

IOT Online Course

Developing low-cost & open-source IoT solutions

A-IOT-3: The Challenge of Deploying Dense IoT Networks

Prof. Congduc Pham
<http://www.univ-pau.fr/~cpham>
Université de Pau, France



🔗 <http://diy.waziup.io>

The screenshot shows a web browser window with the URL `cpham.perso.univ-pau.fr/LORA/HUBIQUITOUS/solution-lab/arduino-lora-tutorial/intro`. The page title is "Introduction | Arduino LoRa IoT". The website has a dark sidebar menu with the following items: Introduction, Microcontrollers, Arduino IDE, Sensors, Advanced boards, MQTT, Node-RED, LoRa communication, WaziDev board, and Solution Lab. The main content area is titled "INTRODUCTION" and contains text about the online tutorial on Arduino, Sensors, IoT and LoRa technology. It mentions that the tutorial is funded by the European Union in the H2020 research program and is intended to provide comprehensive and guided training in training, hackathons, bootcamps, and entrepreneur's days. The main contributors are Muhammad Ehsan and Congduc Pham. The text also states that the tutorial starts with the basics of Arduino programming to understand sensing systems that are the foundation of Internet-of-Things (IoT) concepts. In a second step, it covers various protocols and technologies with a focus on LoRa radio technology, which is a low-cost, long-range and energy-efficient IoT device. Below the text, there are logos for WAZIUP (Feb 2016 - 2019) and WAZIHUB (May 2018 - 2021), along with maps of Europe and Africa showing project locations. There are also images of various IoT hardware components and a circular diagram illustrating the IoT ecosystem.

IOT COURSES

WAZIUP IoT Courses

For users who want to gain knowledge on IoT in a step-by-step lecture mode, we have defined the following curriculum with materials from both existing sources and specific materials produced by WAZIUP/WAZIHUB project.

«Fundamental of IoT»

F-IOT-1a: What is IoT ?

- WAZIUP Quick introduction to IoT
- WAZIUP IoT and Big Data Platform
- Intel IoT -- What Does The Internet of Things Mean?
- Edureka -- Internet of Things (IoT) - A Complete Guide
- Geospatial IoT -- IoT- What is IoT?
- IBM Think Academy -- How It Works

F-IOT-1b: Introduction to Basic Electronics

- WAZIUP Introduction To Basic Electronics
- Introduction To Basic Electronics - Instructables
- Basic Electronics - Instructables
- WAZIUP Introducing physical sensors, part 1
- WAZIUP Introducing physical sensors, part 2

F-IOT-2: IoT ecosystem and hardware

- WAZIUP F-IOT-2a: Wireless Communication Essentials
- WAZIUP F-IOT-2b: Understanding IoT Devices, Architecture & Ecosystem
- WAZIUP F-IOT-2c: Introduction to IoT hardware

F-IOT-3: Introduction to Arduino IDE

- Introduction to Arduino IDE - YouTube
- WAZIUP Presentation of the Arduino IDE
- WAZIUP Setting up the Arduino IDE

F-IOT-4: WAZIUP IoT ecosystem

- WAZIUP F-IOT-4: WAZIUP Open Technologies for Low-cost IoT

F-IOT-1b: Introduction to Basic Electronics

- WAZIUP Introduction To Basic Electronics -
- Introduction To Basic Electronics - MakerSpaces
- Basic Electronics - Instructables
- WAZIUP Introducing physical sensors, part 1
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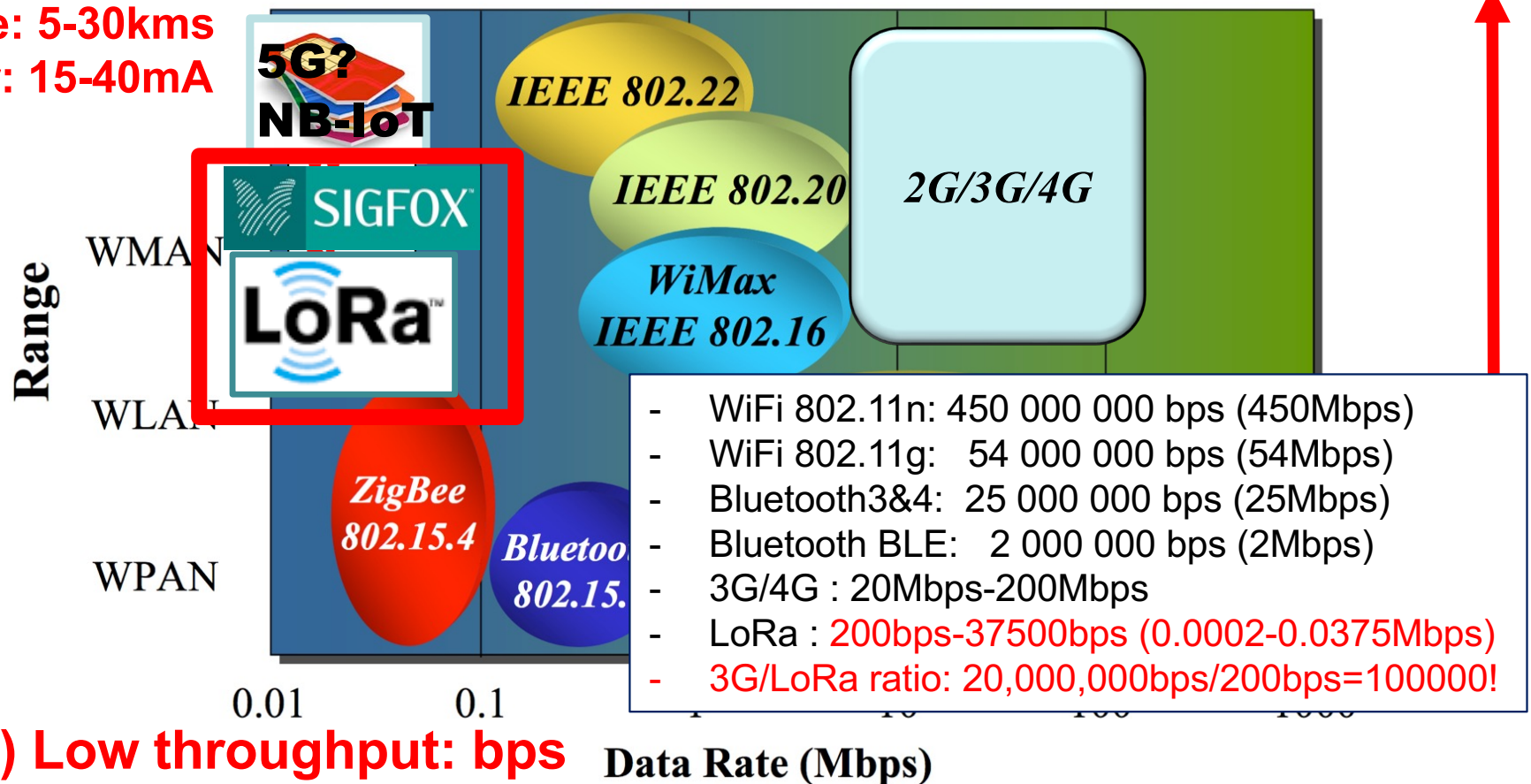
F-IOT-4: WAZIUP IoT ecosystem

- WAZIUP F-IOT-4: WAZIUP Open Technologies for Low-cost IoT

Low-power & long-range radios

Energy-Range dilemma

Long-range: 5-30kms
Low-power: 15-40mA



Transmitting: TC/22.5/HUM/67.7 ; about 20 bytes with packet header
Time on air can be 1.44s with LoRa

Expected range?

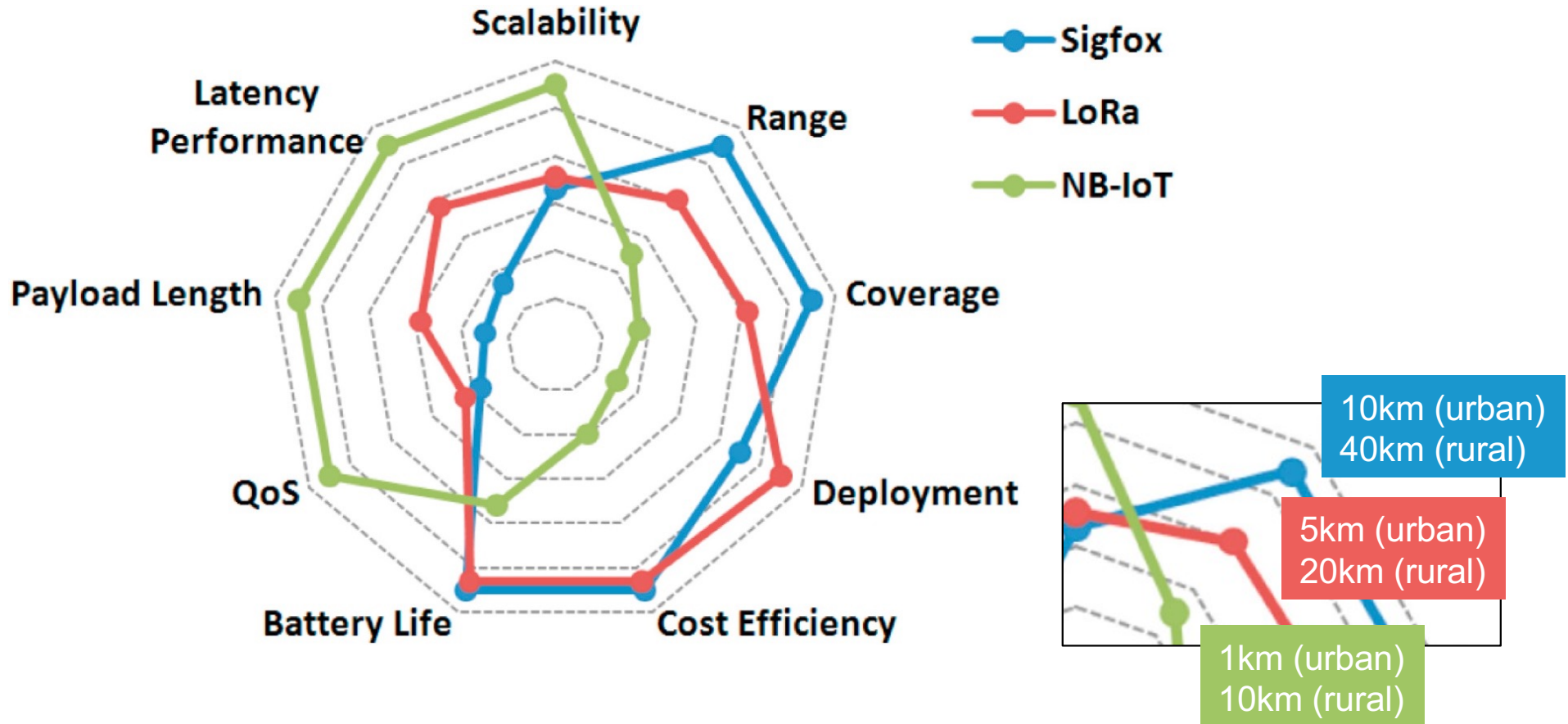


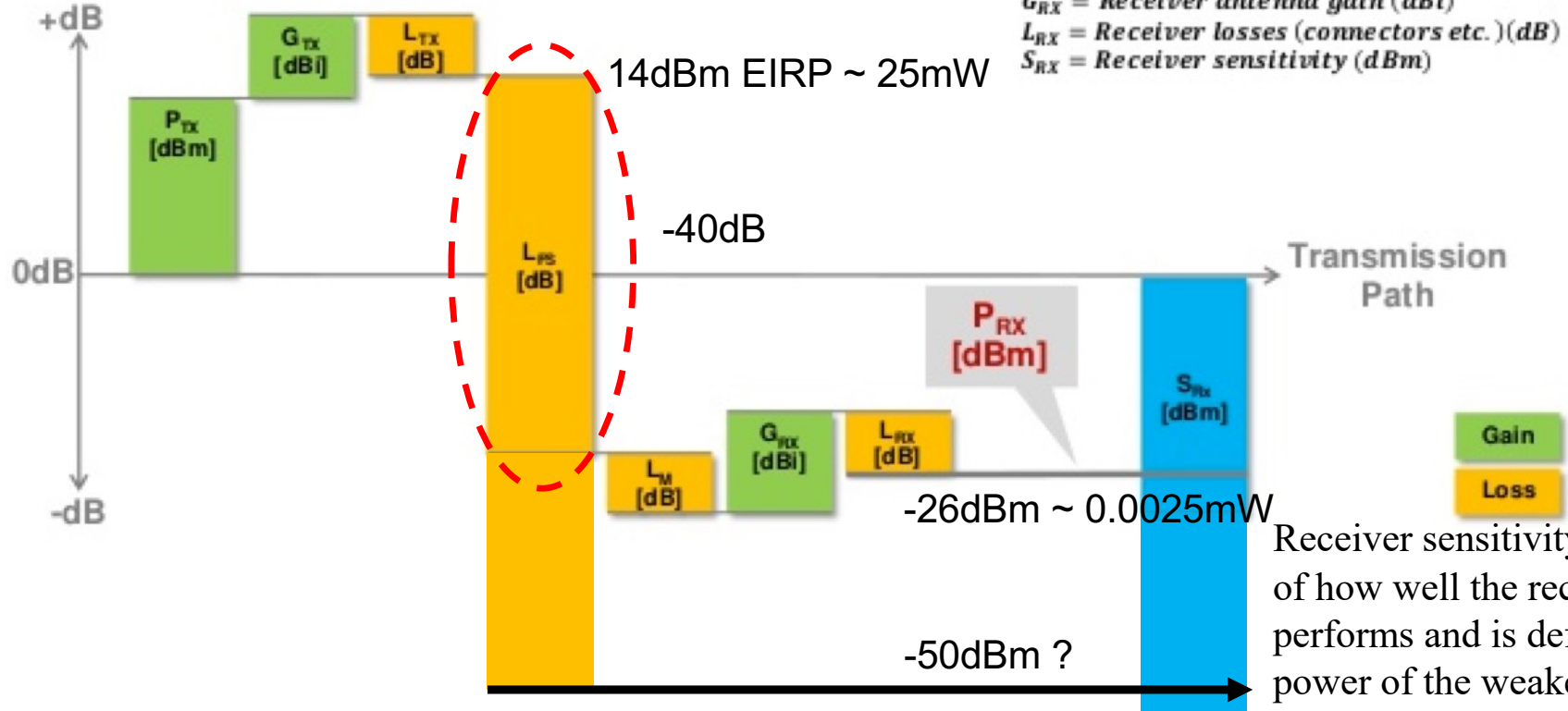
Figure from Kais Mekki, Eddy Bajic, Frederic Chaxel, Fernand Meyer, A comparative study of LPWAN technologies for large-scale IoT deployment, ICT Express, Volume 5, Issue 1, 2019.

Link budget in wireless system

$$P_{RX} = P_{TX} + G_{TX} - L_{TX} - L_{FS} - L_M + G_{RX} - L_{RX}$$

- P_{RX} = Received power (dBm)
- P_{TX} = Sender output power (dBm)
- G_{TX} = Sender antenna gain (dBi)
- L_{TX} = Sender losses (connectors etc.)(dB)
- L_{FS} = Free space loss (dB)
- L_M = Misc. losses (multipath etc.)(dB)
- G_{RX} = Receiver antenna gain (dBi)
- L_{RX} = Receiver losses (connectors etc.)(dB)
- S_{RX} = Receiver sensitivity (dBm)

Adapted from Peter R. Egli, INDIGOO.COM



Receiver sensitivity is a measure of how well the receiver performs and is defined as the power of the weakest signal the receiver can detect

How can we increase range?

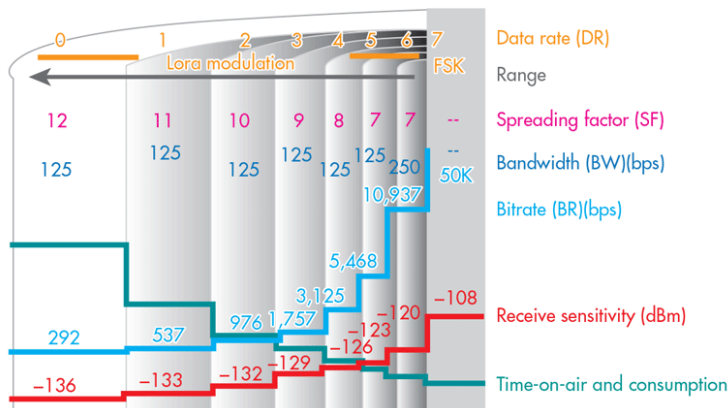


I'm not fluent in idiot
could you please speak



more slowly?

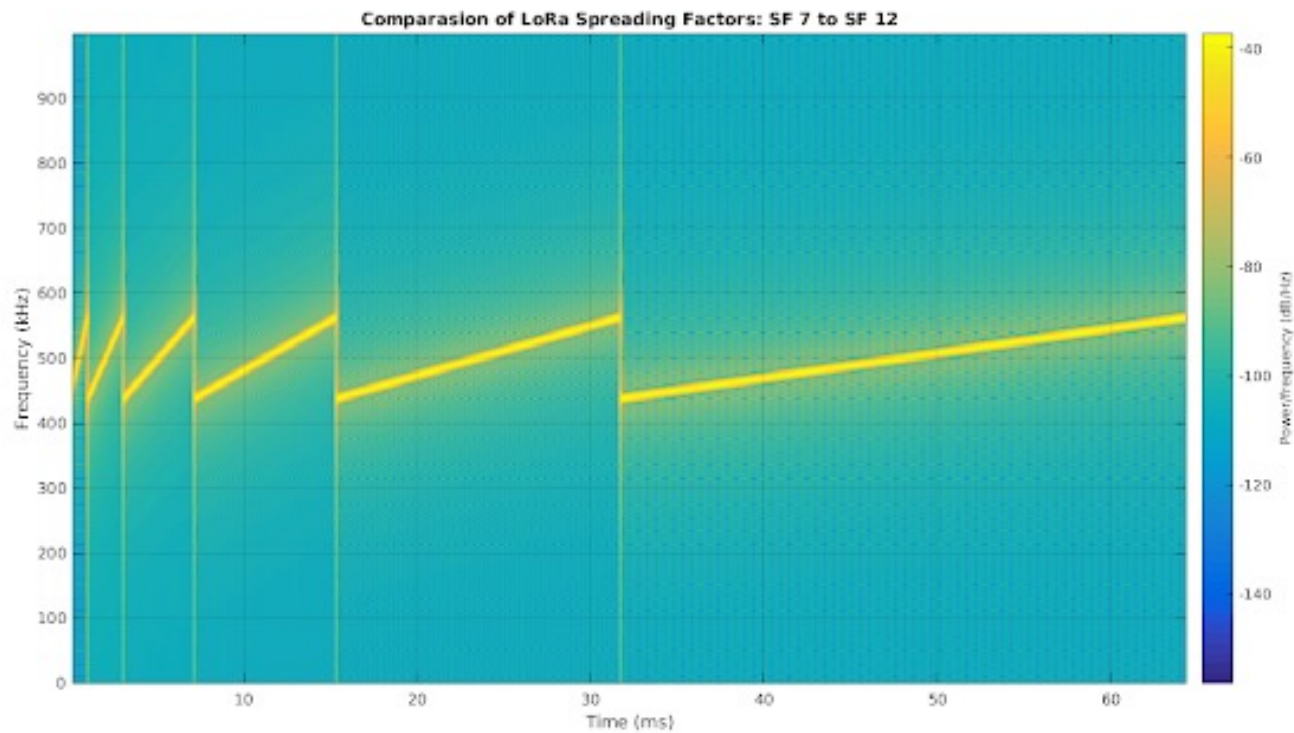
- ⦿ Increase TX power and/or improve RX sensitivity
- ⦿ Generally, RX sensitivity (~robustness) can be increased when transmitting (much) slower **(like speaking slower!)**
- ⦿ LoRa uses spread spectrum approach to increase RX sensitivity
 - ⦿ Spreading Factor defines how many chips will be used to code a symbol. More chip/symbol=longer transmission time \Rightarrow more robustness
- ⦿ **The price to pay for LPWAN**
 - ⦿ LoRa has **very low** throughput: **200bps-37500bps (0.2-37.5kbps)**



SpreadingFactor (RegModulationCfg)	Spreading Factor (Chips / symbol)	LoRa Demodulator SNR
6	64	-5 dB
7	128	-7.5 dB
8	256	-10 dB
9	512	-12.5 dB
10	1024	-15 dB
11	2048	-17.5 dB
12	4096	-20 dB

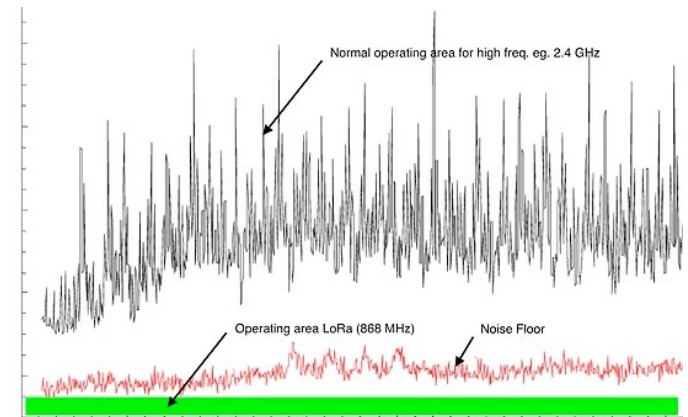
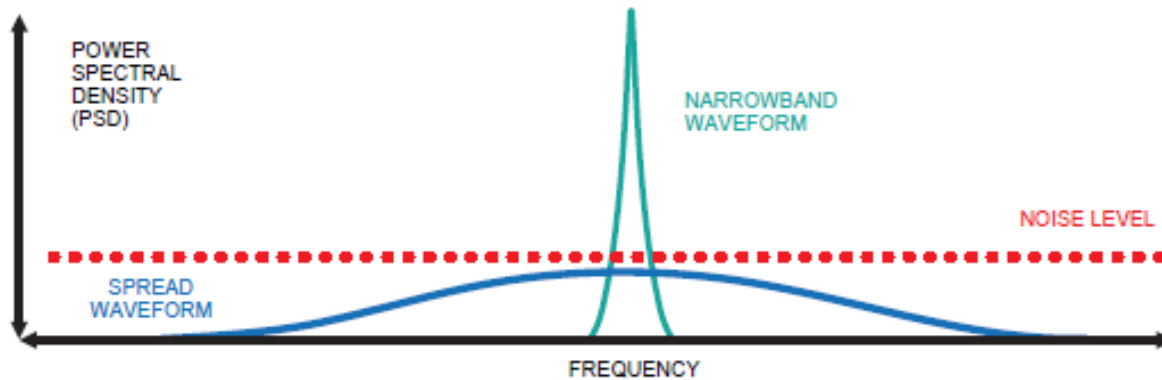
Spreading factor in image

- Higher spreading factor means lower data rate but increased receiver sensitivity -> speaking slower!

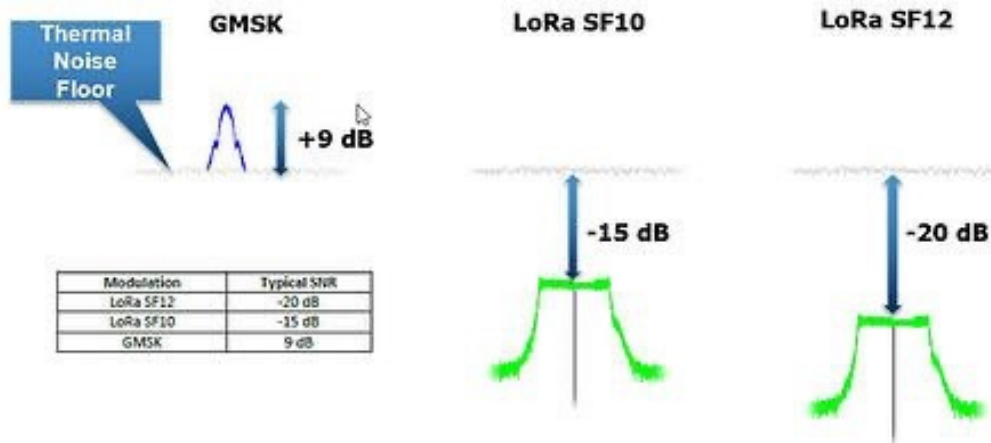


Advantage of Spread Spectrum

- Spread Spectrum techniques are usually more robust to noise



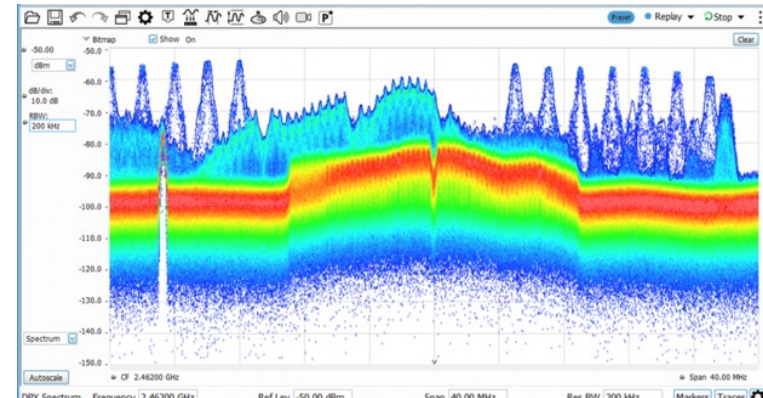
- LoRa signals can be decoded below noise floor



SpreadingFactor (RegModulationCfg)	LoRa Demodulator SNR
6	-5 dB
7	-7.5 dB
8	-10 dB
9	-12.5 dB
10	-15 dB
11	-17.5 dB
12	-20 dB

Large-scale IoT deployment

- More devices: **more traffic, more interferences & collisions!**
- 1 msg/20min = 3 msg/h. For 1000 devices = almost 1 msg/s!

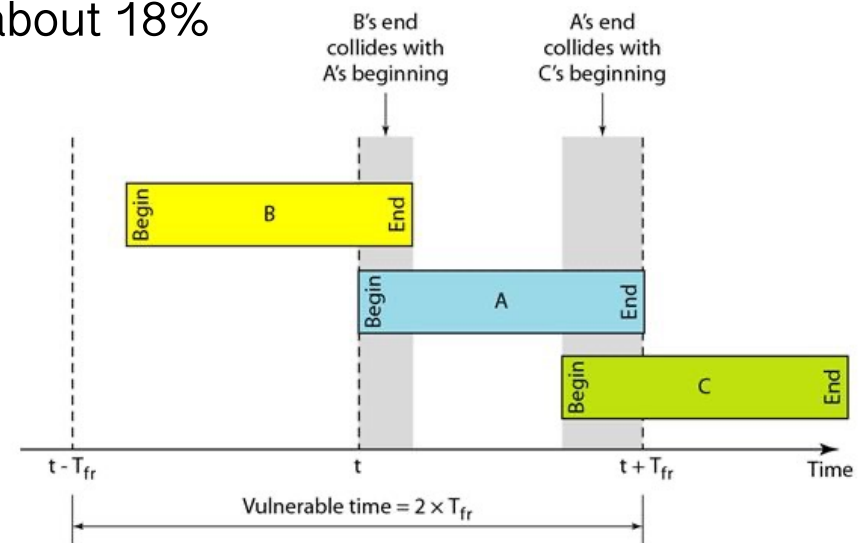
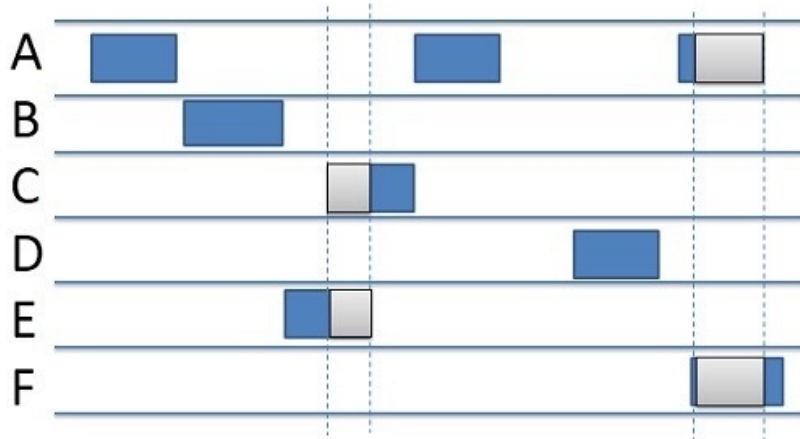


- More gateways **increases coverage** so can increase SF diversity: **transmissions with small SF can reach a gateway**



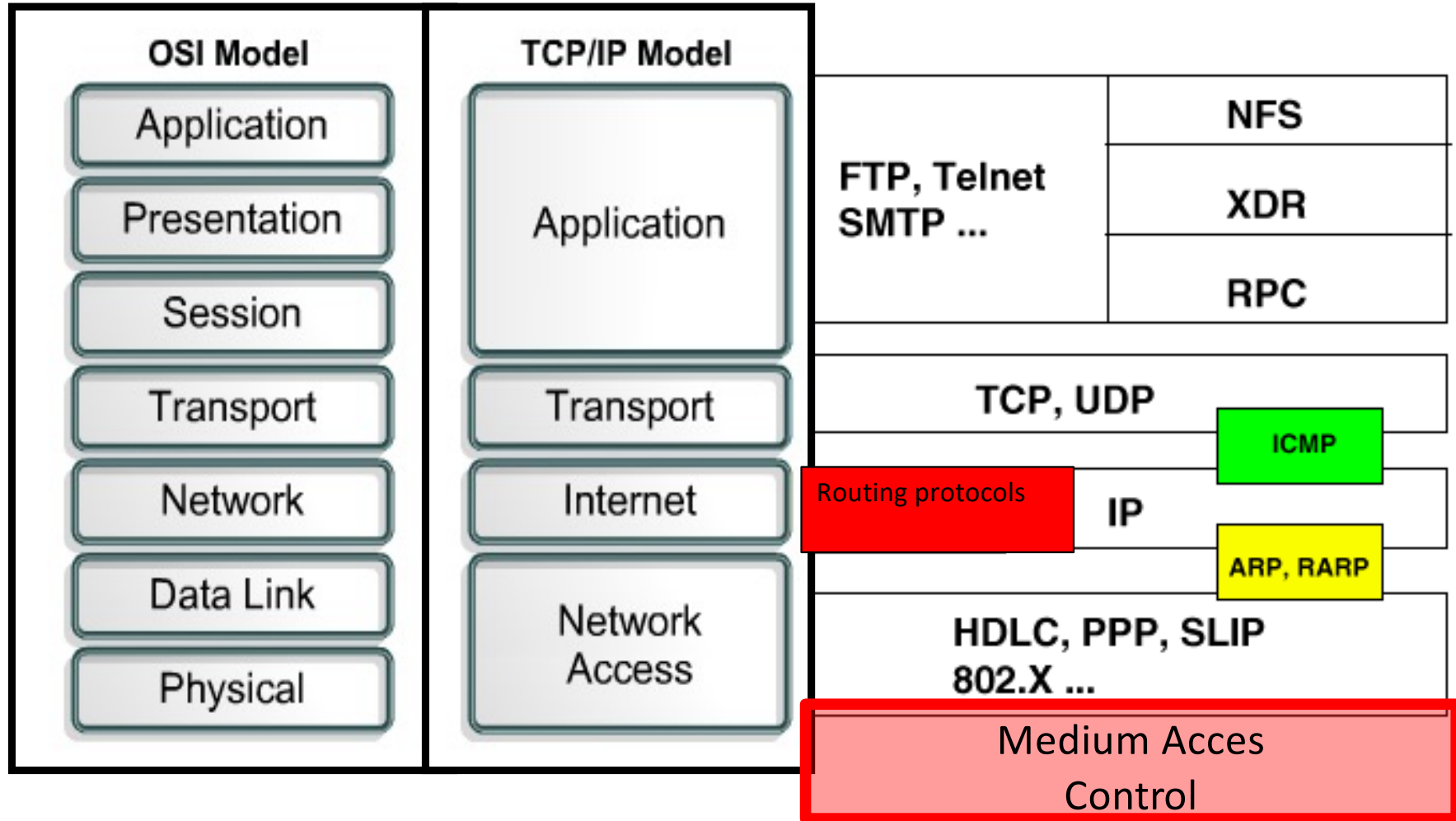
Concurrent channel access

- ⦿ So-called ALOHA system
 - ⦿ Anybody can talk at any time
 - ⦿ Vulnerable time is $2 \times T_{\text{pkt}}$
 - ⦿ Max efficiency is known to be at about 18%



- ⦿ If there is always overlapping transmissions during the packet transmission time, success probability is close to 0!

MAC layer

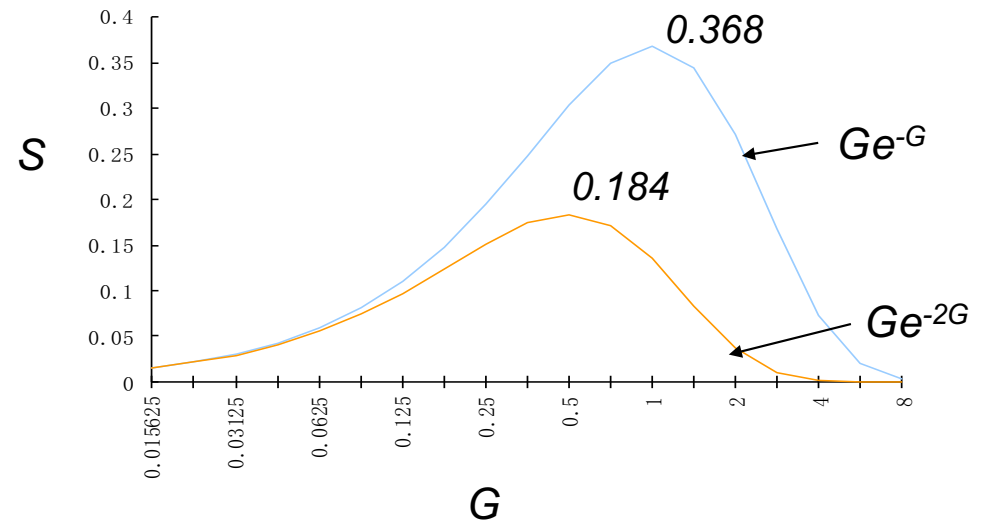
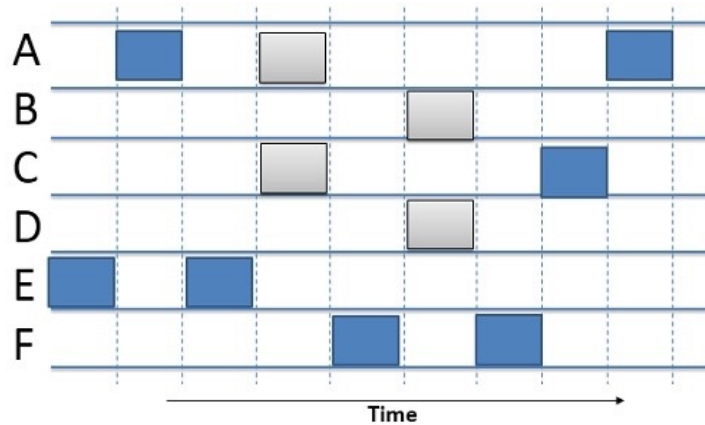


MAC approaches

- ⊙ Deterministic
 - ⊙ Cooperation and/or pre-allocation mechanism to assign transmission slots
 - ⊙ e.g. TDMA (Time Division Multiple Access)
- ⊙ Competition
 - ⊙ Allow multiple access
 - ⊙ But only one node eventually wins to obtain a successful transmission
 - ⊙ e.g. CSMA (Carrier Sense Multiple Access)
- ⊙ Hybrid
 - ⊙ Competition, then Deterministic if needed

Slotted ALOHA

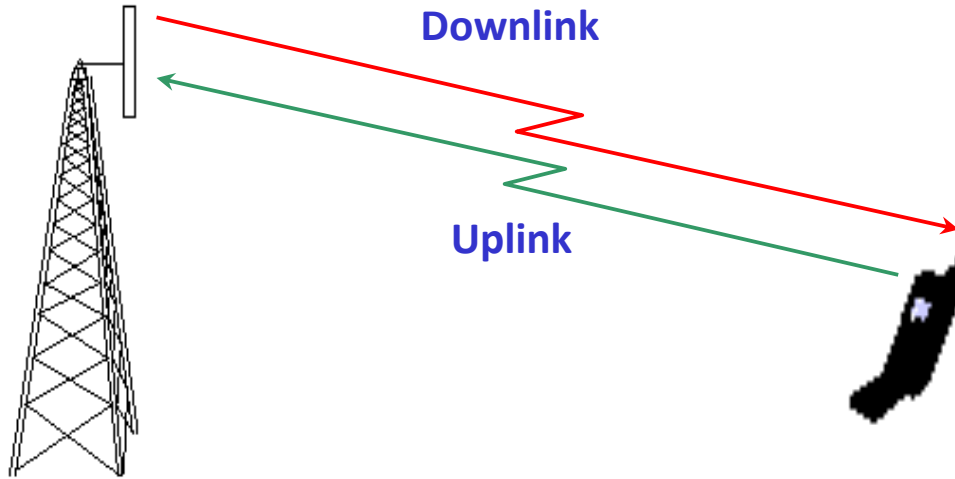
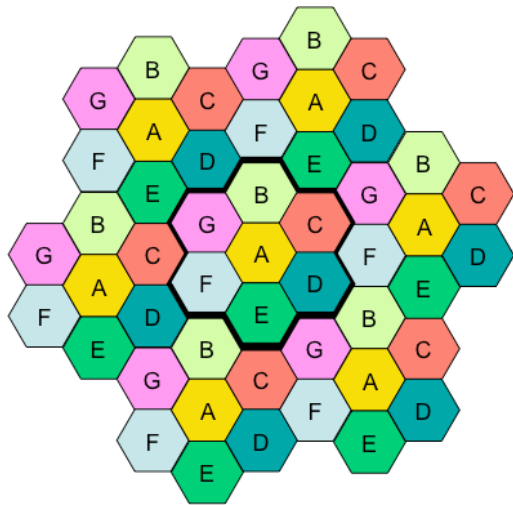
- ⦿ Can only send at the beginning of a slot
- ⦿ Reduces the vulnerable time
- ⦿ Max efficiency is known to increase to about 37%



- ⦿ But slotted mode needs higher level of coordination

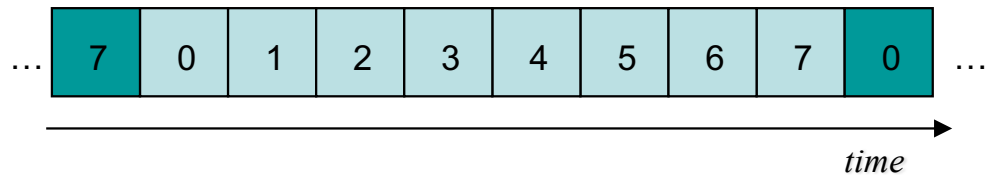
TDMA: e.g. GSM (2G)

Channels

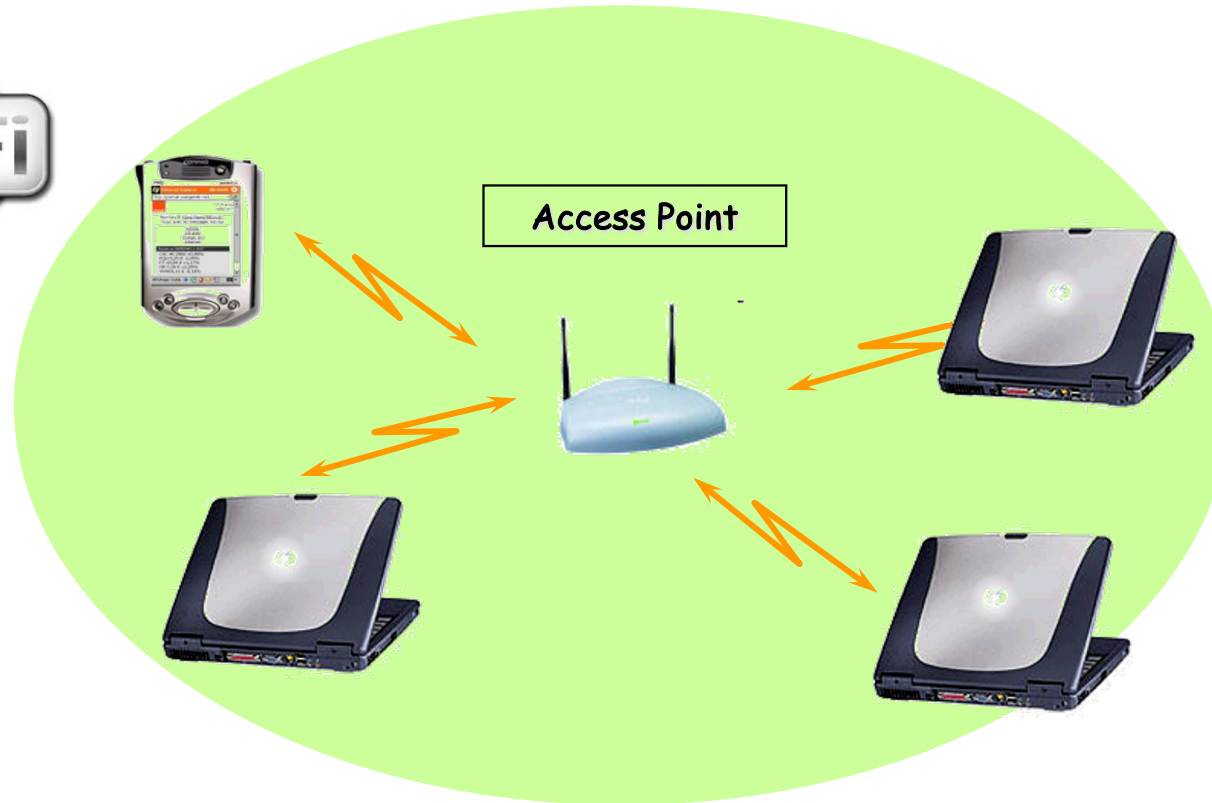


8 Time Slots per frame

Duration of a TDMA frame = 4.62 ms



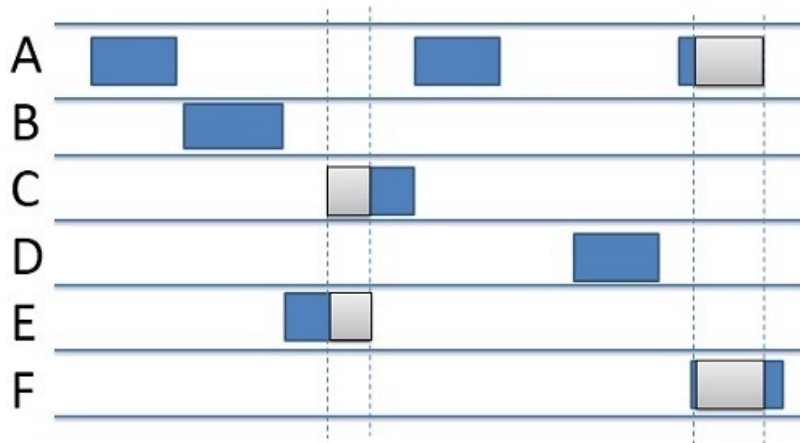
CSMA: e.g. WIFI 802.11



- Uses CSMA/CA, a contention-based access method

What MAC in LoRa networks?

- LoRa networks are basically ALOHA system!



- So, if ALOHA efficiency is low, how can LoRa scalability be improved?

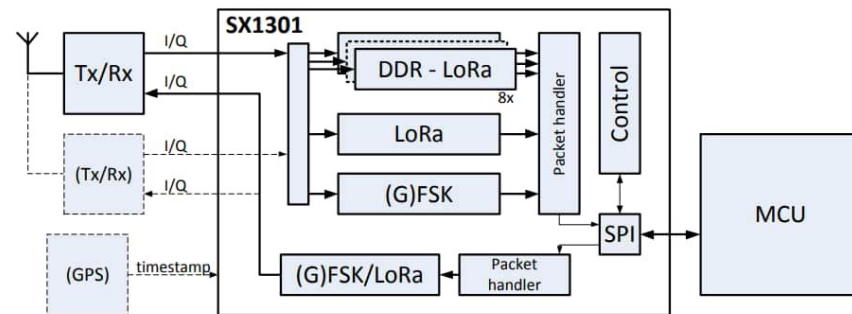
Frequency diversity

- ⦿ A full LoRaWAN gateway should be able to listen on **multiple channels (x8) and spreading factors (SF7-SF12)**

EU863-870	
Uplink:	
1.	868.1 - SF7BW125 to SF12BW125
2.	868.3 - SF7BW125 to SF12BW125
3.	868.5 - SF7BW125 to SF12BW125
4.	867.1 - SF7BW125 to SF12BW125
5.	867.3 - SF7BW125 to SF12BW125
6.	867.5 - SF7BW125 to SF12BW125
7.	867.7 - SF7BW125 to SF12BW125
8.	867.9 - SF7BW125 to SF12BW125
9.	868.8 - FSK



- ⦿ They are mostly based on the Semtech SX1301 radio concentrator



Towards more frequency diversity

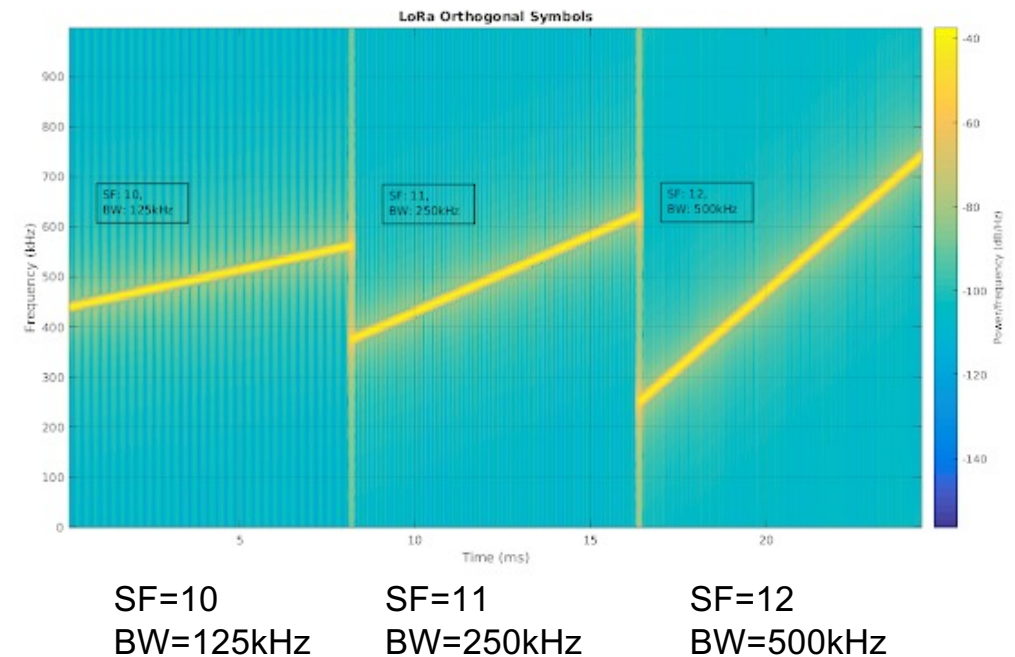


- 8 channels is standard
- 16 channels is now becoming available and affordable
- Not unrealistic to foresee 24 & 32 channels gateways

Part Number	8 Channel SX1301	16 channel SX1301	Cat4 Cellular	GPS	WIFI	Battery Backup
RAK7249-0x-14x	√		√	√	√	
RAK7249-1x-14x		√	√	√	√	
RAK7249-2x-14x	√		√	√	√	√
RAK7249-3x-14x		√	√	√	√	√
RAK7249-0x	√			√	√	
RAK7249-1x		√		√	√	
RAK7249-2x	√			√	√	√
RAK7249-3x		√		√	√	√

Low-level LoRa interference mitigation techniques

- Orthogonal "chirpyness"
- Different chirp rate can be achieved by different spreading factors and/or by different bandwidths
- LoRa symbols can be simultaneously transmitted and received **on a same channel without interference**
- LoRa has **7 spreading factors** (SF6 - SF12) and **10 different bandwidths in kHz** (7.8, 10.4, 15.6, 20.8, 31.2, 41.7, 62.5, 125, 250, 500). **125kHz, 250kHz & 500kHz most used**



Not always orthogonal!

- Symbol rate $R_s = BW/2^{SF}$ and Symbol period $T_s = 1/R_s$
- Chirp rate = $BW \cdot (\text{Symbol rate})$
- So Chirp rate = $BW^2/2^{SF}$
- i.e. slope = $(f_{\max} - f_{\min})/T_s = BW/(2^{SF}/BW) = BW^2/2^{SF}$

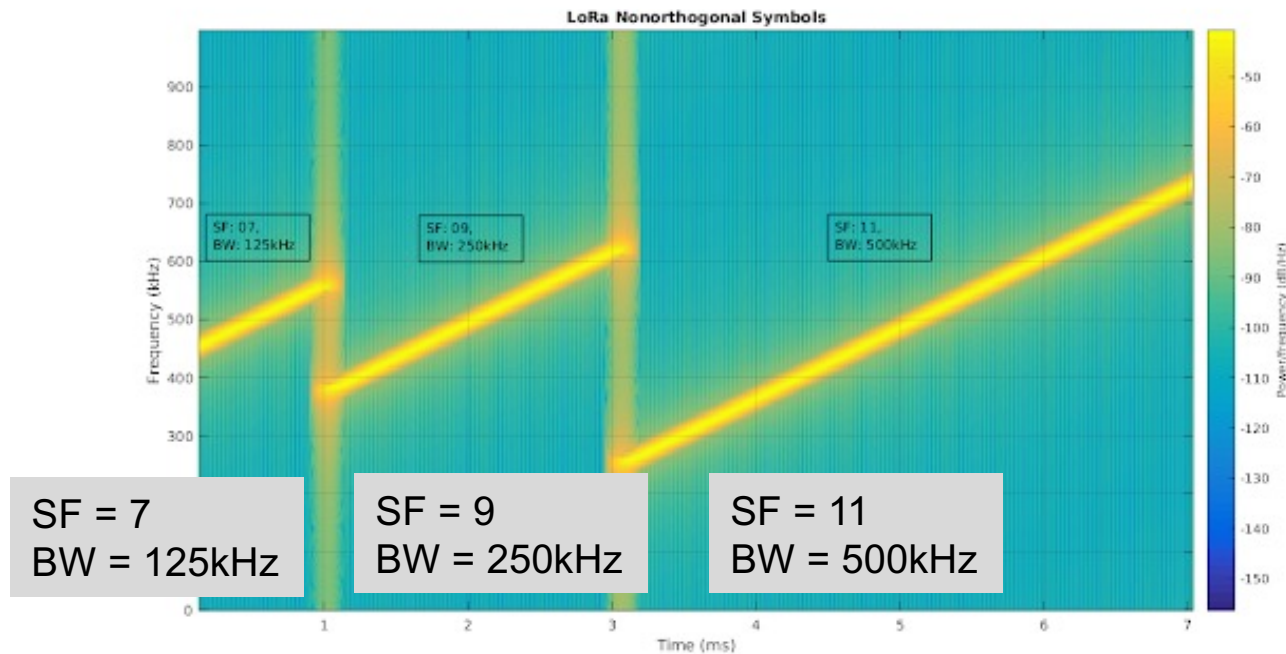


Figure from "All About LoRa and LoRaWAN", <https://www.sghoslya.com>


Orthogonal combinations

SF		7	8	9	10	11	12	7	8	9	10	11	12	7	8	9	10	11	12
	BW	125	125	125	125	125	125	250	250	250	250	250	250	500	500	500	500	500	500
7	125	x								x									x
8	125		x								x								
9	125			x								x							
10	125				x								x						
11	125					x													
12	125						x												
7	250							x											x
8	250								x										
9	250	x								x									
10	250		x								x								
11	250			x								x							
12	250				x								x						
7	500													x					
8	500														x				
9	500							x								x			
10	500								x								x		
11	500	x								x								x	
12	500		x								x								x

Unlicensed ≠ Unregulated

- ⦿ LoRa currently works in unlicensed band (sub-GHz & 2.4GHz)
- ⦿ Unlicensed = possible usage free of charge
 - ⦿ Example: WiFi in the 2.4GHz ISM band
 - ⦿ Shared between a large variety and number of users
- ⦿ For sub-GHz band, ETSI's regulations
 - ⦿ Limit duty-cycle (<1%, i.e. 36s/h),
 - ⦿ Limit transmit power (i.e. 14dBm),
- ⦿ For sub-GHz band, FCC's regulations
 - ⦿ Mandatory frequency hopping,
 - ⦿ Minimum number of frequency sub-channels
 - ⦿ limited dwell time (400ms),
- ⦿ **GOAL = limit radio activity for a "reasonable" usage**

Side effect of frequency plans

EU863-870 	
Uplink:	
1. 868.1 - SF7BW125 to SF12BW125	
2. 868.3 - SF7BW125 to SF12BW125	
3. 868.5 - SF7BW125 to SF12BW125	
4. 867.1 - SF7BW125 to SF12BW125	
5. 867.3 - SF7BW125 to SF12BW125	
6. 867.5 - SF7BW125 to SF12BW125	
7. 867.7 - SF7BW125 to SF12BW125	
8. 867.9 - SF7BW125 to SF12BW125	
9. 868.8 - FSK	



Frequency plan means common adoption for uplink frequencies which will increase interference level

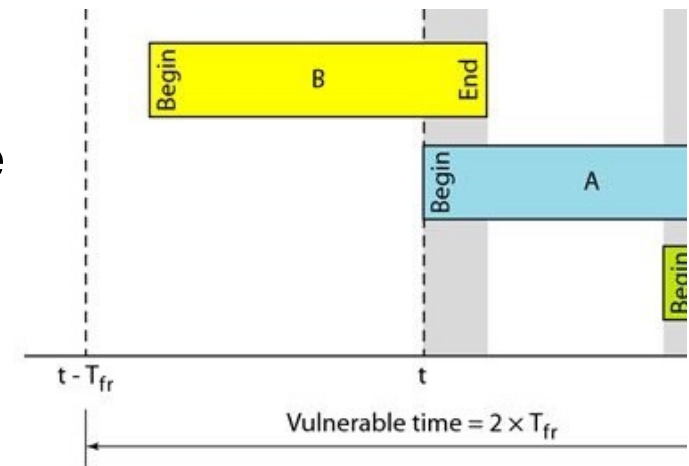
AS923-925	
Used in Brunei, Cambodia, Hong Kong, Indonesia, Laos, Taiwan, Thailand, Vietnam	
Uplink:	
1. 923.2 - SF7BW125 to SF12BW125	
2. 923.4 - SF7BW125 to SF12BW125	
3. 923.6 - SF7BW125 to SF12BW125	
4. 923.8 - SF7BW125 to SF12BW125	
5. 924.0 - SF7BW125 to SF12BW125	
6. 924.2 - SF7BW125 to SF12BW125	
7. 924.4 - SF7BW125 to SF12BW125	
8. 924.6 - SF7BW125 to SF12BW125	
9. 924.5 - SF7BW250	
10. 924.8 - FSK	



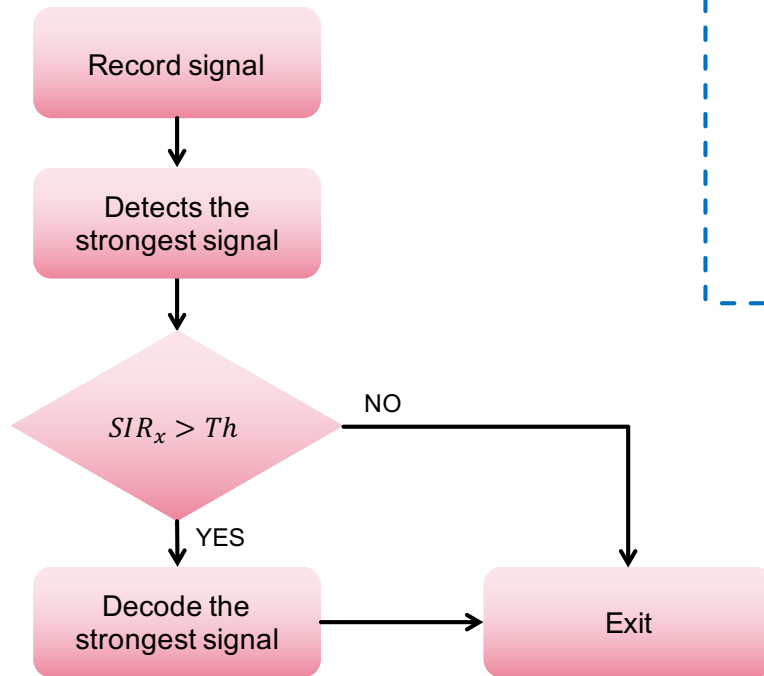
- ⦿ At some point, there will be so many nodes that even with frequency and SF diversity, there will still be hundreds of nodes in the same frequency/SF combination!

LoRa = ALOHA?

- LoRa uses a kind of frequency modulation (Chirp Spread Spectrum) so capture effect is possible
- "*In telecommunications, the capture effect, or FM capture effect, is a phenomenon associated with FM reception in which only the stronger of two signals at, or near, the same frequency or channel will be demodulated.*" [Wikipedia]
- Capture effect can in some case allow for correct reception of a packet even with concurrent transmissions in the vulnerable time



Capture effect in LoRa



Signal to Interference Ratio > Threshold

$$SIR_x = \frac{P_x}{P_i} > Th$$

P_x : Received power of stronger signal

P_i : Received power of 2nd stronger signal

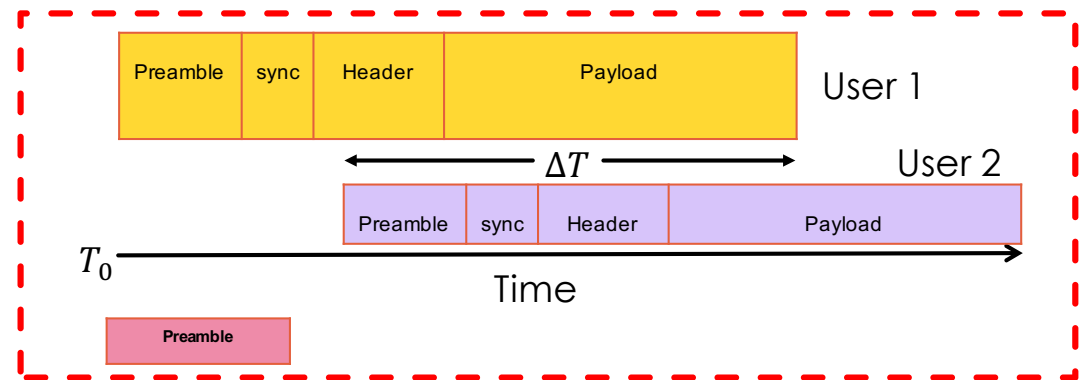
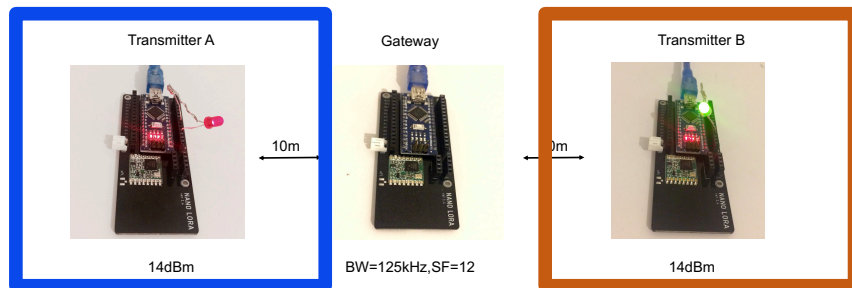


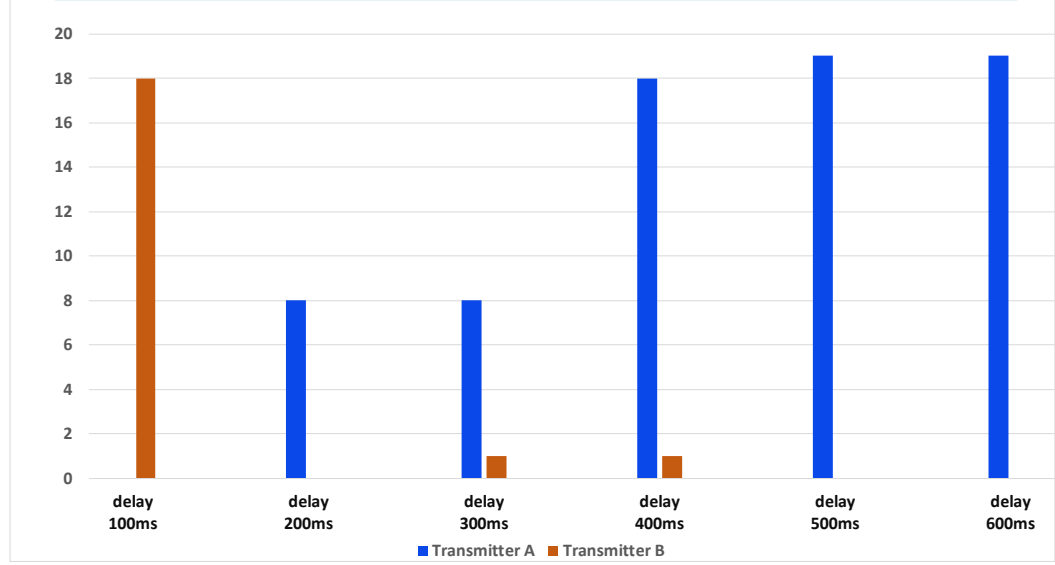
Figure from Umber Noreen, Ahcène Bounceur and Laurent Clavier. LoRa-like CSS-based PHY layer, Capture Effect and Serial Interference Cancellation (24th European Wireless 2018, Catania Italy).

In practice: with 2 nodes

- ⦿ SF12BW125: preamble duration is about 401ms
- ⦿ If interferer (B) transmit during A's preamble (100ms-400ms)
 - ⦿ 100ms: B takes over A's transmission
 - ⦿ 200ms: A can be successful
 - ⦿ 300ms: A can be successful
 - ⦿ 400ms: A is mostly successful
- ⦿ After A's preamble
 - ⦿ A is always successful

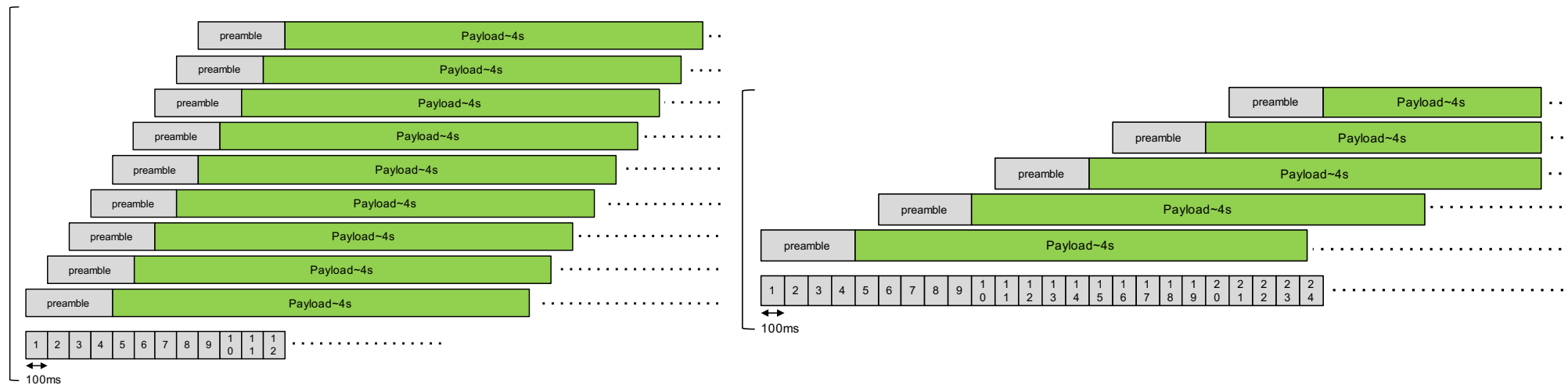


Concurrent transmission during preamble should be avoided
 Concurrent transmission after preamble is inefficient but not that harmful



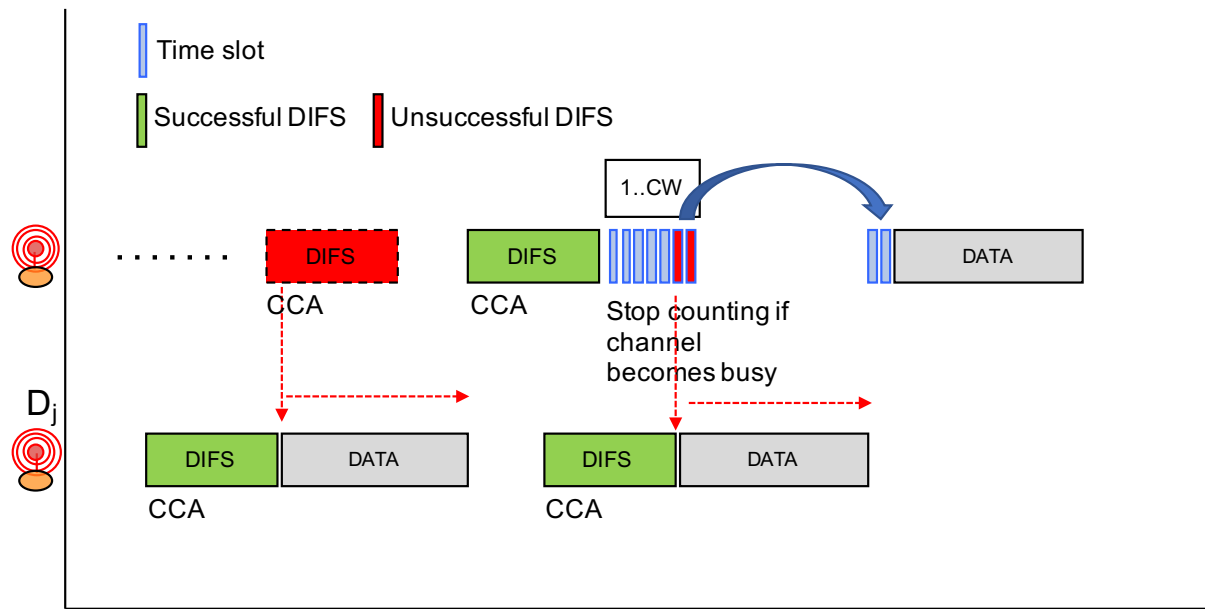
In practice: with high traffic load

- ⦿ When there are many overlapping transmissions, Capture Effect is not able to help ☹️
- ⦿ Most of packets are corrupted!
- ⦿ Neither first nor last packet seems to have higher reception probability!



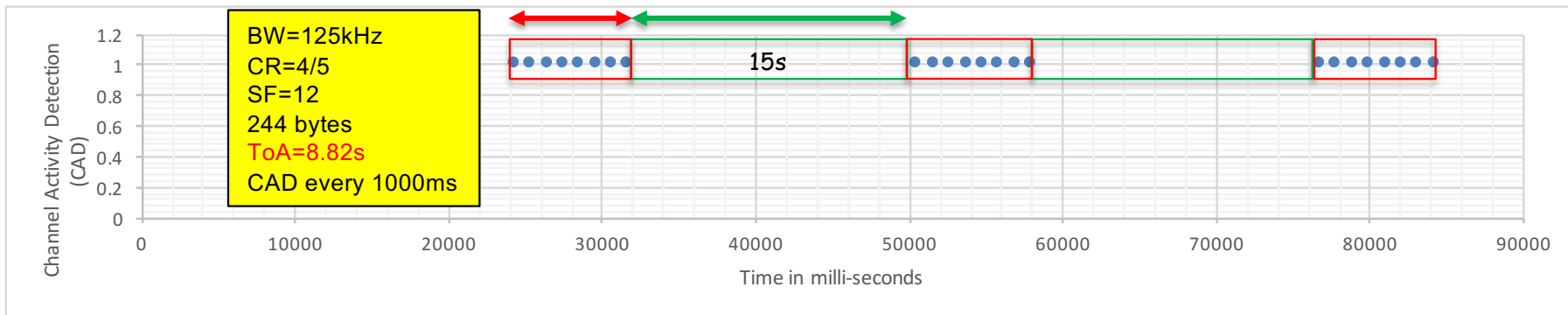
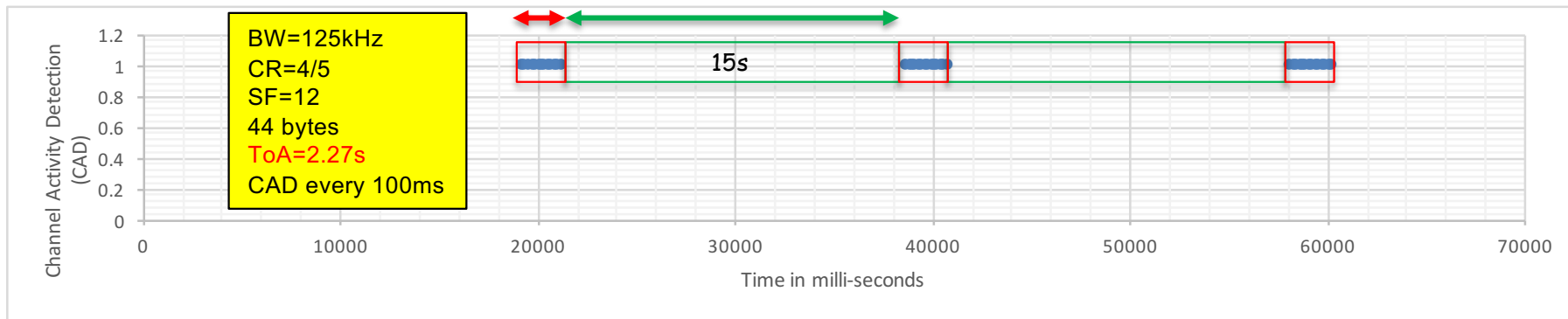
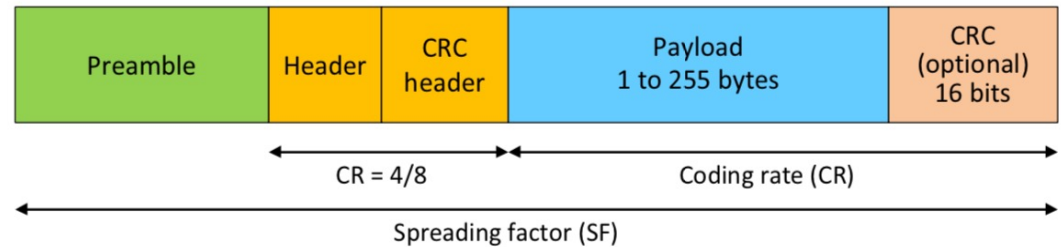
What about Carrier Sense approach?

- ⦿ Can we implement Listen-Before-Talk or Carrier Sense?
- ⦿ Ex: Carrier Sense Multiple Access/Collision Avoidance in WiFi
 - ⦿ CSMA/CA in DCF mode with DIFS, SIFS
 - ⦿ **Clear Channel Assessment: is radio channel free?**
 - ⦿ Random backoff [0..W]



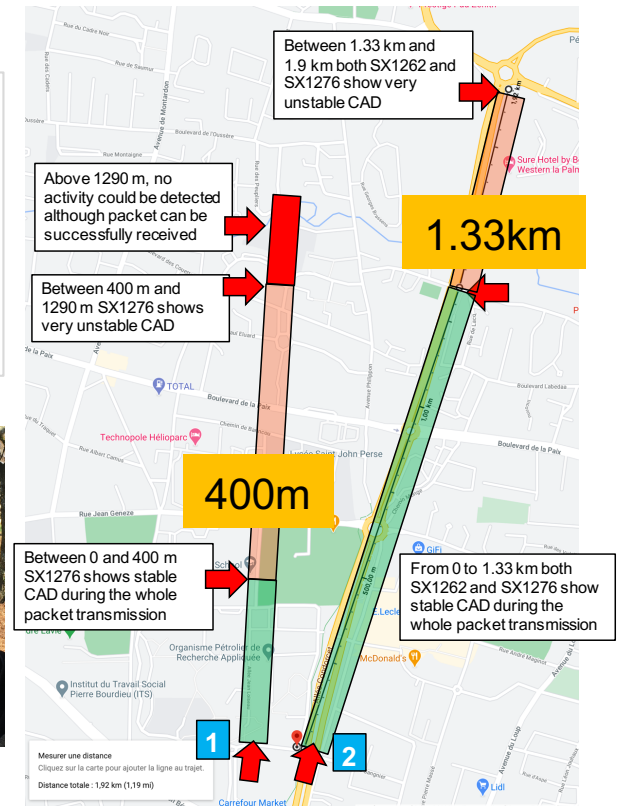
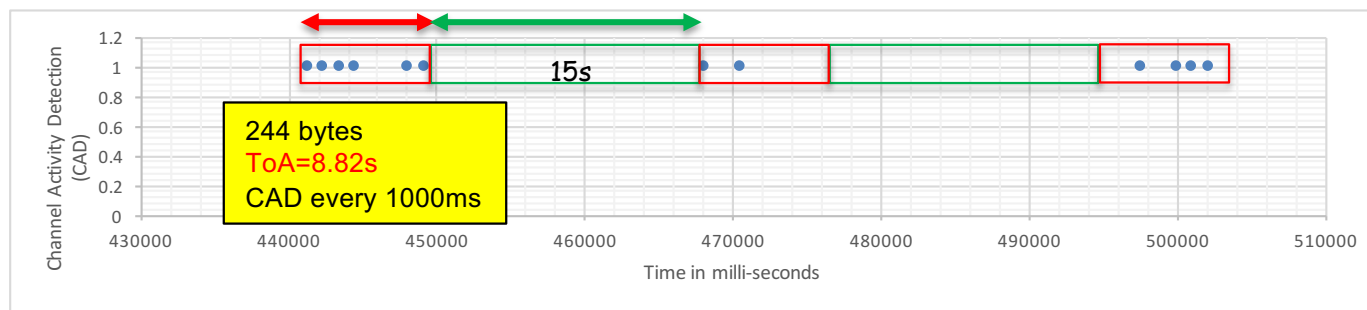
CCA with LoRa

LoRa's Channel Activity Detection (CAD)

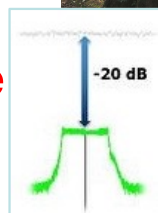
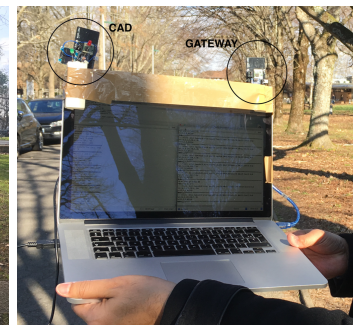
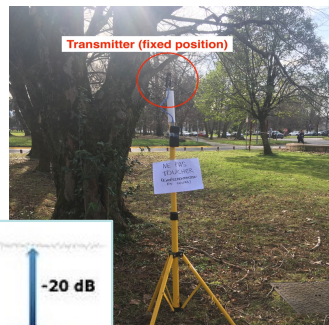


CAD reliability?

- ⦿ CAD reliability decreases as distance increases
 - ⦿ A CAD returning false does not mean that there is no activity!
 - ⦿ Similar to hidden terminal issue

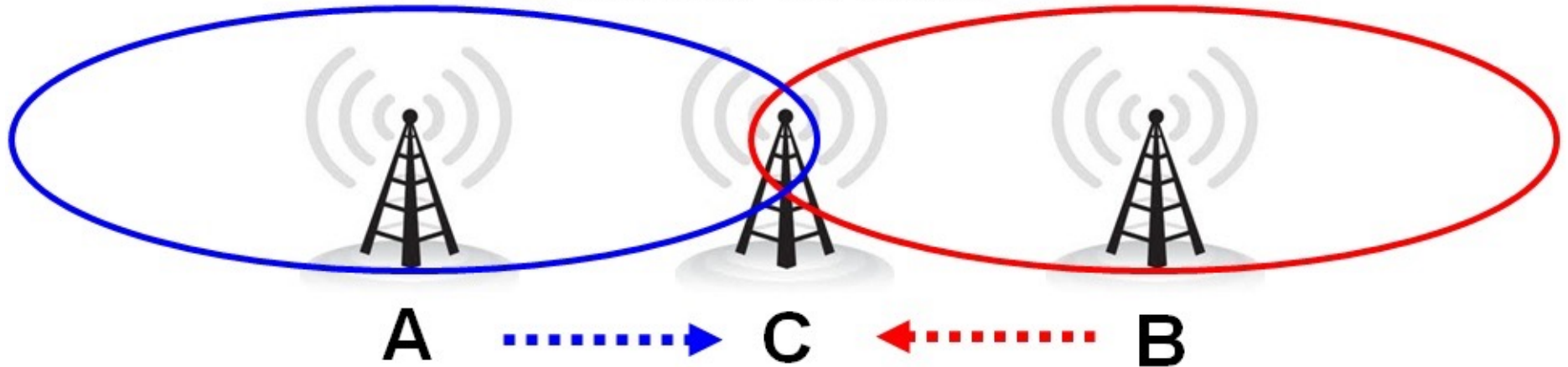


- ⦿ CAD sensitivity not as good as full reception sensitivity
- ⦿ CAD returns "no activity" but packet can be received!
- ⦿ Because LoRa can receive below noise floor!



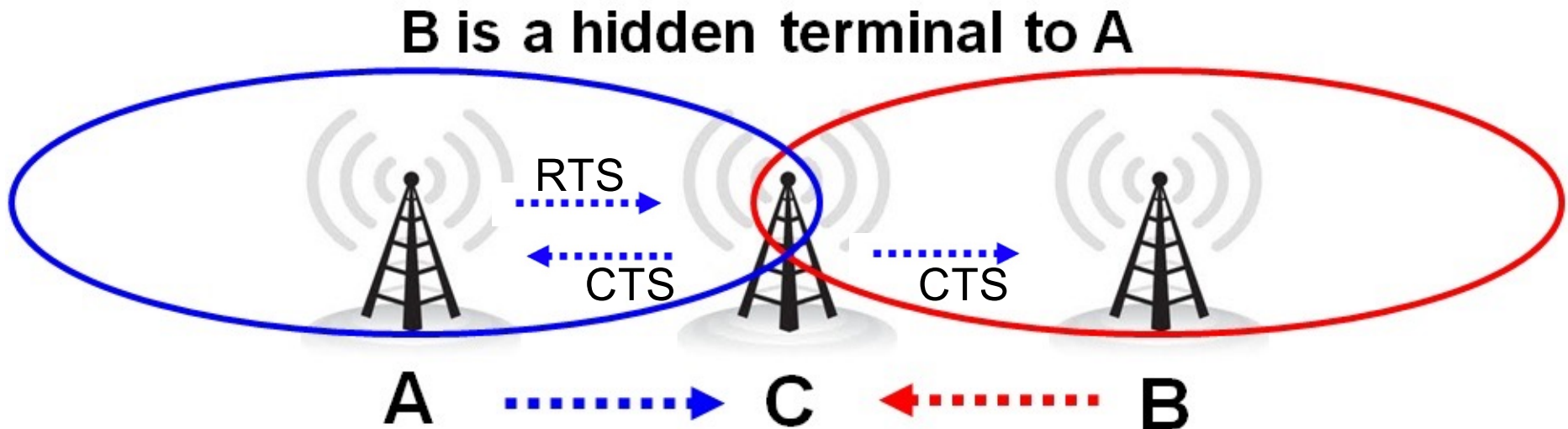
Hidden terminal

B is a hidden terminal to A



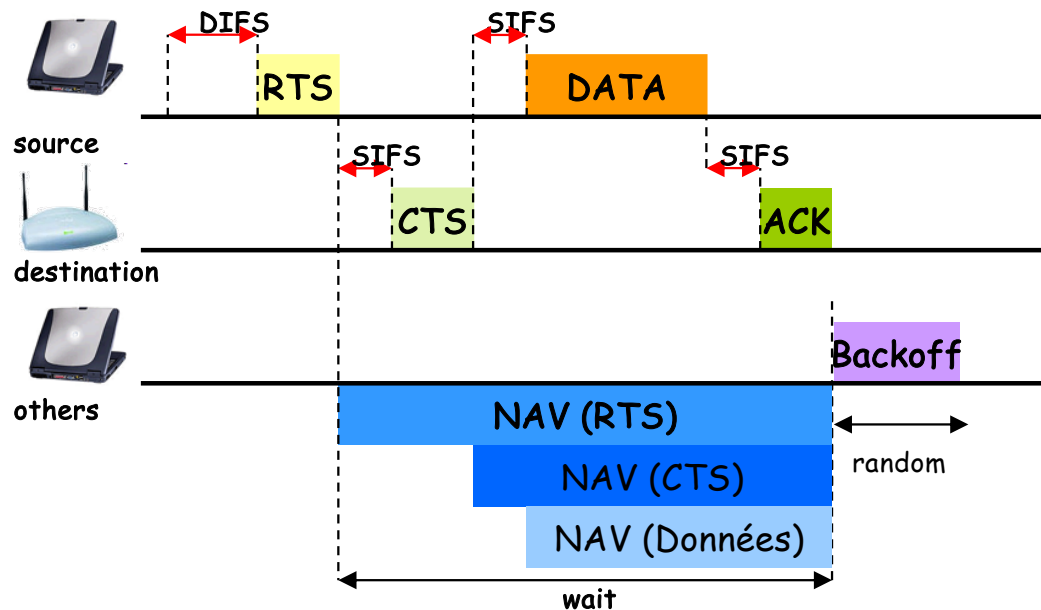
How can we solve hidden terminal?

- Use RTS/CTS
 - RTS: Request to Send
 - CTS: Clear to Send

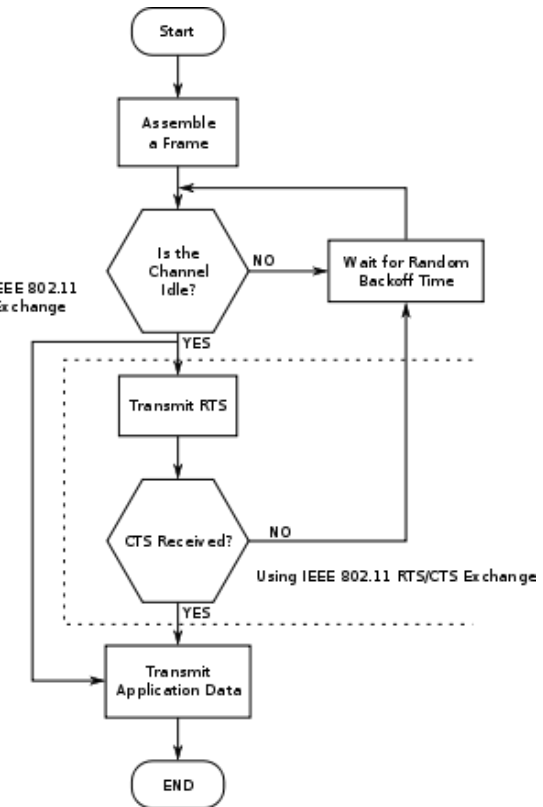


CSMA/CA with RTS/CTS in WIFI

- Collision Avoidance with RTS/CTS to limit the hidden terminal problem
- DCF (Distributed Coordination Function)



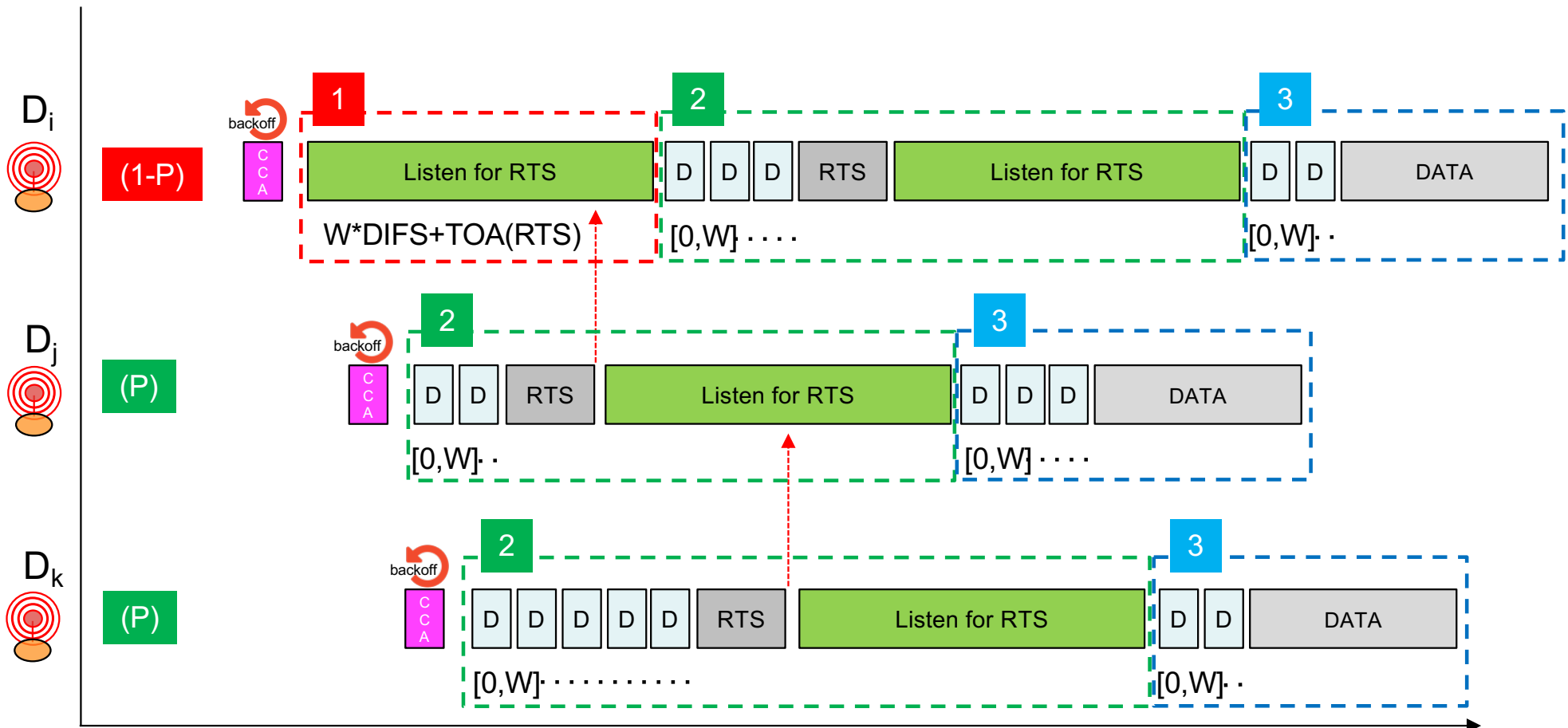
Not Using IEEE 802.11 RTS/CTS Exchange



RTS/CTS for LoRa?

- ⦿ It is not possible to entirely rely on CCA
- ⦿ A Request to Send (RTS) approach can provide collision avoidance mechanism as in WiFi RTS/CTS
- ⦿ RTS/CTS is very costly, so use only RTS. A node willing to send first issue a very short RTS packet
- ⦿ To receive an RTS indicating a future data transmission, a node willing to transmit needs first to listen for an RTS
- ⦿ Correct reception of RTS(data_size) can enable a Network Allocation Vector mechanism (wait for a known time interval)
- ⦿ While the majority of transmitter nodes should start by listening for an RTS, a minority proportion should start by sending the RTS
- ⦿ Therefore, a node willing to transmit will first determine whether it will start listening for RTS or start sending the RTS
- ⦿ **Goal: maximize overlapping RTS transmission with listening for RTS**

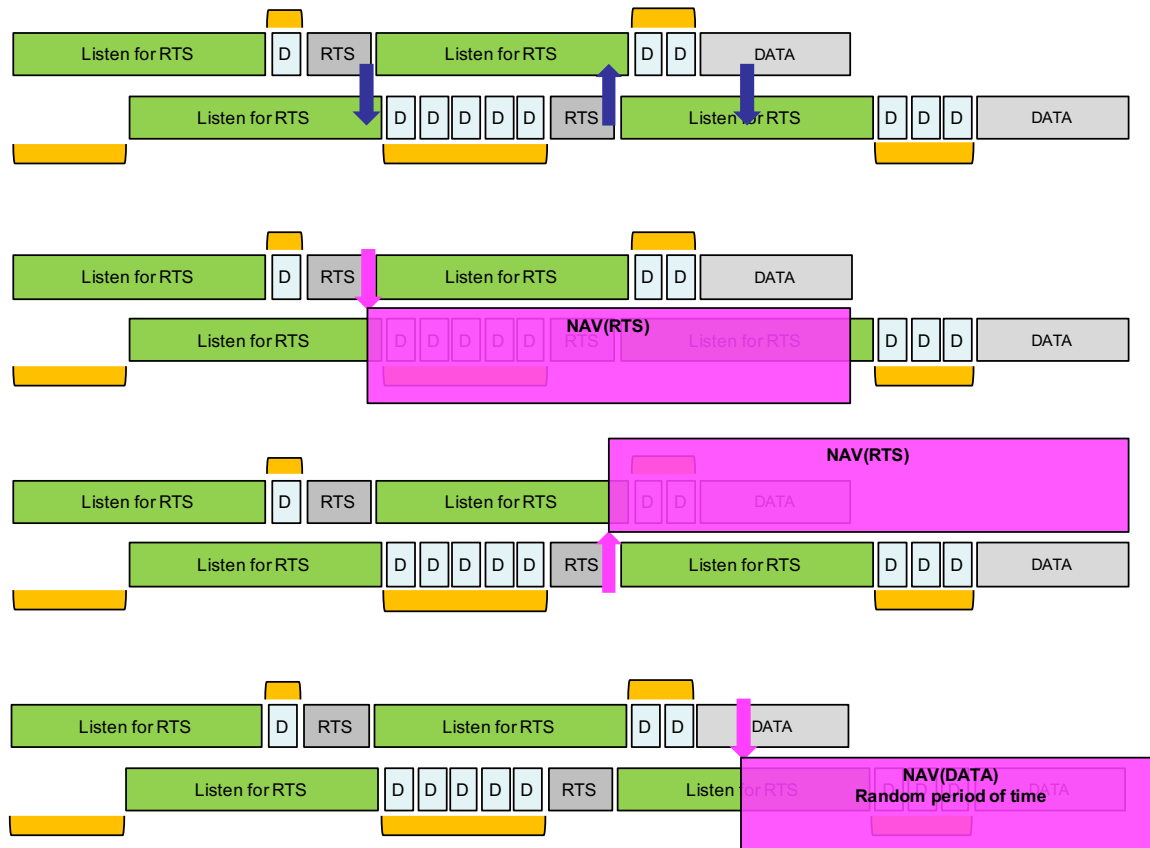
Proposed collision avoidance (CA)



Keep a small proportion of nodes starting directly at phase 2. P=10% for instance

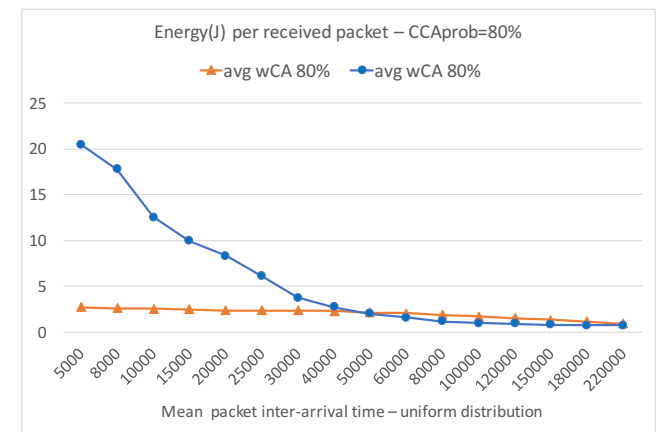
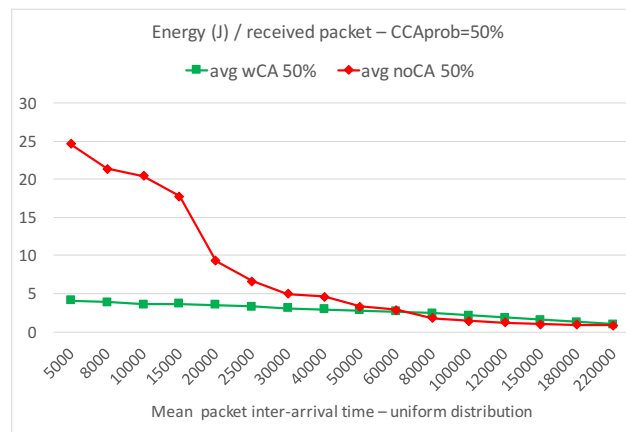
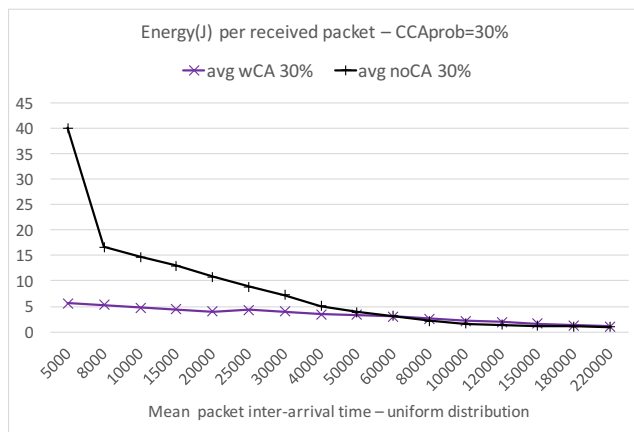
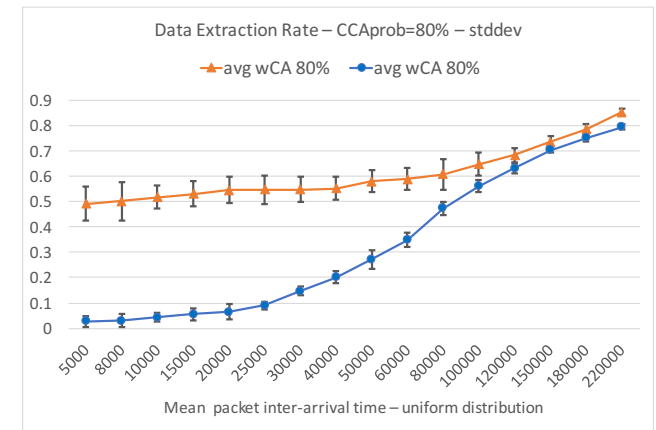
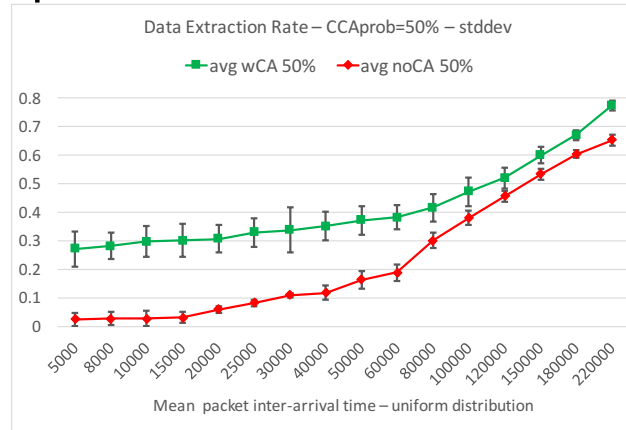
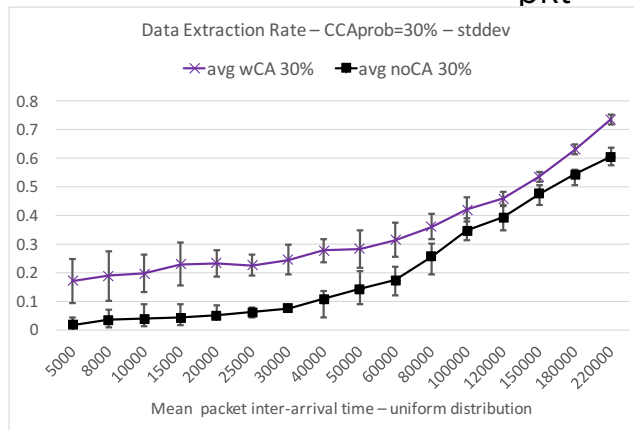
Maximizing transmit/listen overlap

- ⦿ Random timers (orange blocks) to maximize overlap
- ⦿ Somehow similar to neighbor discovery or schedule-sharing



Data Extraction Rate: CA vs CSMA

- CCAprob=30%, 50% or 80% (ability to detect radio activity)
- 20 nodes, $T_{pkt}=4s$, packet inter-arrival time [5s, 220s], DER

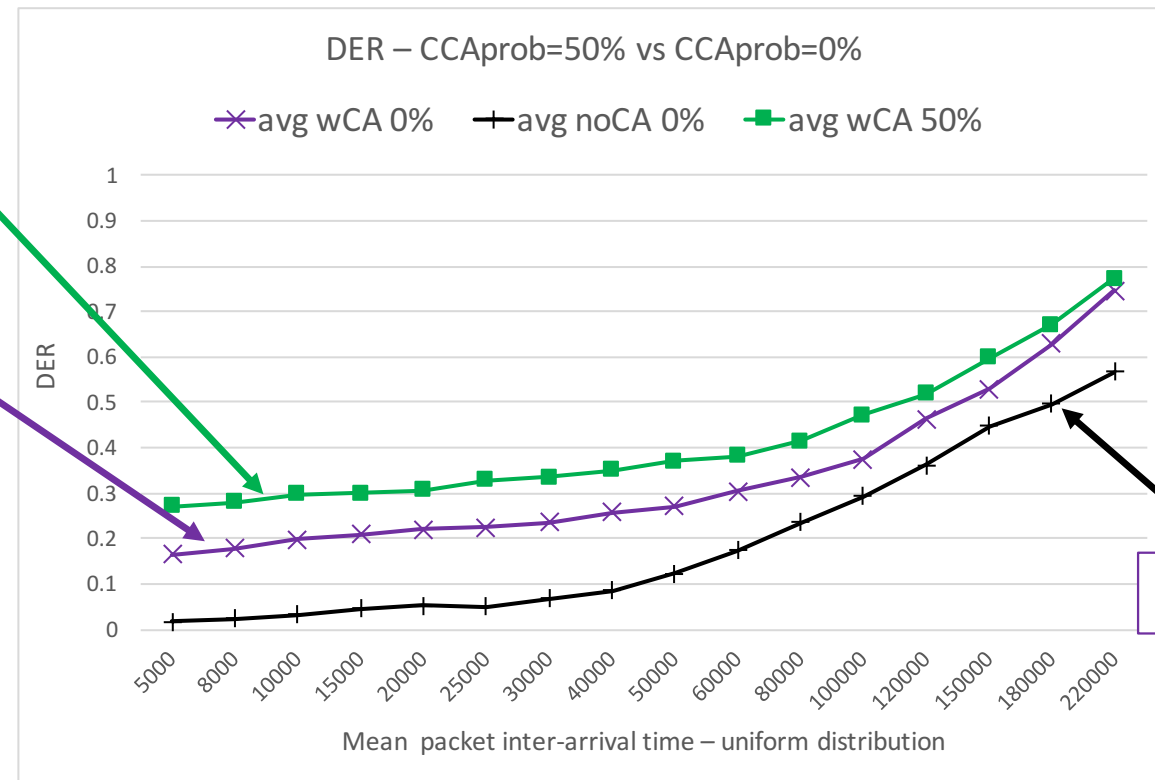


Completely disabling CCA

- Proposed CA when disabling CCA (purple) can still maintain a higher DER
- 20 nodes, $T_{pkt}=4s$, packet inter-arrival time [5s, 220s],

CA-CCA=50%

CA-CCA=0%



ALOHA

Conclusions

- ⦿ LoRa networks are deployed world-wide in unlicensed bands
 - ⦿ Telco operators, Communities, Private, ad-hoc infrastructures
 - ⦿ LoRa 2.4GHz is also available with range of about 3kms
- ⦿ Tremendous community-based gateway deployment initiatives
 - ⦿ No other radio technologies (apart from WiFi) have similar involvement from community and citizens!
 - ⦿ Density of LoRa gateway is expected to be high in cities
 - ⦿ Frequency diversity is also expected to be high (x16, x24, x32 GW)
- ⦿ Efficient channel access is challenging
 - ⦿ Due to LPWAN PHY modulations, CCA is unreliable
 - ⦿ Difficulty to go beyond ALOHA system
- ⦿ But, new perspectives in
 - ⦿ Novel Collision Avoidance approaches

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