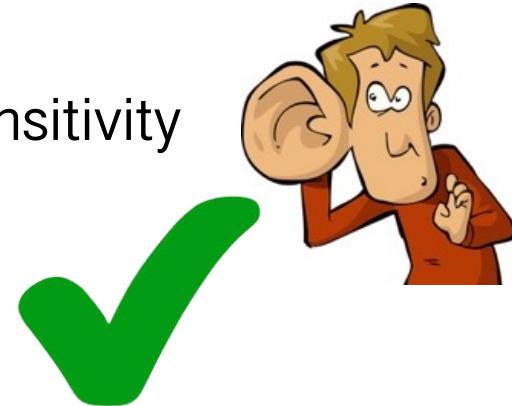
S_{RX} = Receiver sensitivity (dBm)

LPWAN expected range?



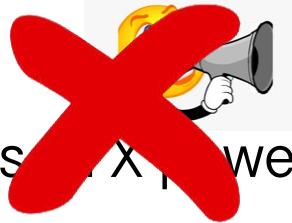
How can we increase range?

- Increase TX power and/or improve RX sensitivity



How can we increase range?

- Increase TX power and/or improve RX sensitivity
- Generally, RX sensitivity (~robustness) can be increased when transmitting (much) slower (**like speaking slower!**)



I'm not fluent in idiot
could you please speak



more slowly?

hello

Reeee

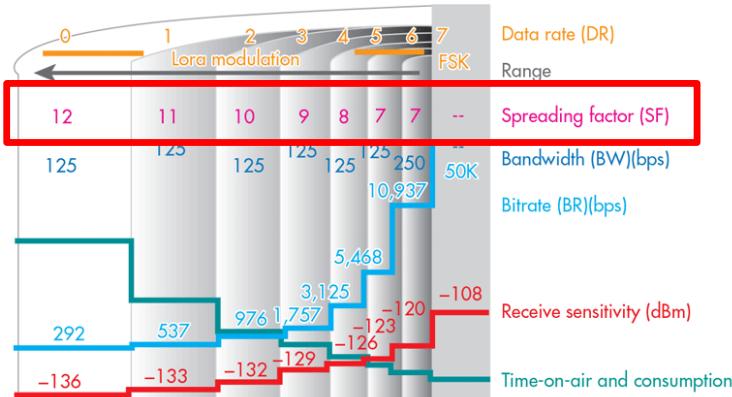
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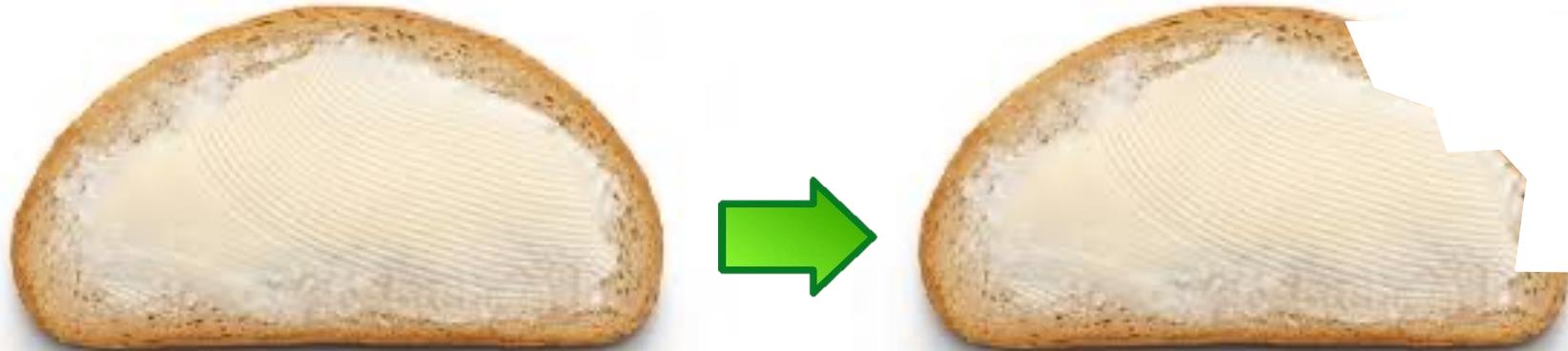


- Increases RX power and/or improve RX sensitivity
- Generally, RX sensitivity (~robustness) can be increased when transmitting (much) slower (**like speaking slower!**)
- LoRa uses spread spectrum approach to increase RX sensitivity
 - Spreading Factor defines how many chips will be used to code a symbol.
More chip/symbol=longer transmission time → more robustness
- **The price to pay for LPWAN**
 - LoRa has **very low** throughput: 200bps-37500bps (0.2-37.5kbps)



- WiFi 802.11n: 450 000 000 bps (450Mbps)
- WiFi 802.11g: 54 000 000 bps (54Mbps)
- Bluetooth3&4: 25 000 000 bps (25Mbps)
- Bluetooth BLE: 2 000 000 bps (2Mbps)
- 3G/4G : 20Mbps-200Mbps
- **LoRa**: 200bps-37500bps (0.0002-0.0375Mbps)
- **3G/LoRa ratio**: $20,000,000\text{bps}/200\text{bps} = 100000!$

The buttered toast example



- Assuming you could get back ALL your butter, how much butter did you loose?
- This is the idea behind "spread spectrum" techniques: the more you "spread", the more it is robust to interferences

LPWAN=star topology, gateway centric

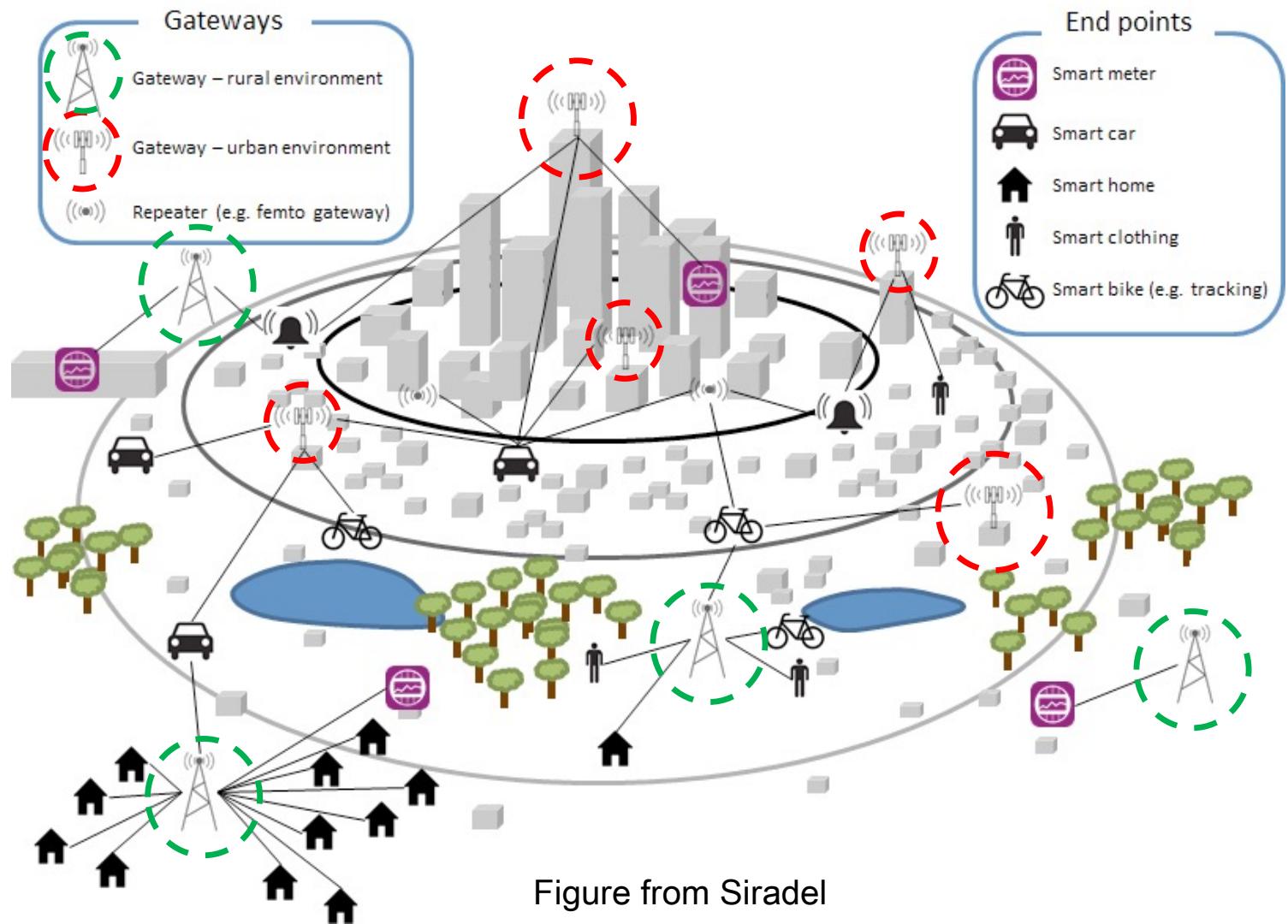
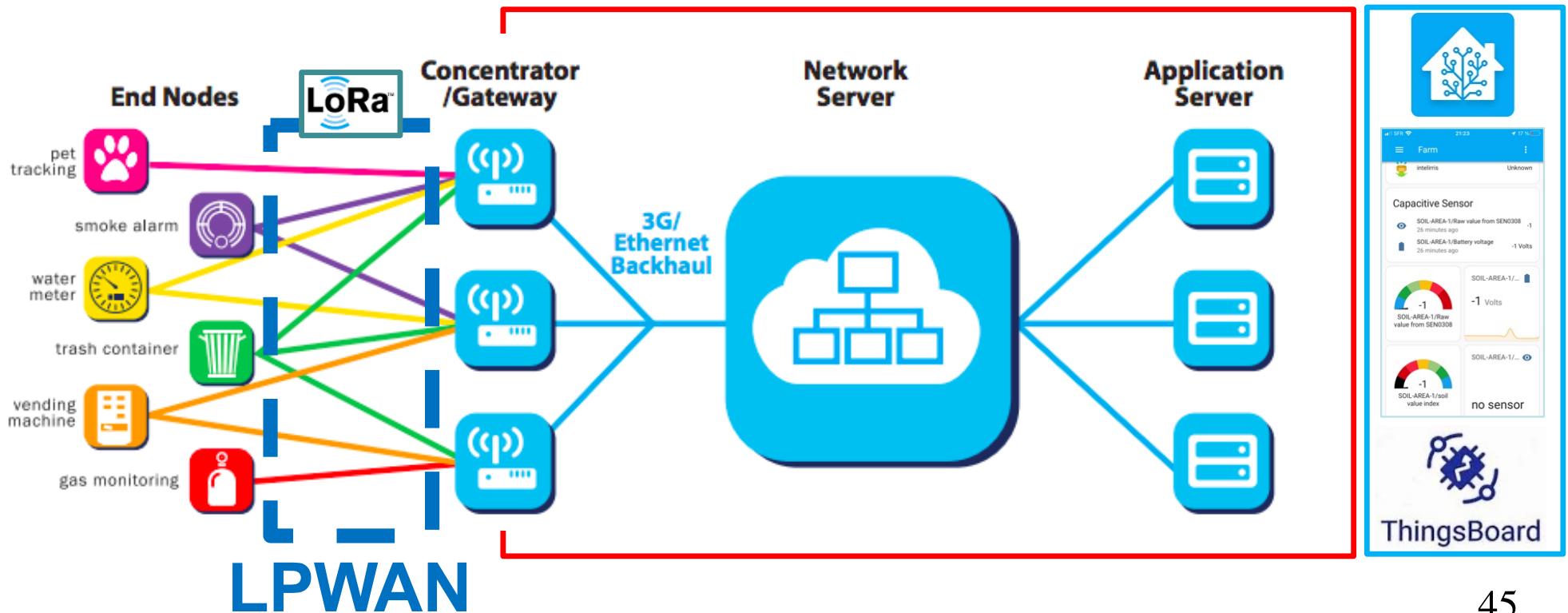


Figure from Siradel

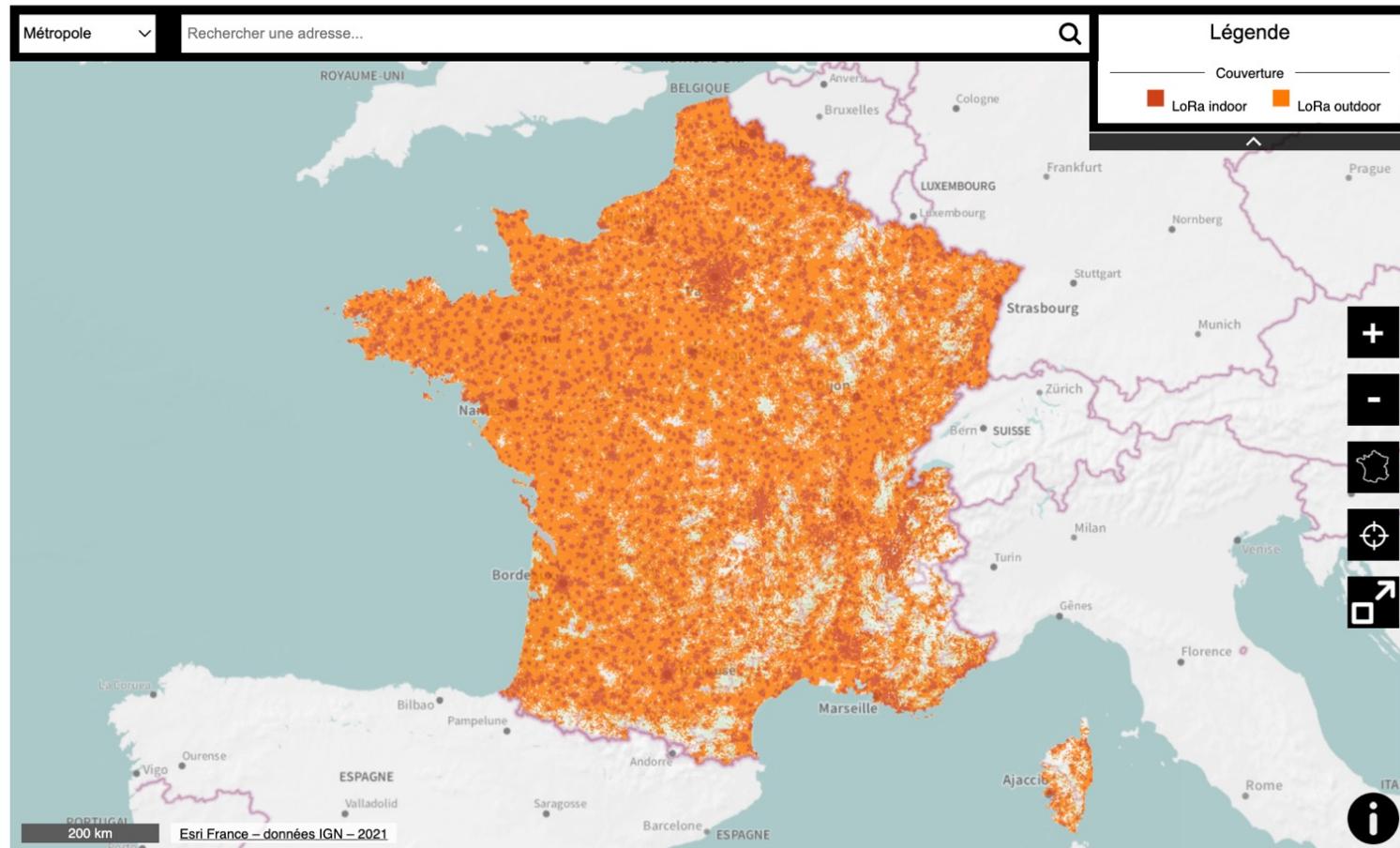
IoT networks architecture

- Most of IoT networks are organized with Network & Application servers
- Below, an example with LoRaWAN IoT networks



LoRaWAN in France

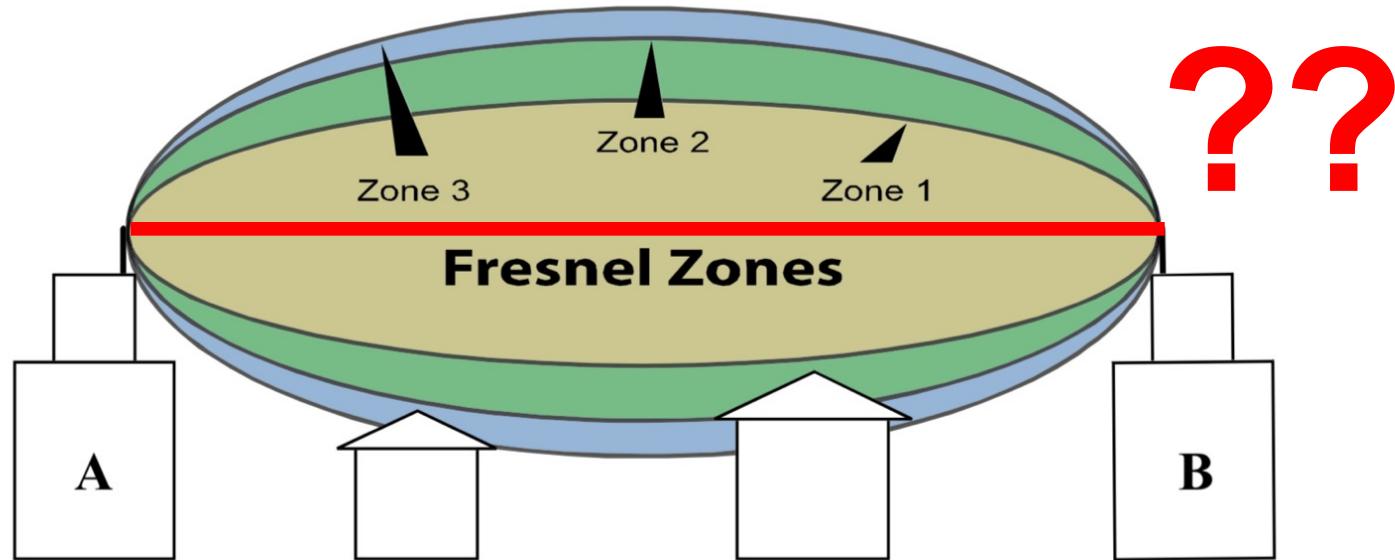
Couverture LoRa® Orange



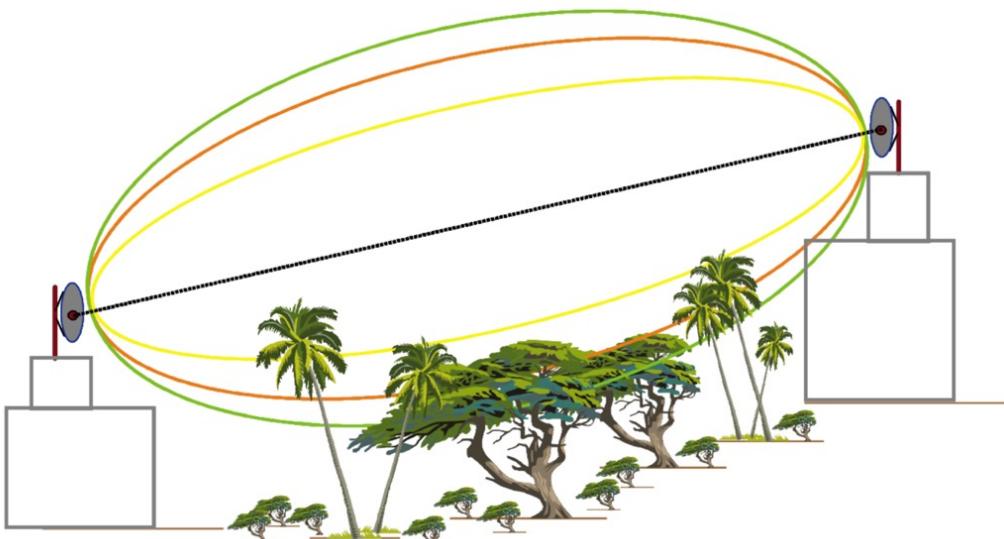
<https://www.orange-business.com/fr/reseau-iot>

Line-of-Sight & Fresnel zone

- LoS means clear Fresnel zone
- Football (american) shape
- Acceptable = 60% of zone 1 + 3m

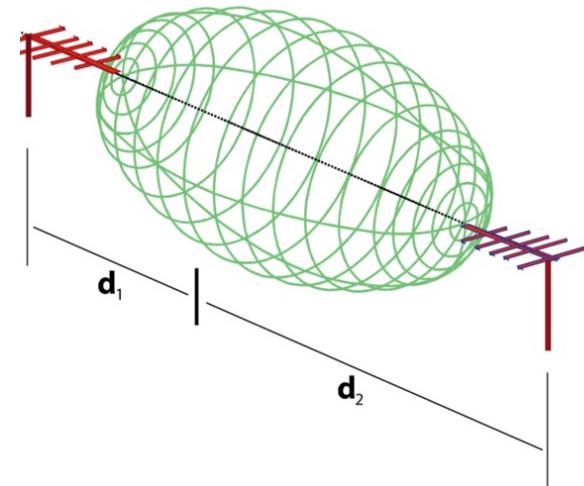


Clearing the Fresnel zone? Raise antennas!



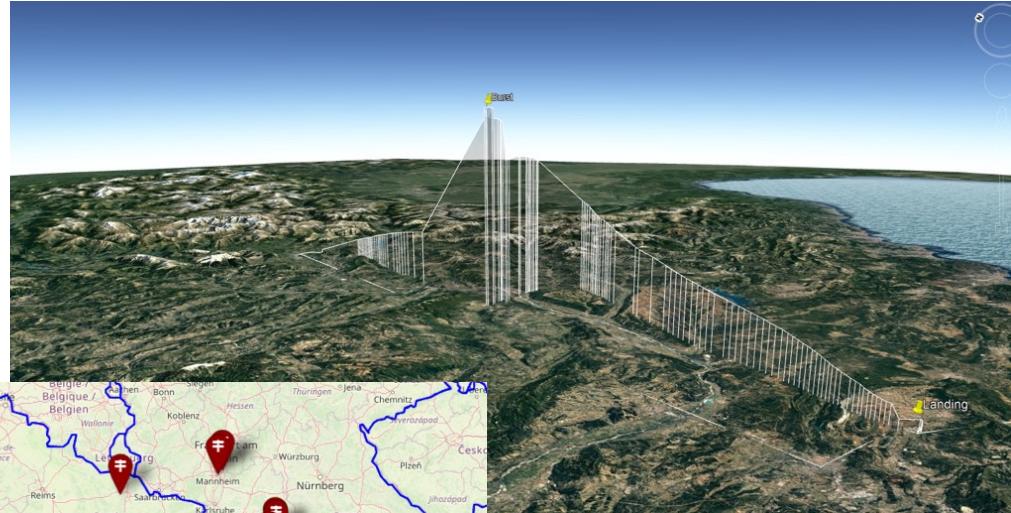
$$r_n = \sqrt{\frac{d_1 d_2}{d_1 + d_2}}$$

Range Distance	900 MHz Modems Required Fresnel Zone Diameter	2.4 GHz Modems Required Fresnel Zone Diameter
1000 ft. (300 m)	16 ft. (5 m)	11 ft. (3.4 m)
1 Mile (1.6 km)	32 ft. (10 m)	21 ft. (6.4 m)
5 Miles (8 km)	68 ft. (21 m)	43 ft. (13 m)
10 Miles (16 km)	95 ft. (29 m)	59 ft. (18 m)



Coverage test by Fabien Ferrero on June 11th, 2019

➊ High Altitude Ballon

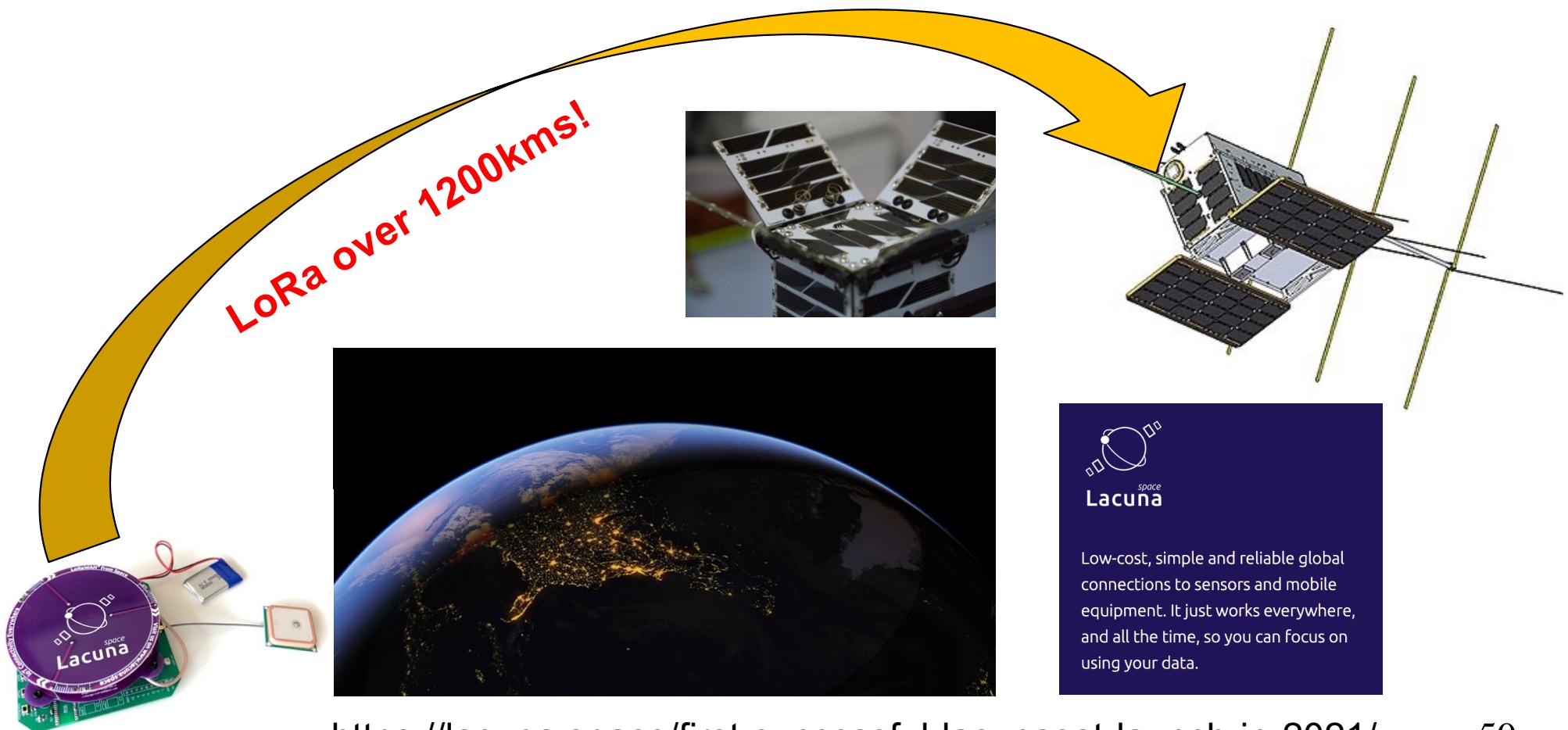


- ➊ 31kms high
- ➋ Reception at 642km (Udine, Italy)!
- ➌ Current record at 702km with balloon at 38kms

https://github.com/FabienFerrero/HAB_Relay_STM32Contest

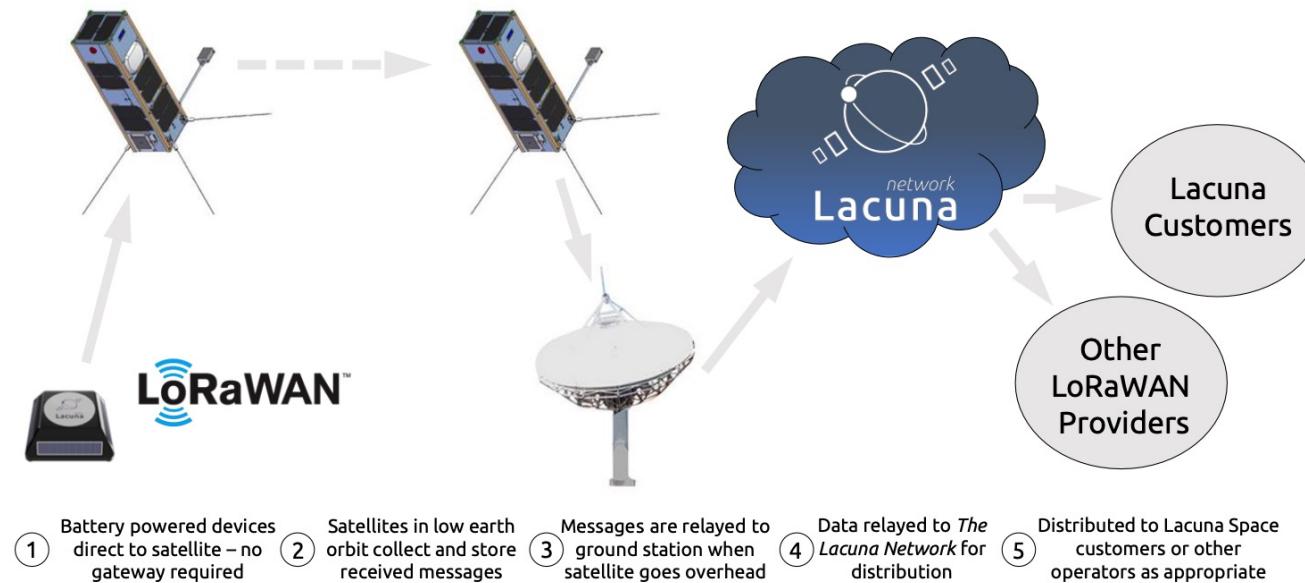
Clearing the Fresnel zone? Let's use satellite!

- Low-orbit, low-cost; compact satellite for global coverage



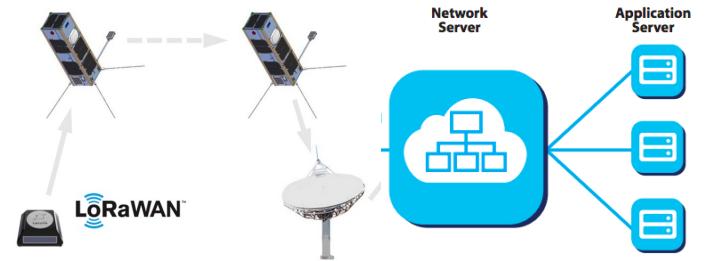
<https://lacuna.space/first-successful-lacunasat-launch-in-2021/>

Satellite LPWAN principle



Use ISM bands : 868 or 920MHz

From F. Ferrero & Lacuna



Satellite LPWAN unlocks a wide range of new applications!

- Environmental / healthcare, health security applications



- Deploying IoT in developing countries

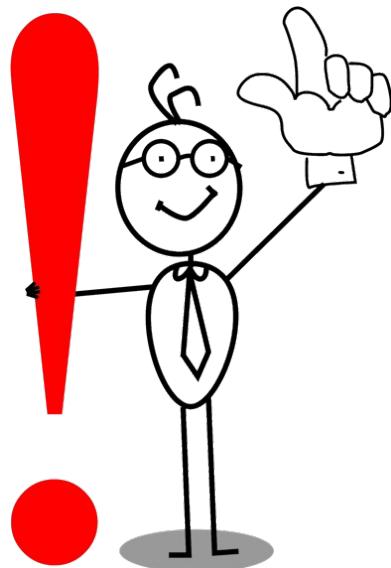


- Expected prices can be as low as \$3/year/device!

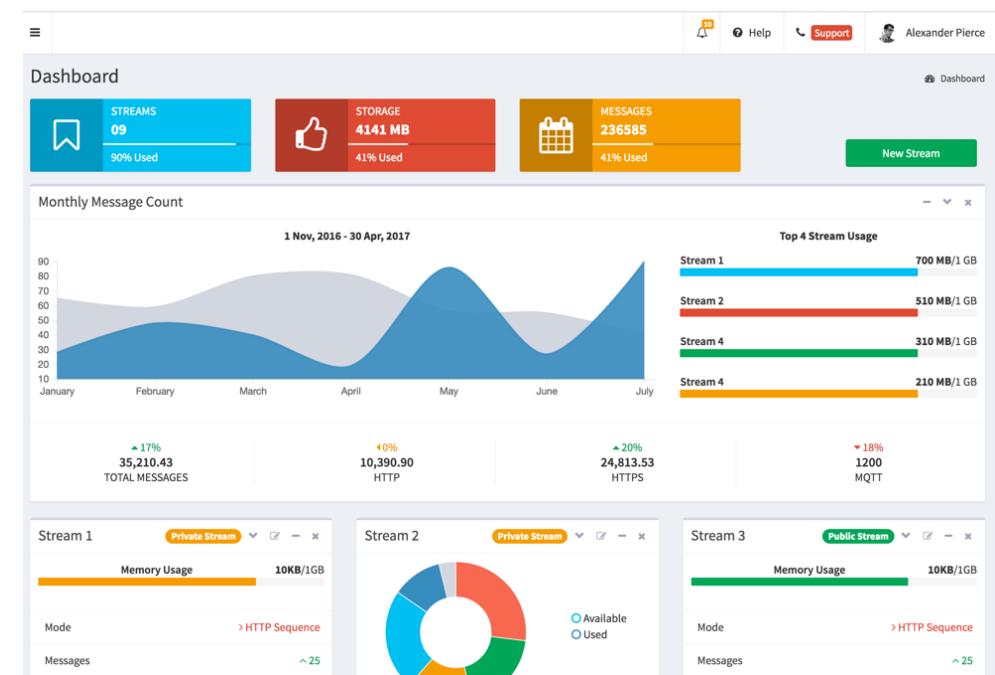
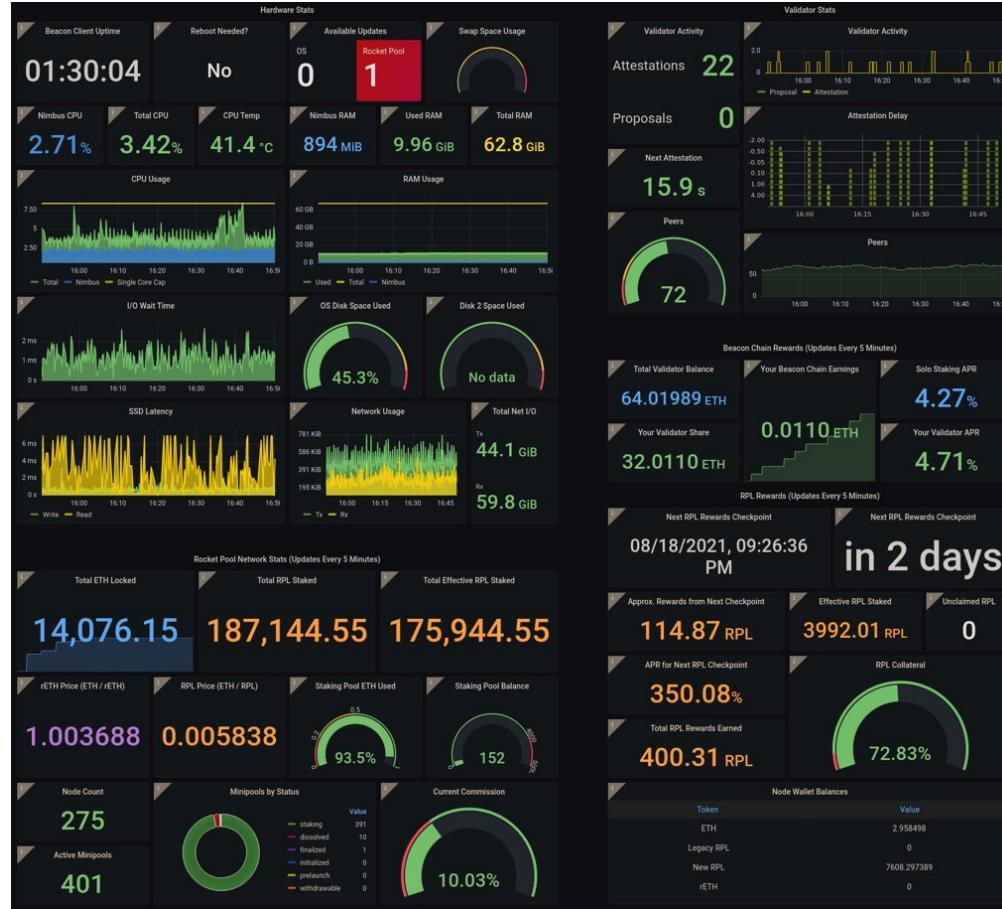


**2023, billions of IoT devices
are deployed worldwide !**

IoT added-values come from interactions and linked data...

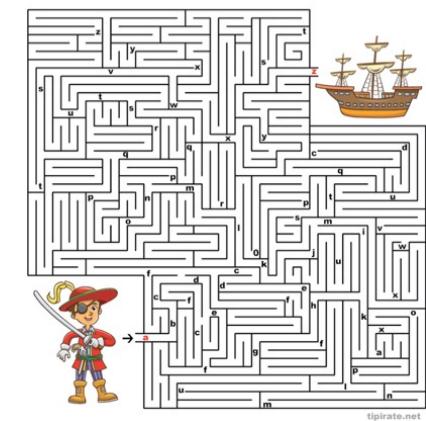
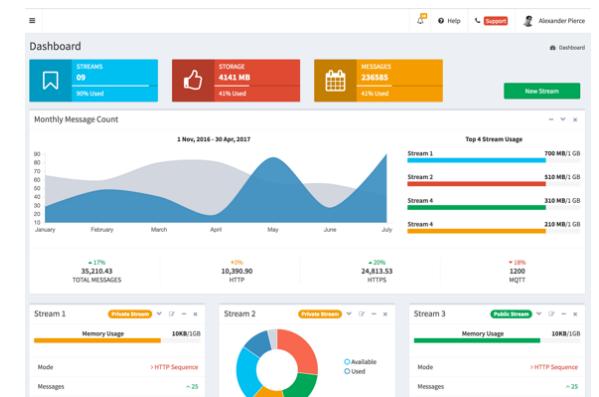


... to integrate multiple data sources!



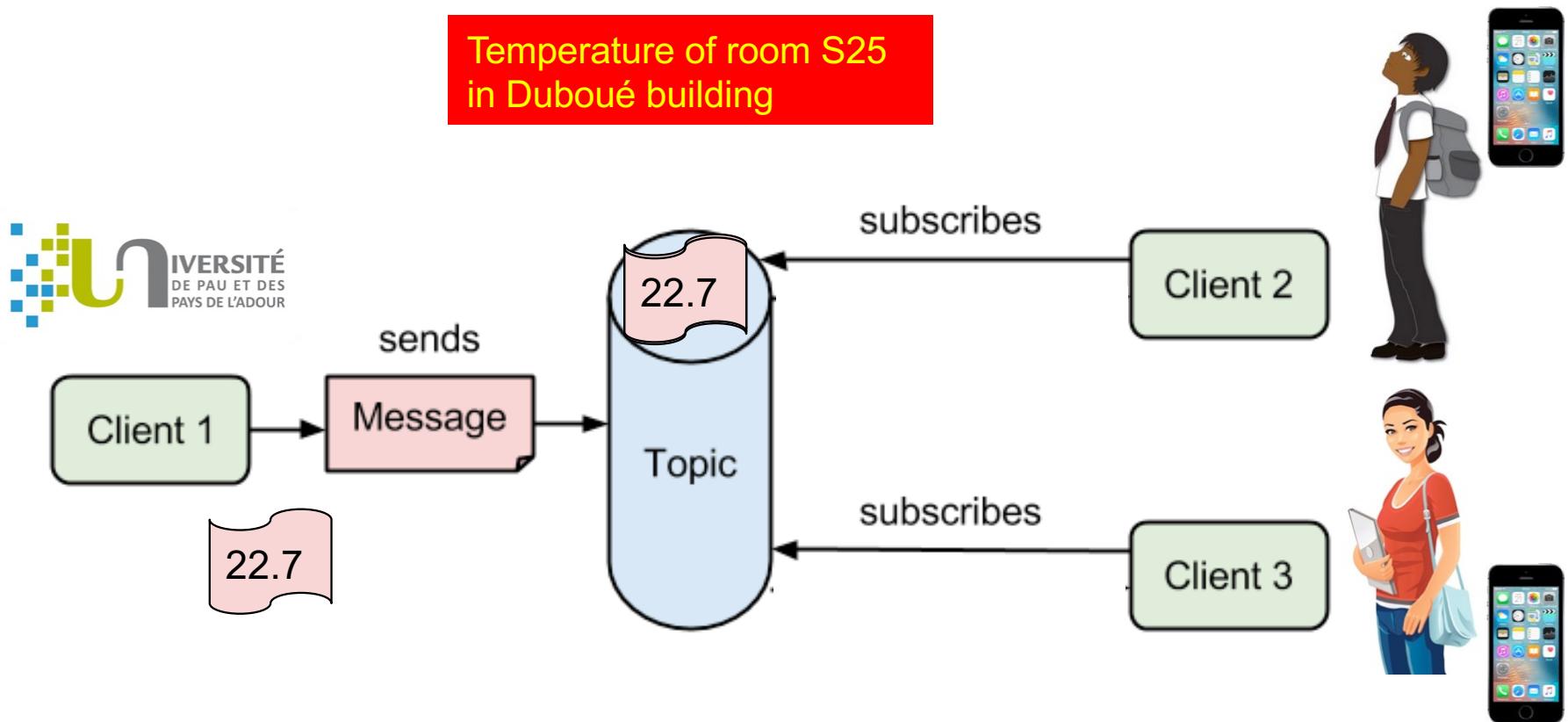
Integrating, ok, but how? From where?

- Sensors' data can eventually be accessed with traditional methods such as web URL
- But web based (HTTP) protocols are not lightweight! They have been designed for computers, not IoT!
- IoT calls for a more "automatized" and "simplistic" approach
- Automatized → when IoT data changes, users want to get immediate notifications
- Notification-based is nowadays very common: smartphones, news, social media, ...



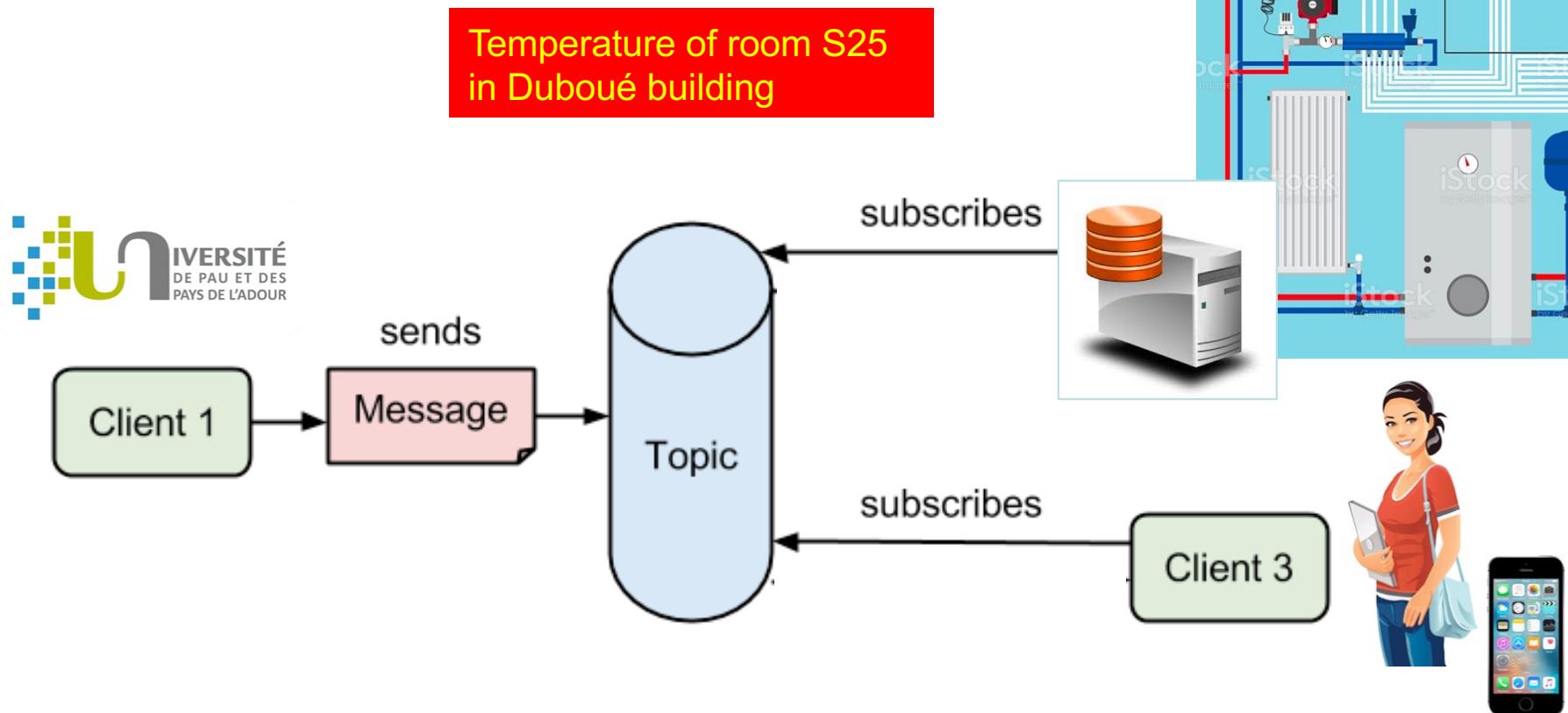
From "search for info" to "get the info"

- Use the PUBLISH/SUBSCRIBE model



Automation made simpler

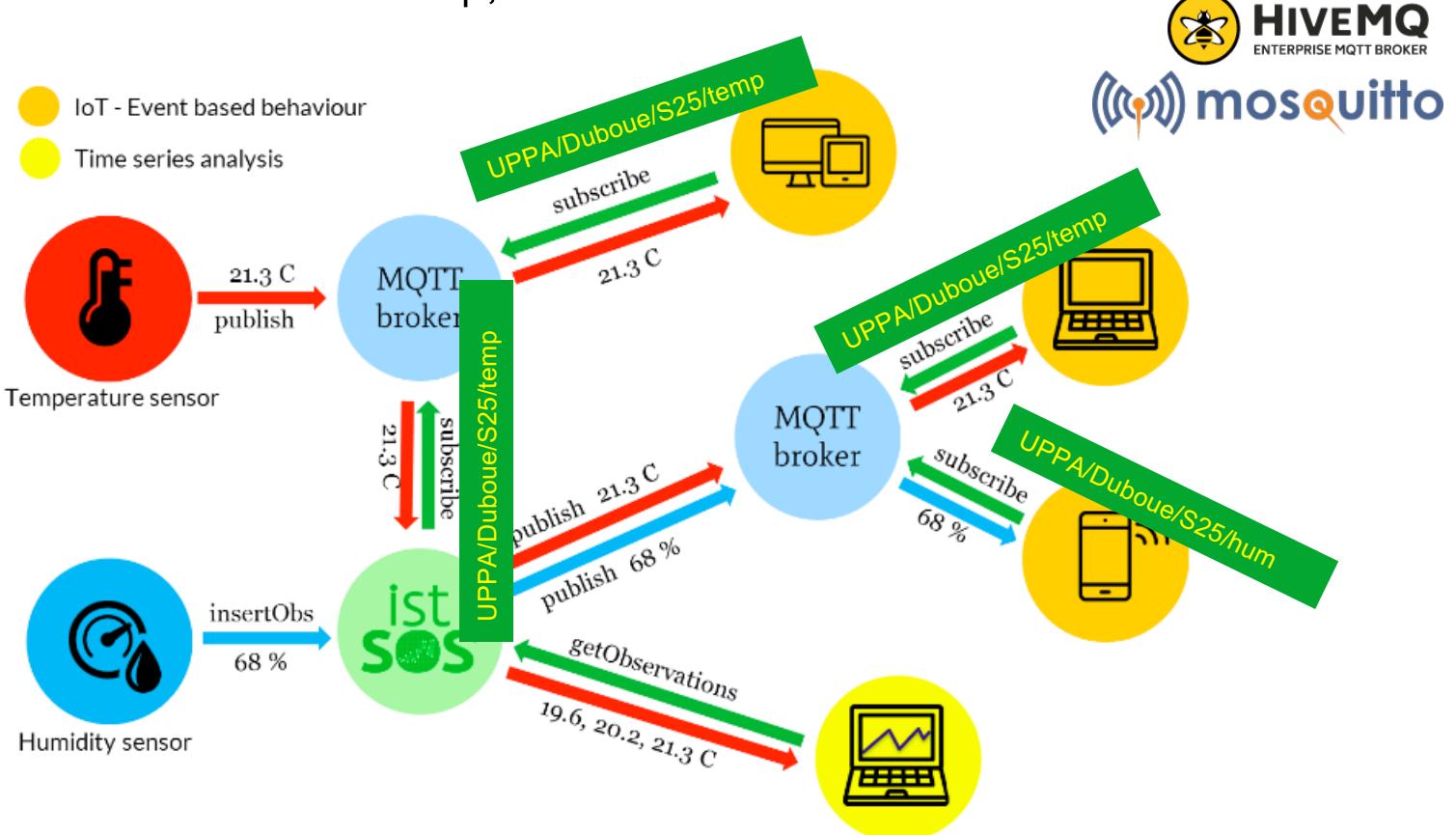
- Use the PUBLISH/SUBSCRIBE model



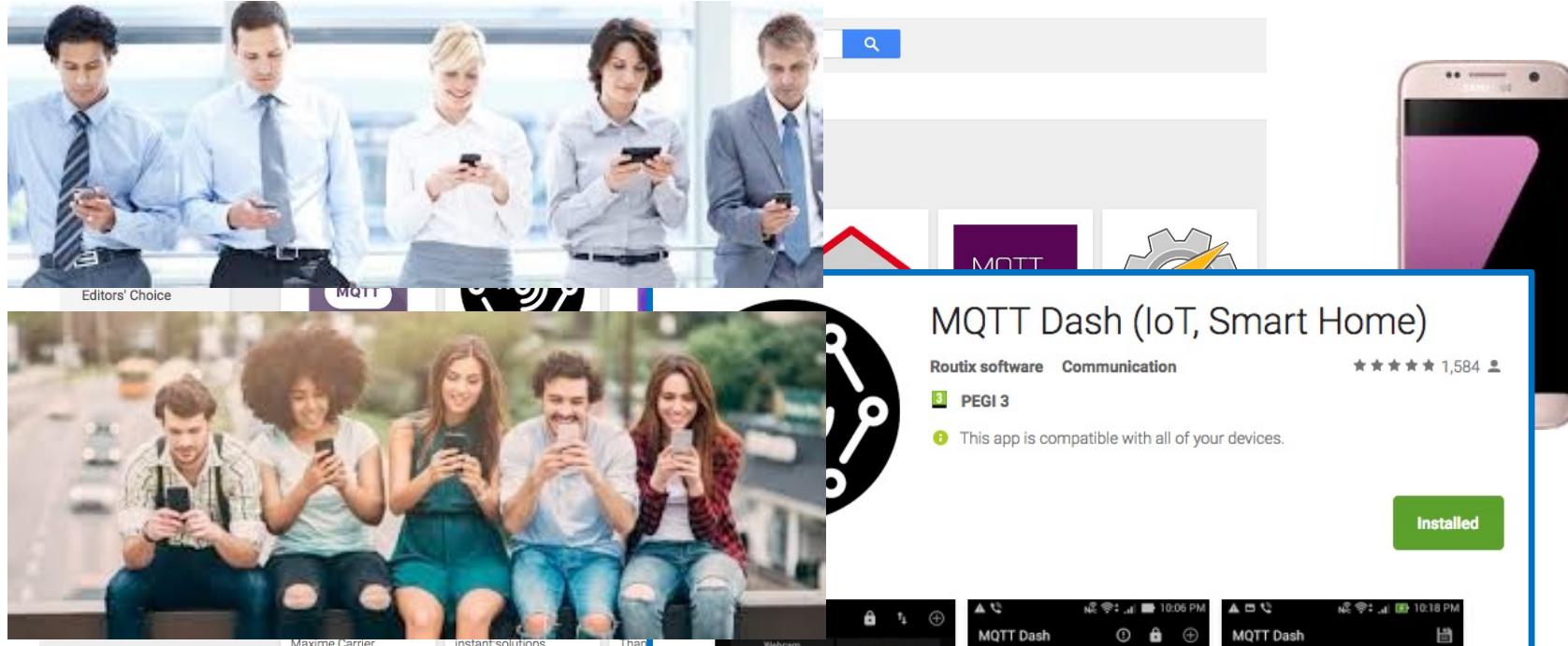
MQTT

Message Queue Telemetry Transport

- Use broker nodes to manage topics
 - UPPA/Duboue/S25/temp, UPPA/Duboue/S25/hum
 - UPPA/Duboue/+temp, UPPA/#



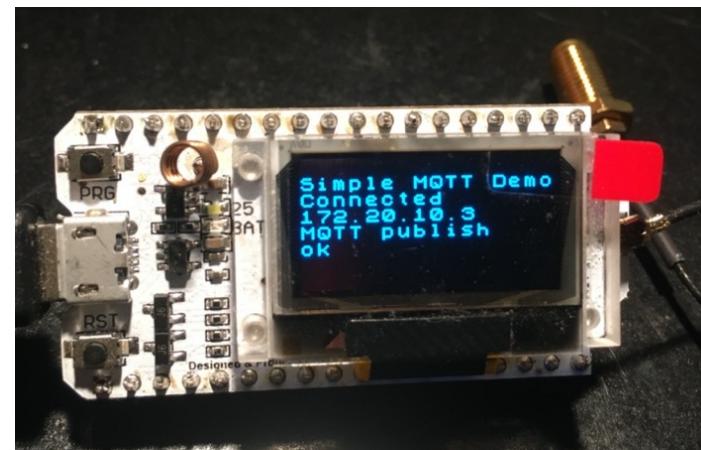
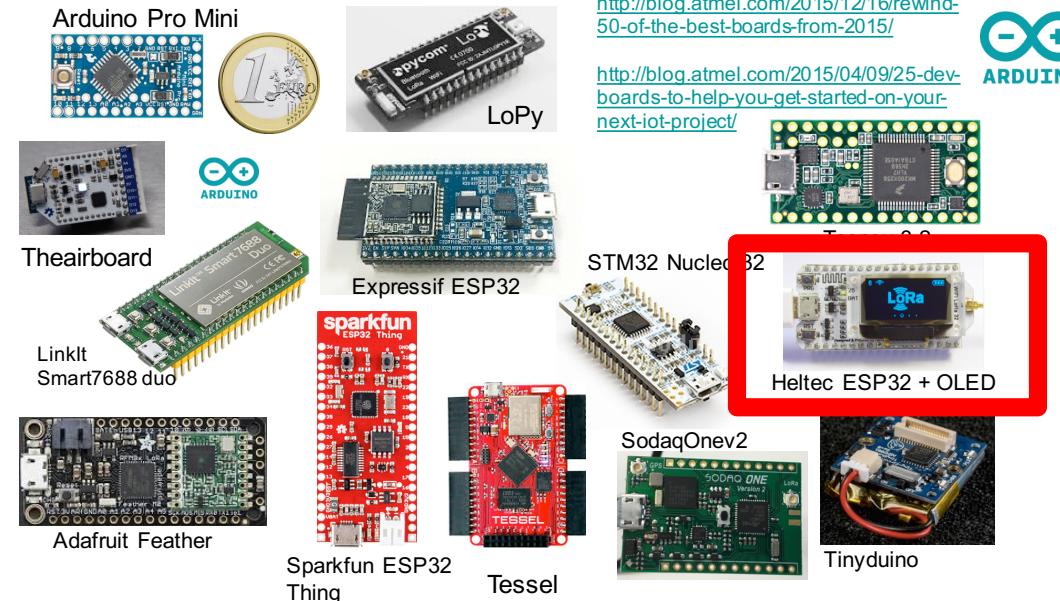
MQTT+smartphone=



- Towards open data
 - UPPA/ROOMS/#
 - UPPA/CONGRESS/#
 - PAU/WEATHER/#

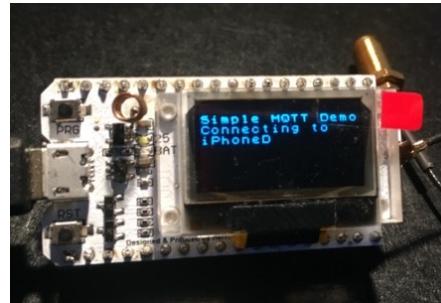
MQTT is very lightweight

- MQTT can run on small IoT devices
- Heltec WiFi ESP32
 - Device connects to WiFi network
 - Then will publish data to MQTT topic



Ex: Mosquitto MQTT broker

DEMO



- Eclipse Mosquitto is an open-source MQTT broker
- MQTT test broker: `test.mosquitto.org`
- IoT device will publish to topic UPPA/Duboue/S25/temp
- On a computer, use `mosquitto_sub` to subscribe
 - `mosquitto_sub -v -h test.mosquitto.org -t UPPA/Duboue/#`
 - `-v` → to display information in detailed mode
 - `-h` → the MQTT broker: `-h test.mosquitto.org`
 - `-t` → the MQTT topic: `-t UPPA/Duboue/#`

Ex: HiveMQ broker on websocket

○ <https://www.hivemq.com/demos/websocket-client/>

The screenshot shows the HiveMQ MQTT Websocket Client interface. At the top, it says "connected". In the "Publish" section, the topic is set to "booster_pau/test", QoS is 0, and the message is "hello from booster Pau". A large red "DEMO" stamp is overlaid at the bottom left.

The screenshot shows the HiveMQ MQTT Websocket Client interface. At the top, it says "connected". In the "Publish" section, the topic is set to "testtopic/1", QoS is 0, and the message is empty. In the "Subscriptions" section, there is a subscription to "booster_pau/test" with QoS 2. In the "Messages" section, a message is listed: "2021-11-25 08:55:20 Topic: booster_pau/test Qos: 0 hello from booster Pau".

MQTT in real IoT deployment

Sensor part



- Simple IoT devices have no WiFi
- Use Low-Power, Long Range radios, e.g. LoRa
- Send to IoT gateway

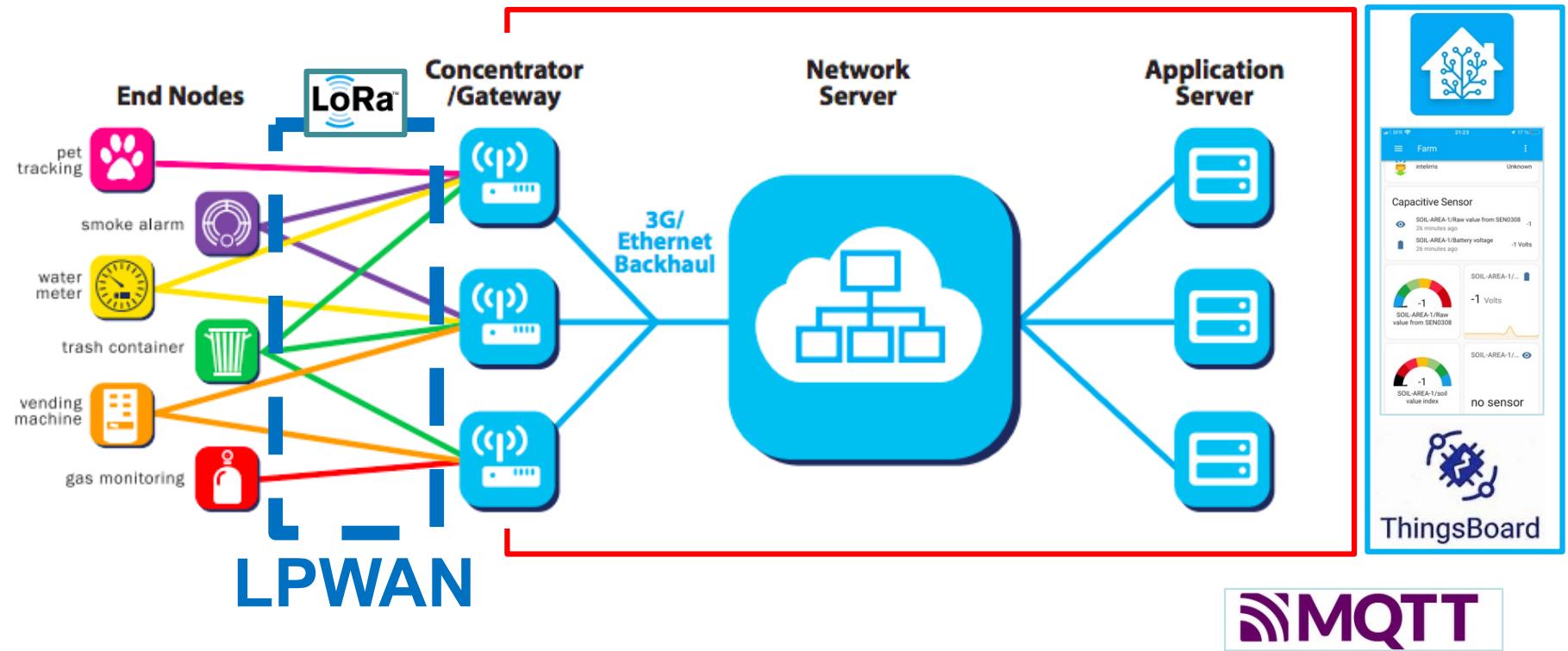
Control part – IoT gateway



MQTT

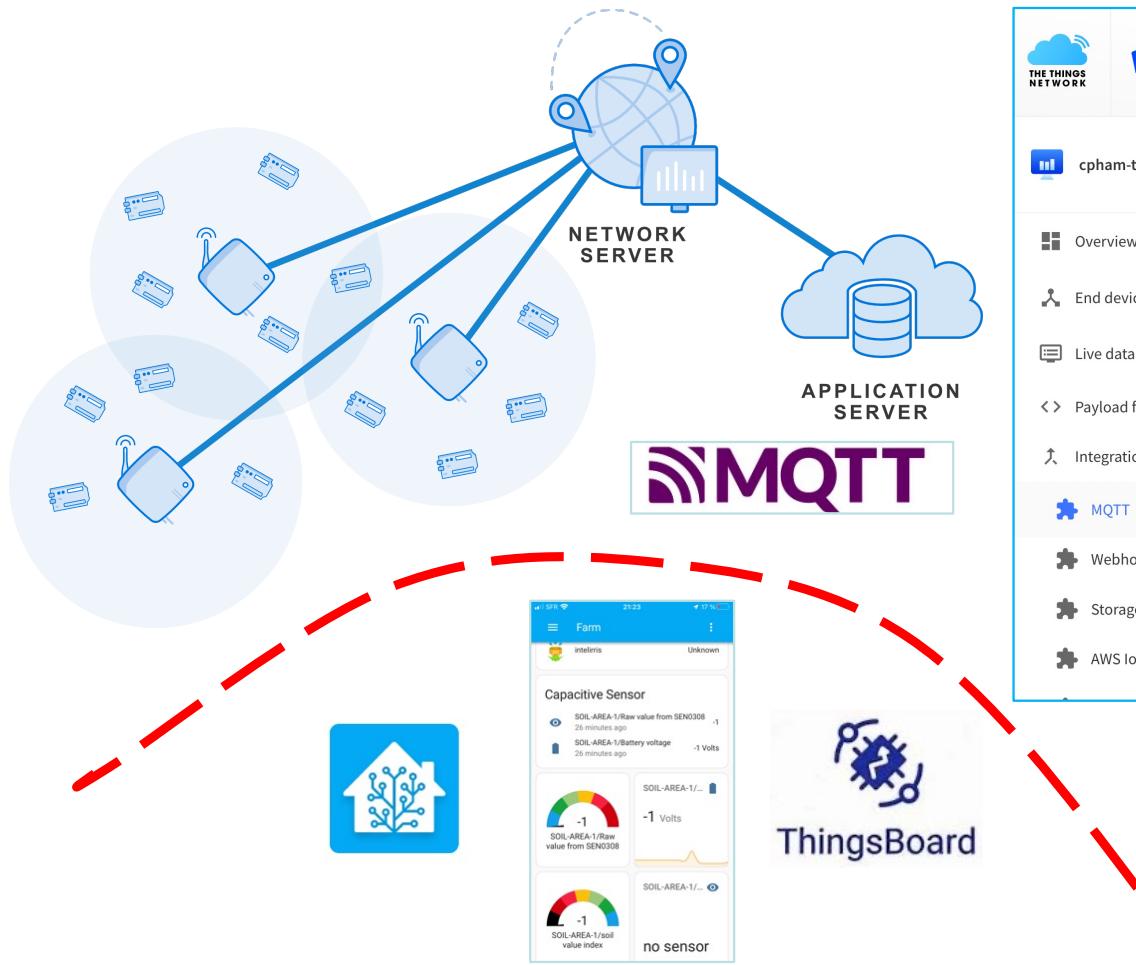


Integration from IoT clouds



Ex: TheThingNetwork

- TTN is a well-known LoRa IoT Network Provider



MQTT

MQTT is a publish/subscribe messaging protocol designed for IoT. Every application on TTS automatically exposes an MQTT endpoint. In order to connect to the MQTT server you need to create a new API key, which will function as connection password. You can also use an existing API key, as long as it has the necessary rights granted.

Further resources

- [MQTT server](#) | [Official MQTT website](#)

Connection information

MQTT server host

Public address: [\[copy\]](#)

Public TLS address: [\[copy\]](#)

MQTT implementing social media

- It is very easy to implement a social media app using MQTT
- WhatsApp-like example
 - Define MQTT topic per phone number
 - Alice: myWhatsApp/0655667788
 - Bob: myWhatsApp/0611223344
 - To receive/send message
 - Alice publishes to myWhatsApp/0611223344
 - Bob publishes to myWhatsApp/0655667788
 - Both subscribe to their own topic
 - To create a group
 - Alice creates a group showcase-iot
 - myWhatsApp/0655667788/showcase-iot
 - To join(publish) on(to) the group
 - Subscribe(publish) to myWhatsApp/0655667788/showcase-iot



0655667788



Alice

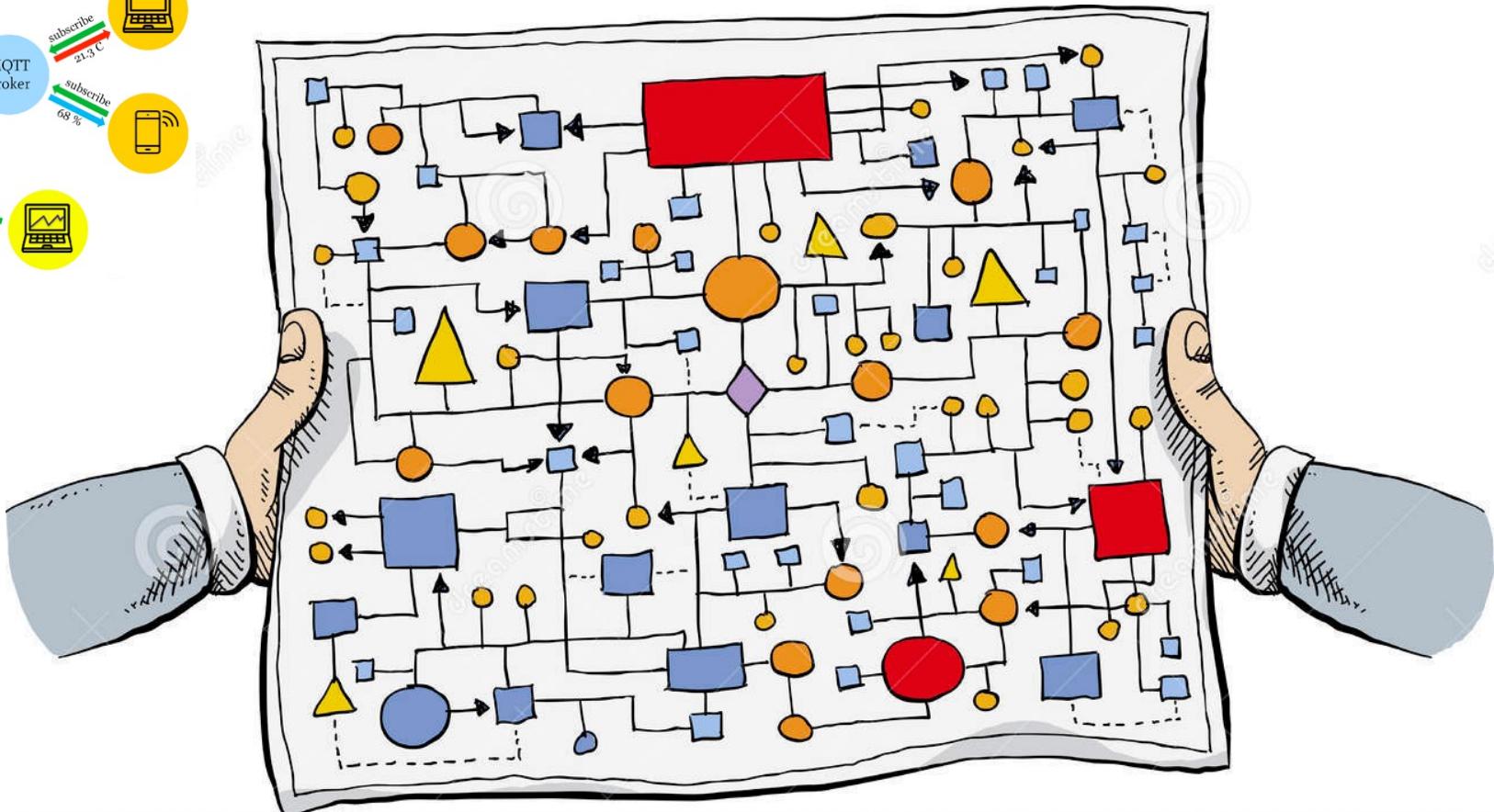
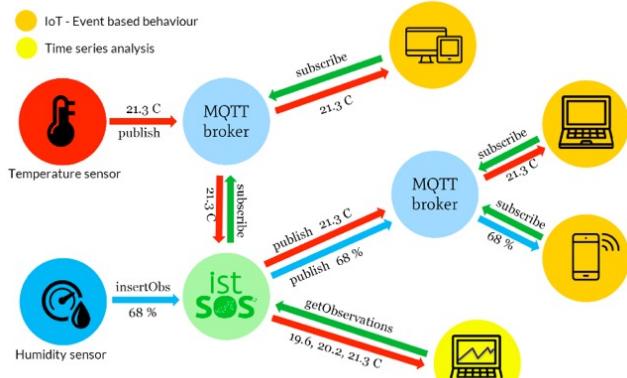


0611223344



Bob

Creating complex data flows?



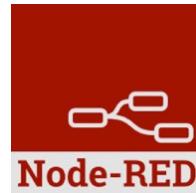
...without programming?



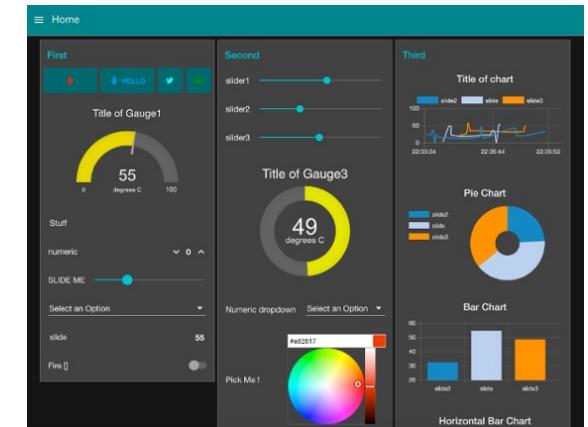
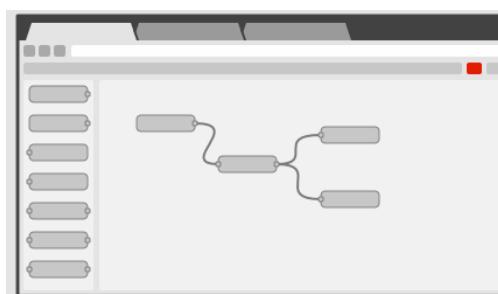
- End-users are not necessarily computer science experts nor high-skilled programmers



Node-RED

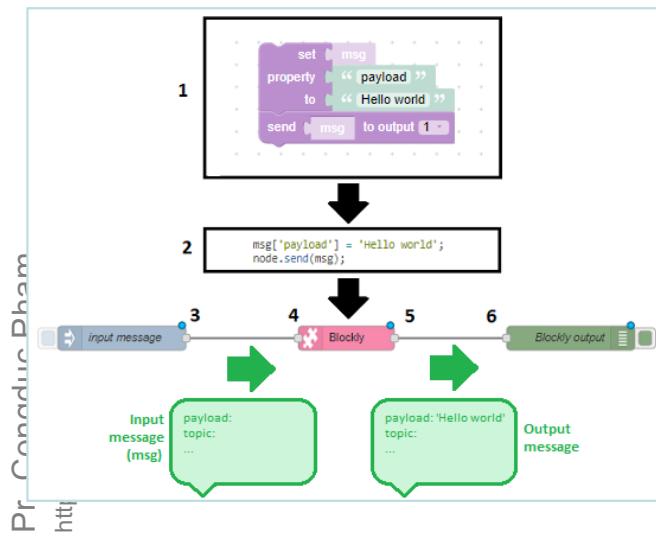


- Use graphical tools to build data processing flows, allowing intuitive connection from IoT data producers to IoT data consumers
- Node-RED is a programming tool for wiring together hardware devices, APIs and online services, e.g. clouds of various types
- provides a browser-based flow editor to wire together flows with a wide range of nodes

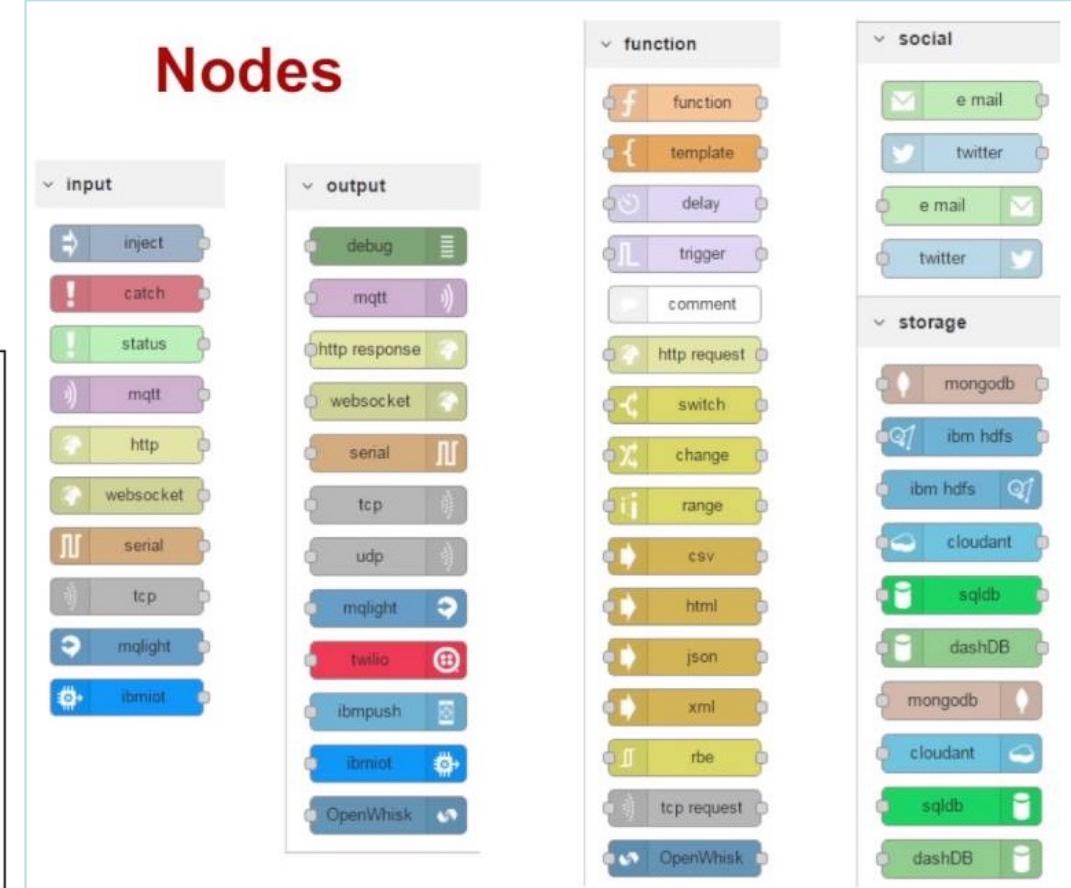


Node-RED blocks

Increasing number of Node-RED blocks

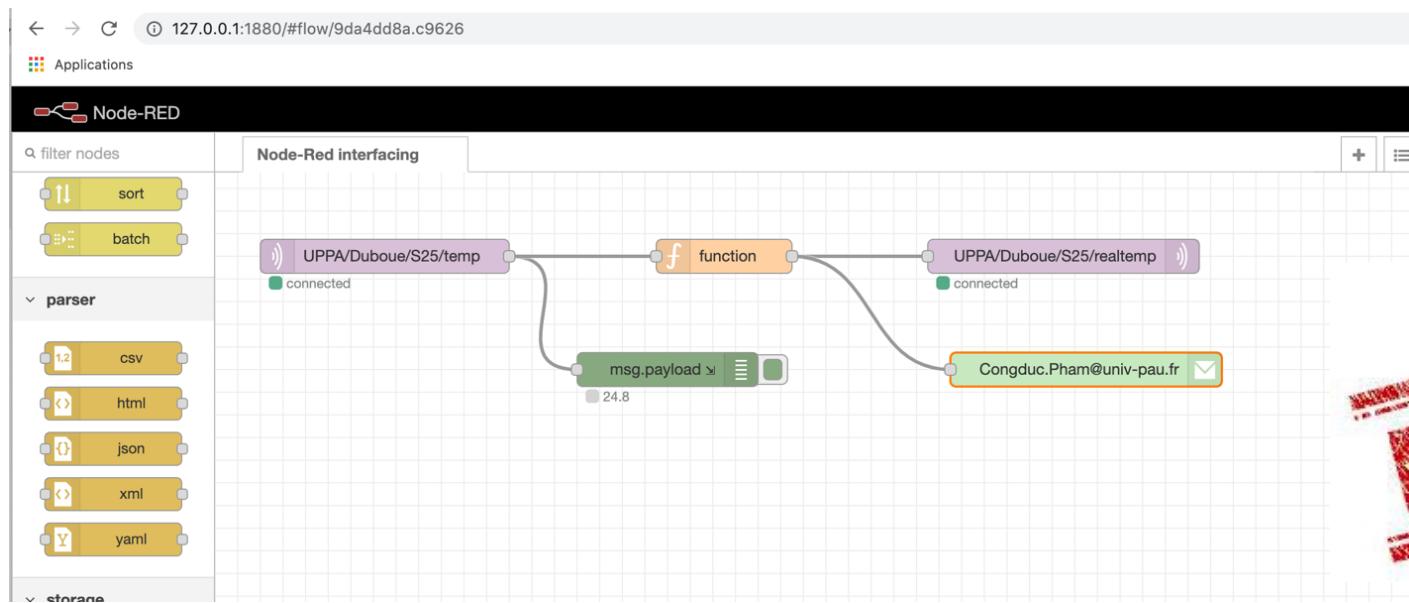


Nodes represent reusable pieces of code and logic. Node-RED comes with a core set of useful nodes, but there are a growing number of additional nodes available to install from both the Node-RED project as well as the wider community or you



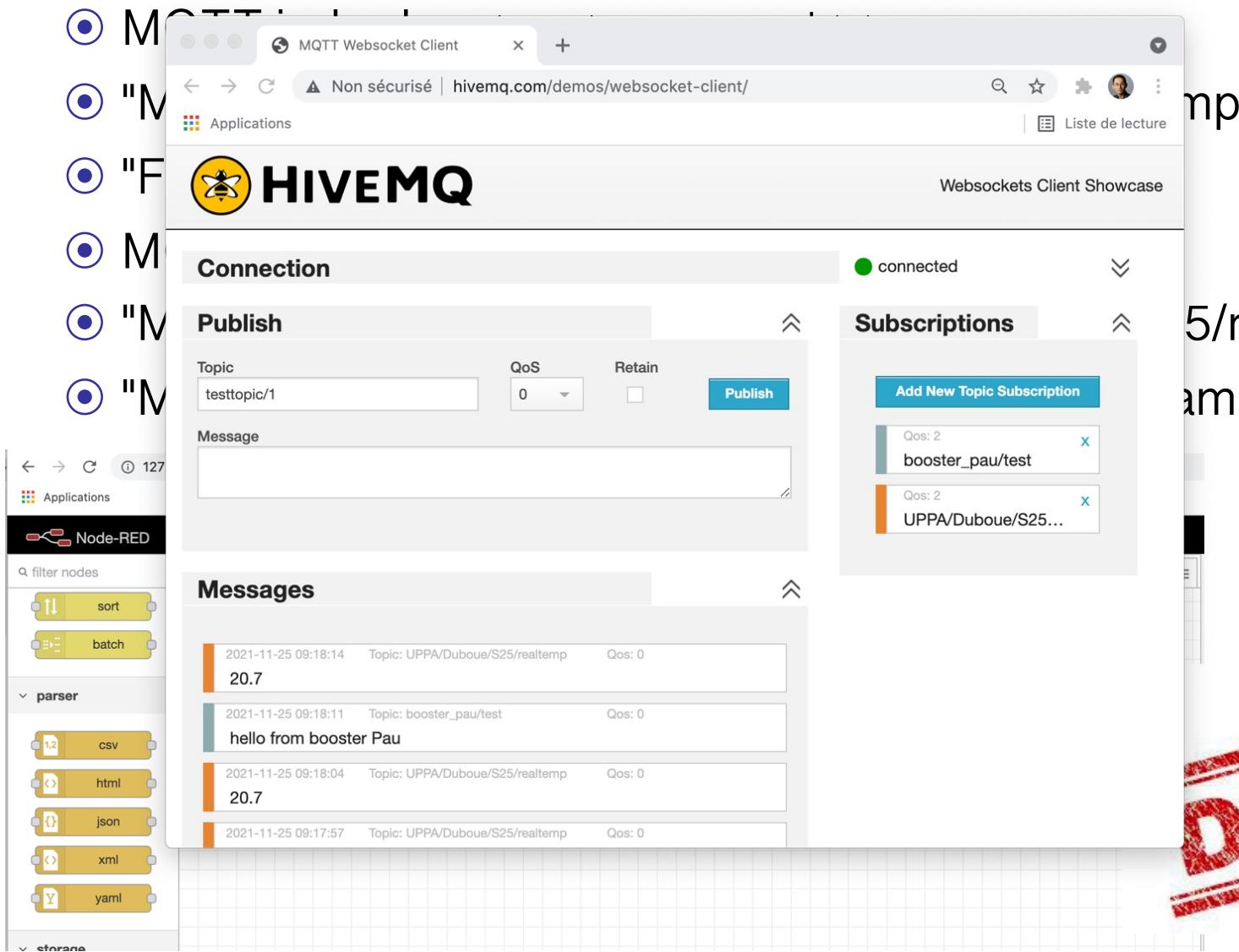
Simple MQTT Node-RED flow

- MQTT in-broker: test.mosquitto.org
- "MQTT in" node listens on UPPA/Duboue/S25/temp
- "Function" node to correct temperature by -1.8°C
- MQTT out-broker: broker.hivemq.com
- "MQTT out" node publishes on UPPA/Duboue/S25/realtemp
- "Mail" node sends corrected temp to Congduc.Pham@univ-pau.fr



DEMO

Simple MQTT Node-RED flow



np

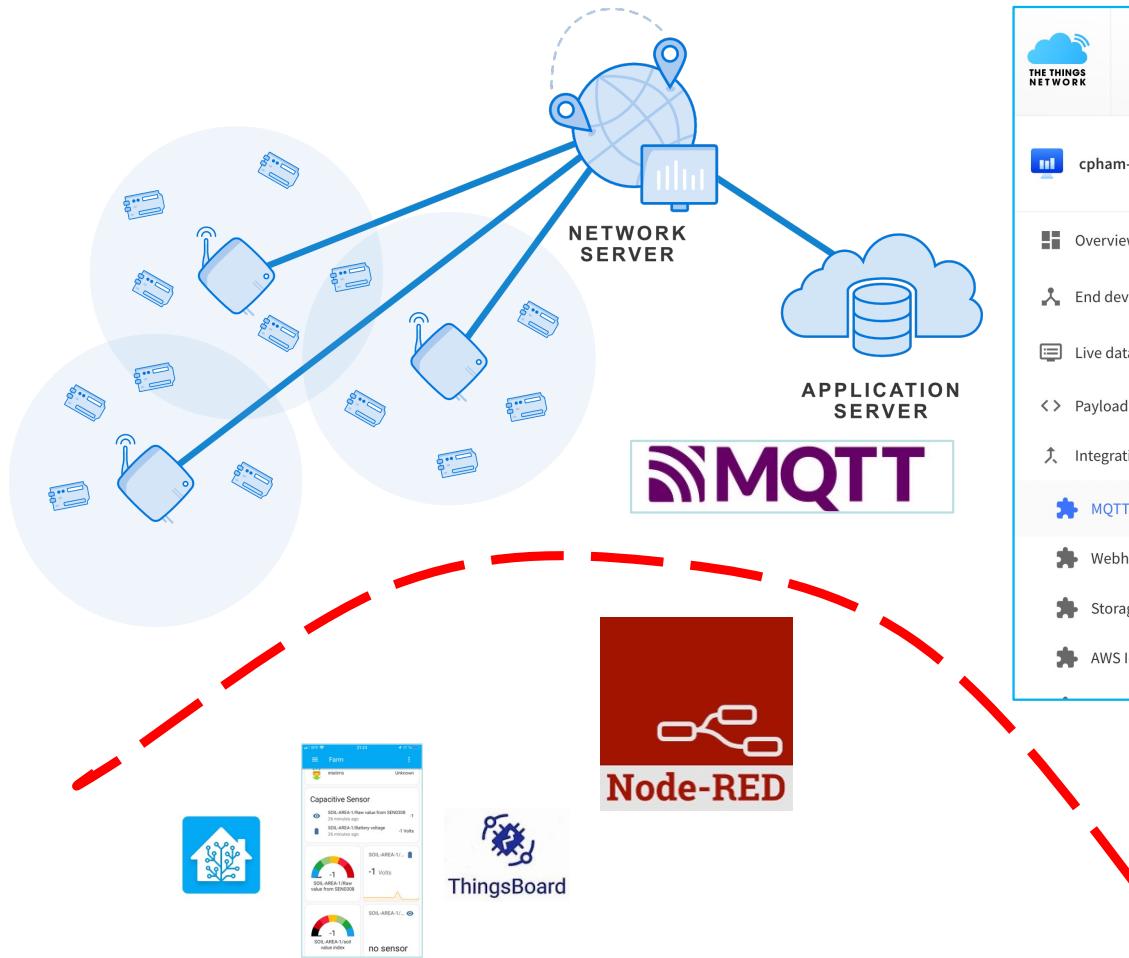
5/realtemp

am@univ-pau.fr

DEMO

TheThingNetwork + Node-Red

- TTN is a well-known LoRa IoT Network Provider



The screenshot shows the **THE THINGS STACK Community Edition** interface. The top navigation bar includes **Overview**, **Applications** (which is selected), **Gateways**, and **Organizations**. The left sidebar has links for **cpham-tests**, **Overview**, **End devices**, **Live data**, **Payload formatters**, **Integrations**, **MQTT** (selected), **Webhooks**, **Storage Integration**, and **AWS IoT**. The main content area is titled **MQTT** and contains the following text:

MQTT is a publish/subscribe messaging protocol designed for IoT. Every application on TTS automatically exposes an MQTT endpoint. In order to connect to the MQTT server you need to create a new API key, which will function as connection password. You can also use an existing API key, as long as it has the necessary rights granted.

Further resources

- [MQTT server](#) | [Official MQTT website](#)

Connection information

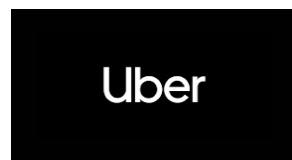
MQTT server host

- Public address:
- Public TLS address:

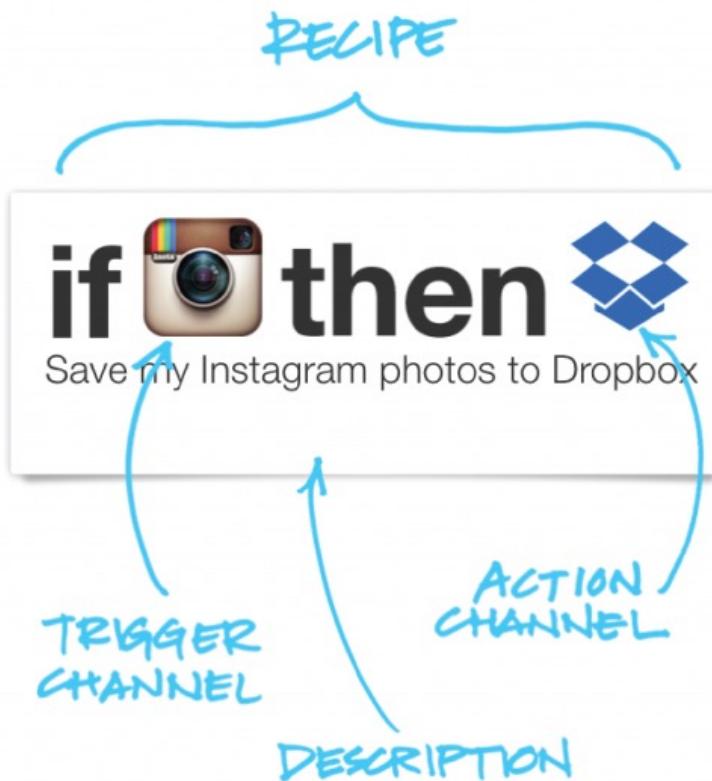
Generalizing interactions?



Adding interactions?



IF THIS THEN THAT applets



Some example Recipes

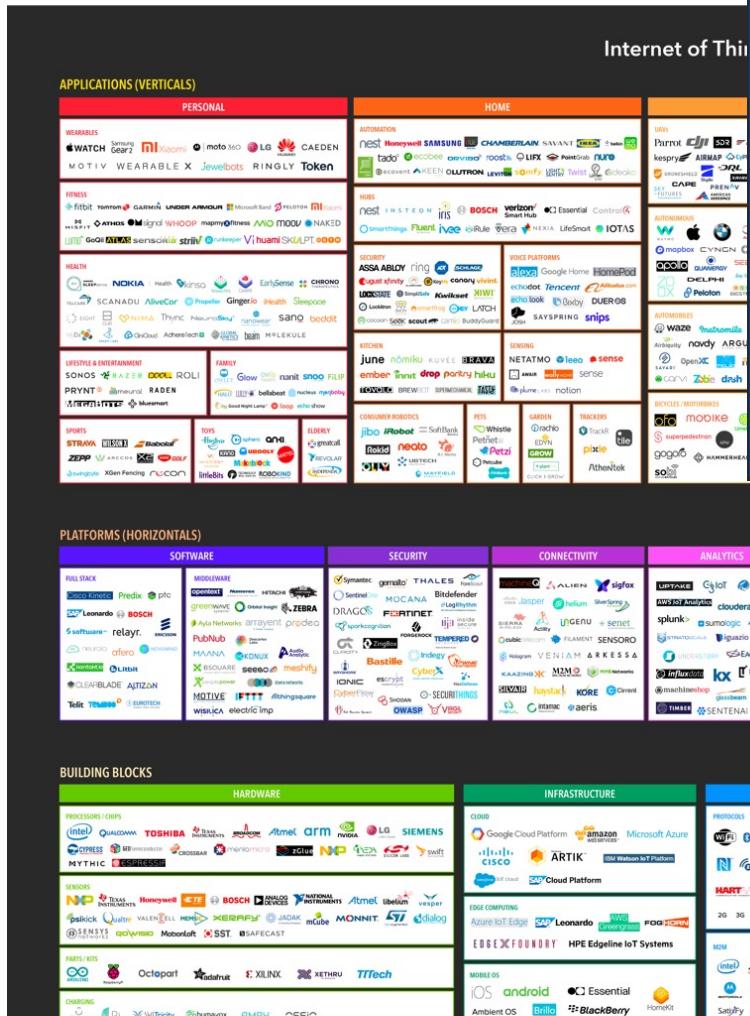
- 

if  **then** 
Nearly home? Direct message the person who should know
- 

if  **then** 
Email your new iPhone photos to yourself
- 

if  **then** 
Backup your contacts to a Google Spreadsheet

IoT landscape



© Matt Turck (@mattturck), Demi Obayomi (@demi_obayomi) & FirstMark Capital (@firstmarkcap)

Final version, revised and updated as of February 7, 2018

FIRST

IoT: Understanding the technologies and challenges of the Internet of Things



Capsule Booster – 2022

Prof. Congduc Pham
<http://www.univ-pau.fr/~cpham>



Horizon 2020
European Union funding
for Research & Innovation



IoT – from idea to reality
WAZIhub



Paving for the next 10 years
of innovation in IoT and AI



Advanced and disruptive IoT/AI technologies targeting
the smallholder community for increased resilience